

Documentation and Reporting Major Depressive Disorder

DOCUMENTATION TIPS

Providers may use a PHQ-9 or other approved screening tool to identify the presence of depression as well as the severity. Reporting major depressive disorder is based on documentation in the progress note identifying:

- **Episode** – single or recurrent
- **Severity** – mild, moderate or severe (with or without psychotic features)
- **Remission status** – partial or full remission

Single Episode: is the initial episode in which diagnostic criteria are met and represent a change from previous functioning.²

Recurrent Episode: defined as a subsequent major depressive episode with a period of 2 consecutive months between separate episodes in which criteria are not met for a major depressive episode.²

Document clinical indicators in the absence of major depressive disorder:

- Depressed mood
- Inability to think clearly or concentrate
- Unintentional weight loss
- Insomnia or hypersomnia
- Feelings of worthlessness
- Fatigue or loss of energy

Major Depressive Disorder (not an all-inclusive list)

ICD-10-CM Code	Description	ICD-10-CM Code	Description
F32.0	Major depressive disorder, single episode, mild	F33.0	Major depressive disorder, recurrent, mild
F32.1	Major depressive disorder, single episode, moderate	F33.1	Major depressive disorder, recurrent, moderate
F32.2	Major depressive disorder, single episode, severe without psychotic features	F33.2	Major depressive disorder, recurrent, severe without psychotic features
F32.3	Major depressive disorder, single episode, severe with psychotic features	F33.3	Major depressive disorder, recurrent, severe without psychotic features
F32.4	Major depressive disorder, single episode, in partial remission	F33.40	Major depressive disorder, recurrent, in remission, unspecified
F32.5	Major depressive disorder, single episode, in full remission	F33.41	Major depressive disorder, recurrent, in partial remission
F32.81	Premenstrual dysphoric disorder	F33.42	Major depressive disorder, recurrent, in full remission

ICD-10-CM Code	Description	ICD-10-CM Code	Description
F32.89	Other specified depressive episodes	F33.8	Other recurrent depressive disorders
F32.9	Major depressive disorder, single episode, unspecified	F33.9	Major depressive disorder, recurrent, unspecified
F32.A*	Depression, unspecified <i>Depression not otherwise specified (NOS)</i>		

New ICD-10-CM diagnosis code effective 10/1/2021

Major Depression in Remission

When a patient, diagnosed with major depressive disorder is stable and not receiving active treatment, such as psychotherapy, counseling or anti-depressant medications, it is appropriate for the provider to document and report major depression in remission. Determine the type of remission based on these criteria:

Partial remission: Symptoms from the previous major depressive episode are present; however, the patient **does not meet full criteria** or there is a **period of less than two months without any significant symptoms**.

Full remission: **No significant signs or symptoms** of the disturbance present during the **past two months**.

Annual Wellness Visits (AWV)

Screening for major depressive disorder is an element in the Annual Wellness Exam (AWV). The provider should review all risk factors for depression and the patient's score from the screening tool. Document and report the appropriate episode and severity as well as treatment.

DOCUMENTATION AND REPORTING EXAMPLE

Patient's recurrent major depression is moderate, increase Zoloft to 150 mg Q.D.

F33.1 Major depressive disorder, recurrent, moderate



HEDIS: Detailed information about measures related to depression is available through your Passport/Molina Quality Representative.

According to the ICD-10-CM Official Guidelines for Coding and Reporting FY2022: "A dash (-) at the end of an alphabetic index entry indicates that additional characters are required." Refer to the tabular to verify that all characters are assigned to complete the diagnosis code.

1. ICD-10-CM Official Guidelines for Coding and Reporting FY2022. 1 Oct. 2021, www.cms.gov/files/document/fy-2022-icd-10-cm-coding-guidelines.pdf. Accessed 30 Nov. 2021.
2. American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders*. 5th ed. Washington, DC: American Psychiatric Association; 2013.