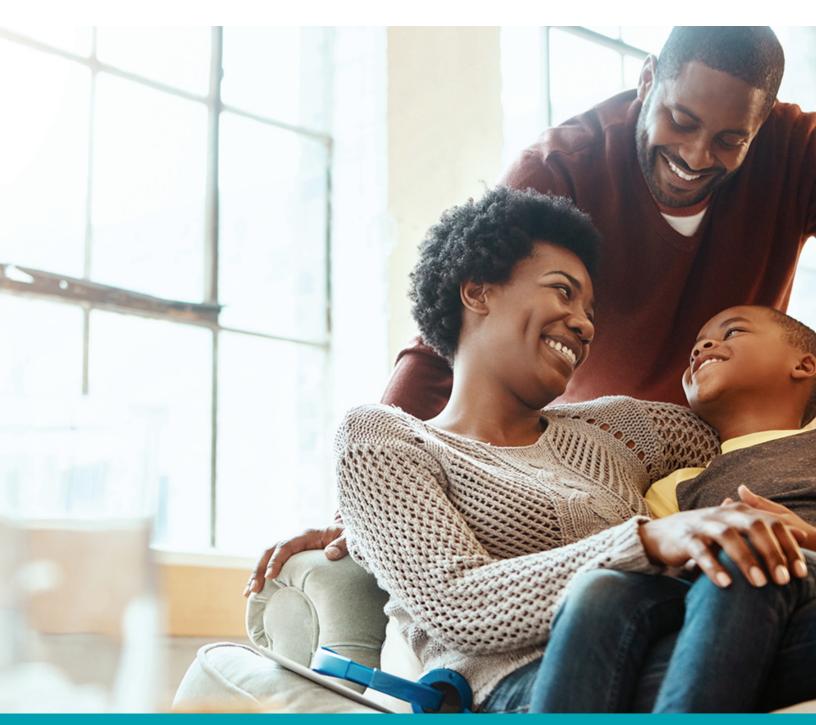
# Molina Healthcare of Arizona Community Resource Guide





# Introduction:

Thank you for being a valued member of Molina Healthcare of Arizona!

We care about you and your family's healthcare needs and strive to provide you with the highest quality care.

The community organizations in this guide provide you with information on programs, services and resources to help you with your health and well-being.

We are here for you. If you have any questions, please call Member Services at (800) 424-5891 (TTY/TDD: 711) Monday-Friday 8 a.m. to 6 p.m. MST or visit MolinaHealthcare.com.

Minnie Andrade

Minnie Andrade CEO, Plan President Molina Healthcare of Arizona

# Other unique tools for our Molina Healthcare members:

#### My Molina Mobile App

Download the My Molina mobile app from the Apple App Store or Google Play store!

- Find or change doctors
- · View benefits at a glance
- And much more!

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# **BEHAVIORAL HEALTH**

#### **AHCCCS**

Arizona has 4 Access Point locations that provide opioid treatment services 24/7.

#### **CODAC Health, Recovery and Wellness**

380 E. Ft. Lowell Rd., Tucson, AZ 85705 (520) 202-1786

#### Community Bridges, East Valley Addiction Recovery Center

560 S. Bellview, Mesa, AZ 85204 (480) 461-1711

#### **Community Medical Services**

2806 W. Cactus Rd., Phoenix, AZ 85029 (602) 607-7000

#### Intensive Treatment Systems, West Clinic

4136 N. 75th Ave. #116, Phoenix, AZ 85033 (623) 247-1234

#### Alzheimer's Association

A national non-profit that offers support and resources for those affected by Alzheimer's and other dementias.

24/7 Helpline: (800) 272-3900 alz.org

#### Arizona Center for Disability Law - Mental Health

Advocates for the legal rights of persons with disabilities to be free from abuse, neglect and discrimination and to gain access to services, maximizing independence and achieving equality.

5025 E. Washington St., Suite 202 Phoenix, AZ 85034 (602) 274-6287

(800) 927-2260 (Toll-free)

azdisabilitylaw.org/

#### **Arizona Behavioral Health Corporation**

Provides quality, affordable housing and supportive services for persons with behavioral health needs and others with similar housing challenges in Arizona.

