Provider Bulletin

Molina Healthcare of New Mexico, Inc.

April 8, 2025

Molina Clinical Services: Sleep Study Mutually Exclusive Codes (95810, 95811)

Molina Healthcare of New Mexico (Molina) recognizes that selecting the accurate CPT code for sleep studies can be complex. To assist in minimizing confusion and avoiding unnecessary denials that may lead to delays in services or payments, we offer the following guidelines:

According to the American Medical Association (AMA), it is inappropriate to bill the diagnostic portion (CPT code 95810) and the titration portion (CPT code 95811) of a sleep study separately. In alignment with AMA standards, Molina's reimbursement policy does not permit the separate billing of CPT codes 95810 and 95811. Additionally, if both codes are billed within a 30-day period, payment for the second code billed will be denied.

The following CPT codes are applicable for facility sleep study (polysomnography) and CPAP (continuous positive airway pressure) titration requests for individuals aged six years and older:

Code	Procedure
95810	Polysomnography; age 6 years or older, sleep staging with four (4) or more additional parameters of sleep, attended by a technologist
95810	Diagnostic sleep study only
95811	Polysomnography; age 6 years or older, sleep staging with four (4) or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bilevel ventilation, attended by a technologist
95811	Split night sleep study

Helpful tips to consider:

- If a sleep study meets medical necessity and receives prior authorization, a provider can only bill what is performed; either the diagnostic portion or the diagnostic portion with titration (split night or over two visits).
- For split-night studies, CPT codes 95810 and 95811 are mutually exclusive procedures if billed together on the same night, as per the AMA and NCCI Procedure to Procedure Edits.
- CPT 95811 can be used for a split-night study.
- CPT 95810 can be used if no evidence of apnea is found.



• According to CMS, proper coding for sleep studies performed in two visits would be CPT 95811.

Understanding these guidelines is essential for healthcare providers to ensure accurate billing and adherence to established standards. Our Provider Relations Team is readily available to offer assistance and address any questions or concerns. For further support, please visit our contact us page: Molina Healthcare of New Mexico Provider Network Contacts 2025.

Helpful resources

Molina Provider Websites:

- Marketplace
- <u>Medicaid</u>
- Medicare

For general inquiries, please direct your emails to MHNM.ProviderServices@MolinaHealthcare.com, and the request will be routed to the appropriate individual. We appreciate your dedication to serving Molina Healthcare of New Mexico Members and the community.