

# Virtual diabetes care series

If you are living with diabetes, join Molina Healthcare of Iowa's **virtual diabetes care series** to learn ways to better manage the disease, how to lower your A1C and much more.



**You should attend if you are an adult with:**

- **Diabetes or pre-diabetes** (or have had a history of these conditions)
- **Or are a caregiver of someone with diabetes**



**Date and time:**

**Wednesday, July 16, 2025 - 6 to 7 p.m., CST**

**Wednesday, September 17, 2025 - 10 to 11 a.m., CST**

**Wednesday, November 5, 2025 - 6 to 7 p.m., CST**

**Wednesday, December 3, 2025 - 10 to 11 a.m., CST**

See the upcoming series and [register here](#) and/or scan the QR Code



If you have questions about this program, call Member Services at **(844) 236-0894 (TTY: 711)**, or email at [MolinaAVABInfo@MolinaHealthcare.com](mailto:MolinaAVABInfo@MolinaHealthcare.com)



**What we'll discuss:**

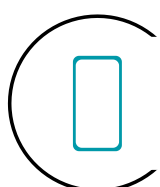
- How to eat and live healthier
- How to manage your medicines
- How to lessen your risks
- New ways to treat your diabetes



Molina members can earn **\$25 in Healthy Rewards** for attending each session

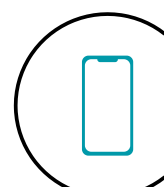


Learn more about additional Healthy Rewards for completing diabetes care screenings



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**App Now**



iOS

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