501 E. Thomas Rd., Phoenix, AZ 85012 (602) 712-9200 azabc.org/

#### Co-Dependents Anonymous

A fellowship of men and women whose common purpose is to develop healthy relationships.

(602) 277-7991

Toll-free: (888) 444-2359

Spanish Toll-free: (888) 444-2379

coda.org

#### **COMPEER**

Promotes good mental health by making meaningful friendships and 1:1 mentoring.

(800) 836-0475

compeer.org

"I am really thankful and appreciative for all the connections to support and resources you have given me and I am appreciative for all the support from Care Management."

- Molina Member

\*Details have been changed to protect member privacy.

#### Family Involvement Center (FIC) Warm Line

No cost guidance and resources for helping deal with job loss, heightened anxiety, and much more. 5333 N 7th St., Ste. A-100 Phoenix, AZ 85014 (877) 568-8468

#### **Mental Health America**

Dedicated to addressing the needs of those living with mental illness and promoting the mental health of all.

(703) 684-7722

Toll-free: (800) 969-6642 mentalhealthamerica.net

#### Mentally III Kids In Distress (MIKID)

MIKID improves the behavioral health and wellness of children and youth through a family-centered approach.

mikid.org

#### **Phoenix Office**

7816 N. 19th Ave., Phoenix, AZ 85021 (602) 253-1240

#### Casa Grande Office

901 E. Cottonwood Ln., Casa Grande, AZ 85122 (520) 509-6669

#### **Postpartum Support International**

Offers direct peer support to women dealing with postpartum depression.

Call: (800) 944-4773

Text: (503) 894-9453 (English) or (971) 420-0294 (Spanish)

postpartum.net

#### **PTSD Alliance**

An association to help those suffering from posttraumatic stress disorder. (888) 436-6306 ptsdalliance.org

#### National Alliance on Mental Illness (NAMI)

This national mental health organization works to help those dealing with mental illness. NAMI can also help you connect with an attorney in your area.

(800) 950-NAMI (800-950-6264)

nami.org

#### **National Center for PTSD-VA**

For excellence on PTSD and traumatic stress. Serves the general public as well veterans. (802) 296-6300

ptsd.va.gov

#### National Institute of Mental Health

The lead federal agency for research on mental disorders.

Toll-free: (866) 615-6464 TTY: (301) 443-8431

TTY Toll-free: (866) 415-8051

nimh.nih.gov

#### Substance Abuse and Mental Health Services Administration (SAMHSA)

Find treatment programs for mental and substance use disorders.

(800) 662-HELP (800-662-4357)

TDD: (800) 487-4889

samhsa.gov

#### **Warm Lines**

A confidential telephone service staffed by peers who have, themselves, dealt with behavioral health challenges. Offer support and compassion for callers who just need someone to talk with. This is available statewide at no cost.

#### **Central Arizona**

#### Solari Crisis and Human Services

(602) 427-4600

#### Northern Arizona NAZCARE

(888) 404-5530

#### Southern Arizona HOPE, Inc

Pima County: (520) 770-9909

All other Southern AZ counties: (844) 733-9912

# **CHILD SERVICES**

#### Arizona Early Intervention Program (AZEIP)

This program can help you find services for children from birth to age three who may have disabilities or developmental delays.

1789 West Jefferson St., Mail Drop 2HP1 Phoenix, Arizona 85007 (602) 532-9960

des.az.gov/services/disabilities/developmental-infant

"Our Care Manager worked hard to find our kids a bed to sleep in and ensure my family was safe and taken care of."

- Molina Member

\*Details have been changed to protect member privacy.

#### Birth to Five Helpline

Available to all Arizona families with young children looking for the latest child development information from health care professionals.

(877) 705-KIDS (5437)

#### Children and Adults with ADD (CHADD)

(800) 233-4050 chadd.org

#### Child Crisis Arizona

Helping children overcome social and racial issues and break the cycle of poverty.

817 N. Country Club Dr., Mesa, AZ 85201 (602) 889-6165 childcrisisaz.org



#### Office for Children and Youth with Special Health Care Needs

Get information on community programs for car seats, childcare, breastfeeding, and more. (800) 232-1676

azdhs.gov/prevention/womens-childrens-health/ocshcn/index.php#contact.

