

Well Child Checkups



What is a well child checkup?

A well child checkup is a regular doctor visit for your baby, child or teen. These happen at recommended ages for your child. At each visit, the provider will make sure your child is growing and developing as he or she should. Checkups are important, even if your child is healthy. This way any new problems can be caught right away. And you can learn what to expect in the next stages of your child's growth.

What happens at a well child checkup?

- Physical exam
- Vision and hearing tests
- Height and weight measurements
- Education on many health topics
- Shots (if needed)
- Lead screening (blood test) (if needed)
- Medical referrals to specialists (if needed)

A checkup is the best way to prevent illness and find out about health problems that might affect your child.

How can you prepare for your child's checkup?

- Bring your child's shot record to each checkup.
- Write down any questions you have about your child's health.
- Write down any changes you have noticed in your child's health. This could include changes in sleep habits, behavior, or school performance. It can also include concerns about home safety or bullying in school.

Who is your child's Primary Care Provider?

Each Molina member has a doctor who is his or her Primary Care Provider (PCP). **Don't know who your child's PCP is? Call Member Services. The number is on the back of your Member ID card.**

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