#### Raising Arizona Kids

15508 W. Bell Rd., 101-123, Surprise, AZ 85374 (480) 991-KIDS (480-991-5437) raisingarizonakids.com

Head Start programs promoting school readiness of infants, toddlers and preschool-aged children:

#### **Arizona Head Start Association**

PO Box 45483, Phoenix, AZ 85064 (602) 338-0449

Email: azheadstart@azheadstart.org

#### **Catholic Charities Westside Head Start**

Call your closest area office for more information.

#### Avondale, Buckeye, Goodyear, Tonopah:

(602) 287-6199

#### Glendale:

(623) 934-3657

#### South Avondale/Cashion, Tolleson, Peoria, Surprise/El Mirage:

(623) 932-3517

#### Home-based services:

(602) 568-2401

catholiccharitiesaz.org

#### City of Phoenix Head Start Program 200 W. Washington St., 17th Floor Phoenix, AZ 85003

(602) 262-4040

phoenix.gov/humanservices/programs/head-start

# **DISABILITY SERVICES**

Resources to help those with disability, access and functional needs.

#### The ARC

The largest national community-based organization advocating for and with people with intellectual and developmental disabilities and serving them and their families.

(800) 433-5255 thearc.org

#### **Autism Society of America**

1-800-3AUTISM (1-800-328-8476) autism-society.org

#### Southwest Autism Research & Resource Center

(602) 340-8717 autismcenter.org

#### **Autism Speaks**

(888) 288-4762 En Español: (888) 772-9050 autismspeaks.org

#### AZ Commission for the Deaf and Hard of Hearing

Voice: (602) 542-3323

Video phone: (480) 559-9441

Acdhh.org

#### **Federal Disability Resource Guide**

disability.gov

#### **Raising Special Kids**

Helps to improve the lives of children with the full range of disabilities, from birth to age 26 by offering support, training, information and individual help so families can best support their children.

Raisingspecialkids.org (800) 237-3007



#### **Special Needs Directory**

This resource is also helpful for locating Adaptive Equipment & Special Needs Products.

(877) 664-4565 especialneeds.com

#### **Special Olympics**

(800) 700-8585 specialolympics.org

### **United Cerebral Palsy Association**

(800) 872-5827 ucp.org



# **DOMESTIC VIOLENCE**

#### 24-hour Domestic Violence Hotline

(800) 799-SAFE (800-799-7233) TTD: (800) 787-3224 Text "START" to 88788 thehotline.org

#### AZ Coalition to End Sexual and Domestic Violence

Local hotline: (602) 279-2900 Toll-free: (800) 782-6400

acesdv.org

#### Catholic Community Services of Southern Arizona

140 W. Speedway Blvd., Suite 130 Tucson, AZ 85705 (520) 623-0344

ccs-soaz.org

#### Chicanos Por La Causa De Colores

Domestic violence shelter for Spanish speaking survivors and their children.

24-hour hotline: (602) 269-1515

cplcdecolores.org

#### **Child Help USA**

Center that provides services to address the immediate safety and well-being of children who have been abused and/or neglected.

(602) 271-4500 childhelp.org

#### Children's Action Alliance

Non-profit organization that has been advocating for children for more than 30 years.

(602) 266-0707

azchildren.org

#### **Maricopa County Shelter Line**

(480) 890-3039

#### **Phoenix Family Advocacy Center**

Network of advocacy centers that provide services to victims of sexual and domestic violence.

(602) 534-2120

acfan.net/centers/phoenix-family.htm

#### RAINN (Rape, Abuse & Incest National Network)

24/7 Hotline: (800) 656-HOPE (800-656-4673)

Online chat: online.rainn.org

#### **STAND!** For Families Free of Violence

(888) 215-5555 standffov.org

#### Women's Shelters Directory

womenshelters.org

# FINANCIAL ASSISTANCE

#### **Arizona Department of Economic Security**

Apply for cash assistance with Temporary Assistance for Needy Families (TANF). des.az.gov/services/child-and-family/cash-assistance

#### Cash Assistance

- The Cash Assistance program provides temporary cash benefits and supportive services to Arizona's children and their families.
- Work requirements for Cash Assistance recipients are temporarily suspended while the COVID-19 pandemic continues to affect employment opportunities.
- To apply, complete and submit an online application though Health-e-Arizona Plus, download the Application for Benefits with KidsCare Application Addendum and turn it in by mail or fax, or call (855) 432-7587 to request a paper application be mailed to you. After receiving and completing the application, turn it in by mail or fax.

#### **Rent and Utility Assistance**

2-1-1 Arizona: 211arizona.org/help/rent-utility-assistance/

#### **Additional Financial Resources**

Learn about the help you can get through the Coronavirus Aid, Relief, and Economic Security (CARES) Act by visiting usa.gov/help-with-bills. There are government programs to help pay for phone bills, medical bills, and other expenses. You can also learn how to apply for temporary assistance.

# **GENERAL COMMUNITY RESOURCES**

#### 2-1-1 Arizona

A hotline and web-based directory to help connect people with critical services in their community. Dial 2-1-1

211arizona.org

#### **Area Agency on Aging**

Programs and services developed for older Arizona residents.

Maricopa County: (602) 264-2255 aaaphx.org Pinal and Gila Counties: (800) 293-9393 pgcsc.org des.az.gov/services/older-adults/area-agency-onaging-locations



#### **AZ Poison Control**

azpoison.com (800) 222-1222

#### Chicanos Por La Causa

Helps individuals and families get access to health care, housing, education, work and more. 1112 E. Buckeye Rd., Phoenix, AZ 85034 (602) 257-0700

#### **City of Phoenix Family Services Centers**

#### John F. Long Family Services Center

3454 N. 51st Ave., Phoenix, AZ 85031 (602) 534-AIDE (602-534-2433)

#### **Sunnyslope Family Services Center**

914 W. Hatcher Rd., Phoenix, AZ 85021 (602) 534-AIDE (602-534-2433)

#### Travis L. Williams Family Services Center

4732 S. Central Ave., Phoenix, AZ 85040 (602) 534-AIDE (602-534-2433)

"Thank you for changing my mind about health insurance companies. I have never felt so supported."

- Molina Member

\*Details have been changed to protect member privacy.

#### **Disability Benefits 101**

(866) 304-9675 az.db101.org

#### Peer & Family Referral Center

Connects people who are recovering from a serious mental illness (SMI) with other services beyond what's provided at their clinics.

(602) 248-0368 referralhelp.org

#### **Senior Help Line**

24/7: (602) 264-4357

#### **Strong Families AZ**

Home visiting programs that helps families raise healthy children. Programs focus on pregnant women and families with children birth to five years old.

Strongfamiliesaz.com

# **GRIEF AND LOSS**

#### The Compassionate Friends

Support after the loss of a child, any age, any cause.

(877) 969-0010

compassionatefriends.org

#### Grief Recovery After a Substance Passing (GRASP)

Support for those who have lost someone to substance use or addiction.

(302) 492-7717

grasphelp.org

#### **American Foundation for Suicide Prevention**

(800) 273-8255

afsp.org

# **HEALTH, WELLNESS AND DENTAL**

#### Arizona Department of Health Services Breastfeeding Hotline

Get answers from a breastfeeding expert 24/7.

(800) 833-4642

azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/index.php

#### **AZ Links**

Online resource for seniors, people with disabilities and caregivers to help connect to resources to plan for the future and immediate needs.

Azlinks.gov

#### Boys & Girls Clubs - Bob & Renee Parsons Children's Dental Clinic

Provides services for children aged 5-18 who lack dental insurance and do not qualify for state assistance.

1601 W. Sherman St., Phoenix, AZ 85007-3303 (602) 271-9961

bgcaz.org/parsons-dental-clinic



#### Health-e-Arizona PLUS

Online site where you can learn about, sign up for and manage your AHCCCS benefits and services. You can also update your contact information on this site.

(855) HEA-PLUS (855-432-7587)

healthearizonaplus.gov

#### **Human Services Campus Free Dental Clinic**

204 S. 12th Ave., Phoenix, AZ 85007 (602) 362-0744

freedentalcare.us/li/human-services-campus-free-dental-clinic

#### Reduced Fee and Community Dental Clinics

View the list of community dental clinics in Arizona. azdhs.gov/documents/prevention/womens-childrens-health/ocshcn/medical-home/reduced-fee-dental-clinics.pdf

#### St. Vincent De Paul Free Dental Clinic Phoenix

420 W. Watkins Rd., Phoenix, AZ 85002 (602) 261-6868

freedentalcare.us/li/az 85003 st-vincent-de-paul-free-dental-clinic-phoenix

#### **First Teeth First**

Maricopa County's Office of Oral Health administers First Teeth First, a First Things First funded program. Basic oral screenings, education and referrals are provided at no cost to expectant mothers and children 0 through age 5, not enrolled in kindergarten. Participating children are eligible to receive fluoride varnish every six months.

maricopa.gov/1955/First-Teeth-First

#### Power Me A2Z

A no-cost program from the Arizona Department of Health Services (ADHS) that offers approved multivitamins by the ADHS. The ADHS mails them to female members to help improve their health. powermea2z.org/

#### **WIC Arizona**

SA nutrition program for pregnant or breastfeeding women, infants and children under five years of age that meet certain low-income requirements. WIC helps families learn about eating well and staying healthy.

(800) 252-5942

azdhs.gov/prevention/azwic

# **HOUSING**

#### A New Leaf

Support for families and individuals facing difficult challenges. 868 E. University Dr., Mesa, AZ 85203 (480) 969-4024 turnanewleaf.org

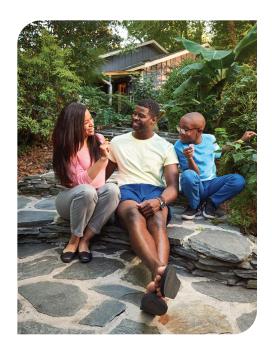
#### **Central Arizona Shelter Services (CASS)**

Operates adult and family shelters 24/7, 365 days of the year. 230 S. 12th Ave., Phoenix, AZ 85007 cassaz.org

#### Child Crisis Arizona

Operates 2 emergency shelters for children up to age 10 who've experienced abuse or neglect.

Whiteman's Safe Haven for Children 604 W. 9th St., Mesa, AZ 85201 (480) 969-2308 childcrisisaz.org



#### **Coordinated Entry**

Anyone who's homeless or at risk of homelessness should go to the Coordinated Entry system in their community. Visit the websites below to learn more about services available in each region.

#### **Arizona Balance of State CoC**

The Arizona Department of Housing is the lead agency for the Continuum of Care for the 13 non-metro counties in the state. housing.az.gov/general-public/homeless-assistance

#### Phoenix/Mesa/Maricopa County Regional CoC

Supports more than 40 homeless assistance programs in 13 different agencies. maricopahousing.org/wp-content/uploads/2021/07/Coordinated-Entry-Points-Handout.pdf

#### Tucson/Pima County CoC

A coalition of community and faith-based organizations, government, businesses and individuals working together to end homelessness.

tpch.net

#### **Homeward Bound**

Creates pathways out of poverty for homeless families in the Valley.

2302 W. Colter St., Phoenix, AZ 85015 (602) 263-7654

homewardboundaz.org

"My Case Manager listens to me and helps me with my own needs by staying connected."

- Molina Member

\*Details have been changed to protect member privacy.

#### **HUD Resource Locator**

Search for subsidized apartments, public housing authorities, emergency rental assistance and more. resources.hud.gov

#### Salvation Army Family Services

2707 E. Van Buren St., Phoenix, AZ 85008 (602) 267-4100 salvationarmyphoenix.org

#### **UMOM New Day Centers**

Provides shelter, housing and services for people experiencing homelessness.

3333 E. Van Buren St., Phoenix, AZ 85008 (602) 275-7852 umom.org

# **JOBS AND TRAINING**

#### **Arizona Department of Economic Security**

For job seekers: des.az.gov/services/employment/job-seekers

#### **ARIZONA @WORK**

Assists job seekers through internet job search tools, access to job specialists, editing resumes, locating job fairs, identifying training, wage and earning resources, unemployment/ insurance benefit resources, and a additional no-cost workforce services for job seekers to obtain gainful employment.

#### **GED Information and Testing**

Study, practice and take the GED test online. (877) EXAM-GED (877-392-6433) gedtestingservice.com

#### Goodwill

1-800-Goodwill (1-800-466-3945) goodwill.org "They connected me to a supportive employment specialist who helped me secure a job that I love."

- Molina Member

\*Details have been changed to protect member privacy.

**Unemployment Insurance Benefits:** des.az.gov/services/employment/unemployment-individual

# LGBTQ+

#### one•n•ten

Serves LGBTQ youth and young adults ages 11-24. Programs promote self-expression, self-acceptance, leadership development and healthy life choices.

1101 N Central Ave #202, Phoenix, AZ 85004 (602) 400-2601

onenten.org

#### **Phoenix Pride**

Promotes unity, visibility and self-esteem through community activities and services.

602-27-PRIDE (602-277-7433) phoenixpride.org

#### **Trans Lifeline**

All operators are transgender (877) 565-8860

translifeline.org

#### **The Trevor Project**

Specializes in gay and lesbian youth suicide prevention.

(866) 488-7386

thetrevorproject.org



# **NUTRITION**

#### Arizona Food Bank Network

Made up of 5 regional food banks and nearly 1,000 food pantries working together.

(602) 528-3434

info@foodbanks.org

#### **Nourish PHX**

Helps with food and other basic needs like clothing, shoes and toiletries.

501 S. 9th Ave., Phoenix, AZ 85007 (602) 254-7450

#### St. Mary's Food Bank

Helps feed hungry families across Phoenix and 9 Arizona counties.

2831 N. 31st Ave., Phoenix, AZ 85009 (602) 242-FOOD (602-242-3663)

#### Supplemental Nutrition Assistance Program (SNAP)

(855) 777-8590

des.az.gov/services/basic-needs/food/nutrition-assistance

# **STOP SMOKING**

#### **AshLine**

Arizona Smoker's Helpline (800) 556-6222

#### **Tobacco Free Arizona**

to quit tobacco. And helping to stop kids from ever

Making sure Arizonans know help is here if they want starting. azdhs.gov/prevention/chronic-disease/tobacco-free-az/index.php



# **SUBSTANCE USE**

#### Adult Children of Alcoholics

(310) 534-1815 adultchildren.org

#### Al-Anon/Alateen

Al-Anon is a support group for people who are worried about someone with a drinking problem. Alateen is similar but for teens.

(888) 425-2666 al-anon.org "Thank you for referring me to the substance abuse treatment center that worked to pull me out of a dark situation. I am lucky to have a Case Manager who really cares about me."

- Molina Member

\*Details have been changed to protect member privacy.

#### **Alcoholics Anonymous (AA)**

(800) 839-1686 alcoholicsanonymous.com/aa-meetings/Arizona

#### **AHCCCS**

Arizona has 4 Access Point locations that provide opioid treatment services 24/7.

#### **CODAC Health, Recovery and Wellness**

380 E. Ft. Lowell Rd., Tucson, AZ 85705 (520) 202-1786

#### Community Bridges, East Valley Addiction Recovery Center

560 S. Bellview, Mesa, AZ 85204 (480) 461-1711

#### **Community Medical Services**

2806 W. Cactus Rd., Phoenix, AZ 85029 (602) 607-7000

#### Intensive Treatment Systems 24/7:

(855) 245-6350

#### Connections Health Solutions

For resources that provide personalized treatment 24/7 for people with urgent mental health needs.

Phoenix: (602) 416-7600 Tucson: (520) 301-2400

#### **Dump the Drugs AZ**

Online tool that lets you find locations to safely get rid of any unwanted prescription drugs. azdhs.gov/gis/dump-the-drugs-az/

#### **Families Anonymous**

(800) 736-9805 familiesanonymous.org

#### Intensive Treatment Systems, West Clinic

4136 N. 75th Ave. #116, Phoenix, AZ 85033 (623) 247-1234

#### Narcotics Anonymous (NA)

(800) 407-7195

narcotics.com/na-meetings/arizona/

Substance Abuse and Mental Health Services Administration (SAMHSA) Alcohol/Drug Abuse Hotline: 1-800-662-HELP (1-800-662-4357)

Text: "HOME" to 741741

Chat: suicidepreventionlifeline.org / chatsuicidepreventionlifeline.org

# SUICIDE PREVENTION

#### **AZ Suicide Prevention Coalition**

Helping reduce suicidal acts in Arizona.

azspc.org

(602) 248-8337

#### C.H.E.E.E.R.S (Center 4 Health, Enlightenment, Enrichment, Empowerment Renewal Services)

1950 West Heatherbrae Drive, Suite 5, Phoenix, AZ 85015 (602) 246-7607

#### **Crisis Text Line**

Text HOME to 741741 to connect with a crisis counselor. crisistextline.org

#### **EMPACT**

(800) 273-8255 lafrontera-empact.org/

#### **National Suicide Prevention Lifeline**

National network of local crisis centers that provide no cost and confidential emotional support to people. The National Suicide Prevention Lifeline is available 24 hours a day, 7 days a week

1-800-273-TALK (1-800-273-8255)

suicidepreventionlifeline.org

#### **Suicide Prevention Resource Center**

1-877-GET-SPRC (1-877-438-7772) sprc.org

#### **Teen Lifeline**

A lifeline to help young people in Phoenix and throughout Arizona who are having an emotional crisis or are thinking about suicide.

Maricopa County: (602) 248-8336 (TEEN)

Outside Maricopa County: (800) 248-8336 (TEEN)

Outside Arizona/Nationally: (877) YOUTHLINE or (800) SUICIDE

#### Yellow Ribbon Suicide Prevention Program

(800) 273-TALK (800-273-8255)

Text HELP to 741741 yellowribbon.org

# TRANSPORTATION

Most area agencies provide some type of transportation for people 60 and older.

#### AHCCCS - Non-Emergency Medical Transportation (NEMT)

For Medicaid members who do not have their own transportation.

#### Arizona Department of Economic Security

Community resources to help with transportation needs.

(602) 549-0419

des.az.gov/services/disabilities/developmental-disabilities/community-resources/transportation



#### Disability.gov-guide to transportation

dol.gov/agencies/odep/program-areas/employment-supports/transportation

Eldercare Locator (800) 677-1116 eldercare.acl.gov

#### **National Aging and Disability Transportation Center**

(866) 983-3222

nadtc.org

#### **National Transit Hotline**

Provide the names of local transit providers that serve the elderly and people with disabilities. (800) 527-8279

#### Valley Metro

Provides service and transportation options for all citizens.

(602) 253-5000

valleymetro.org

#### Veyo

Non-emergency medical transportation helping members get to and from healthcare appointments.

(877) 239-0981

# **VETERANS**

#### **AMVETS**

(877) 726-8387 amvets.org

#### The Arizona Department of Veterans' Services (ADVS)

Provides help directly to veterans and their dependents throughout the state. Services include processing VA compensation and pension applications, appeals, filing for survivor benefits, getting service records and more.

(602) 255-3373 dvs.az.gov/

#### Be Connected

Connect with hundreds of statewide organizations that serve the military, veterans and their families.

1-866-4AZ-VETS (1-866-429-8387)

beconnectedaz.org

#### Department of Defense Safe Line

(877) 995-5247 safehelpline.org "As someone who struggled with substance abuse, I am thankful for the tools and resources given to me to help me get back on my feet."

- Molina Member

\*Details have been changed to protect member privacy.

#### **VA Caregiver Support Line**

(855) 260-3274

#### **VA Vet Centers**

Community-based counseling centers to make a successful transition from military to civilian life or after a traumatic event.

vetcenter.va.gov

#### **Veterans Administration**

**Benefits:** (800) 827-1000

**Health care:** (877) 222-VETS (877-222-8387)

MyVA311: (844) 698-2311, TTY: 711

VA Inspector General: (800) 488-8244

Veterans Crisis Line: (800) 273-8255

24-hour talk/crisis line: (877) WAR VETS

Vocational rehabilitation and employment services: vba.va.gov

#### **VA Benefits**

To find out about transition, disability and compensation, home loans, pensions and more. Call MyVA311: (844) 698-2311, TTY: 711

benefits.va.gov/benefits

#### **Veterans Rally Point**

(800) 273-8255

Rally Point Arizona Hotline: (855) 725-5948 veteransrallypoint.com

#### **Homeless Resources:**

#### **Community Bridges**

For help with finding housing, alcohol or drug treatment, health care, job training and more.

(877) 931-9142

communitybridgesaz.org

#### Community Resource & Referral Centers (CRRCs)

For help with housing, health and mental health care, accessing VA and non-VA benefits and more.

(602) 248-6040

va.gov/HOMELESS/CRRC.asp

#### **US Vets**

(602) 717-6682

usvetsinc.org

#### **Wounded Warrior Project**

(877) TEAM-WWP (877-832-6997)

woundedwarriorproject.org

