IE Community Advisory Committee

Meeting Minutes

Date: October 16, 2025
Time: 11:45 a.m. – 1:30 p.m.
Location: Molina Healthcare

In-person & Virtual Meeting

Member DT Member RP Ar Member HL Member RV2 Di Member JL Member RF CJ Member KF Member SM Ac Member LN Member ST Je Member ME Member VV Jo Be He M	anda Bell, Greater Hope Teena Martinez Ev na Fox, Reach Out Alexis Medina O	lanet Segura lackie Portilla Eva Sandoval Ofelia Castillo Karen Sparzak
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Topic	Presentation/Discussion	Actions/Follow-Up
Call to Order	Alexandra Bravo (Alex B.) called the meeting to order at 11:45 a.m.	
Welcome & Committee Self-Introductions	Alex B. opened the fourth meeting of 2025 by welcoming the attendees and outlining its objectives, reminding them that the purpose of the meeting is to provide a safe environment for members to share feedback, ideas, and concerns with Molina, with the goal of enhancing the health plan's services.	

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Jen Stillion- Mental Wellness "Move into Wellness"	Presentation: Jen opened her segment by noting how swiftly the holiday season has arrived, inviting everyone to pause and thoughtfully reflect on their experiences throughout the year. She encouraged participants to identify personal habits that foster wellness, such as getting adequate sleep, establishing healthy boundaries, going for walks, seeking support, and choosing nutritious foods. Jen then guided attendees to gently acknowledge any aspects of their self-care they may have neglected, emphasizing the importance of doing so without self-judgment, as increased awareness is the first step toward positive change. Jen stressed the value of aligning with the slower pace of winter, rather than feeling compelled to speed up during the holidays. She suggested that attendees prioritize self-care and release feelings of stress and guilt, allowing for a more restorative and peaceful season. To help participants relax and reconnect, Jen led the group through deep breathing exercises, shoulder stretches, and a calming visualization designed to evoke feelings of year-end peace and gratitude. She closed the session on an uplifting note, playing upbeat music and encouraging movement to celebrate everyone's progress and to inspire a sense of fun and joy as the holidays approach.	
Meeting Minutes	The minutes from the July 17, 2025, meeting were reviewed, and Member RF made a motion to approve and seconded by Member AS.	
Action Items	Action items from the previous meeting were reviewed, and outcomes were shared: O Members requested assistance in securing new case managers to assist with their health needs. Case managers were assigned on 07/21/25. O Members requested adding stores (El Super, Superior, Vallarta, Northgate) for over-the-counter (OTC) benefits. This request was noted, and internal work is underway to include these stores. No questions or comments from attendees.	

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Community	Molina has invested in the Inland Empire to support community initiatives. Investments	
Reinvestment Program	support various initiatives, including healthcare workforce development, local healthy	
(CRP), Sponsorships	communities, and community-based projects like after-school programs and	
	infrastructure improvements. Molina reaffirmed its dedication to supporting local	
	communities and partners through reinvestments and funding initiatives. Addressing	
	food insecurity, workforce development, and healthcare access (e.g., recruiting and	
	retaining doctors). To date, a total of \$71,800 has been reinvested through community	
	partners. Recently, Molina supported Arrowhead Regional Medical Center (ARMC), a	
	key safety-net provider in Colton, ARMC hosted an event focused on fundraising to	
	secure equipment upgrades and a future parking structure. Alex B. asked if there were	
	any questions or objections related to the CRP funds to date, there were no objections.	
	Alex B. invited members to share their observations and suggestions for funding	
	priorities, including food security, safe spaces, and workforce development.	
	Questions and comments:	
	Member RF: Many individuals are applying for jobs but struggling to secure	
	employment. A lack of income forces families to choose between paying bills	
	and buying food, resulting in food insecurity. Even when jobs are obtained,	
	getting to work remains a significant challenge. Also, some individuals want	
	jobs but face challenges due to disabilities and a lack of support. Securing	
	employment requires significant preparation. Therefore, there is a need for	
	workforce development programs.	
	Lisa Hayes: There is a critical need for transitional housing that accommodates	
	people with disabilities, especially those reentering society after incarceration	
	and navigating the parole system. The absence of accessible housing options	
	creates significant delays in their reintegration, despite the efforts of some	
	providers who offer support. However, existing resources are insufficient,	
	leaving notable gaps in the availability of accessible transitional housing.	
	Member AS: Suggested supporting more Senior programs.	
	Member AK: Stated the modern workplace relies heavily on using technology	
	which makes it difficult for older adults to find jobs.	
	Alex B.: Thanked the group for their participation and acknowledged the digital	
	divide and impact on technological advancements in modern workplaces.	
	Addressed the need for workforce development, food insecurity,	
	transportation and transitional housing.	

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Molina Healthcare	Presentation:	Information
Megan Kondash, Manager, Quality Improvement, Molina Healthcare	 Megan Kondash for Quality Improvement with Molina Healthcare, presented herself and provided a review of the Quality Program. Presentation highlights: Commitment to Care: Molina checks that doctors and staff are well-trained and respectful, addressing issues promptly and keeping members informed. Emphasis on annual flu shots (free and highly encouraged). Preventive Care: Screenings and regular checkups are key to staying healthy. Molina assists with finding providers and offers free rides for appointments. Colon Cancer Screening: Recommended for adults starting at age 45, with options like FIT, FOBT, or colonoscopy. Support Services: Help with scheduling, transportation, and covered benefits for chronic condition management and preventive screenings.	
Carolina Wroblewski, AVP, and Marilyn Kempster, Manager, Population Health, Molina Healthcare	Carolina Wroblewski, AVP of Population Health at Molina Healthcare, presented an overview on Population Health. Presentation highlights: • San Bernardino County Community Health Assessment Overview (CHA) &	

 Priority Areas: Behavioral health, injury & violence prevention, chronic disease. Behavioral Health Goals: Reduce adult depression and substance use; decrease opioid-related deaths by 2029. Strategies: Expand school-based mental health services, non-law enforcement crisis response, workforce development, early education on mental health. Injury & Violence Prevention: Reduce firearm injuries and assaults. Strategies: Trauma-informed practices in schools, healthy relationship programs, firearm safety campaigns, safe routes to school. Chronic Disease: Increase preventive care access and reduce disparities. Strategies: Promote healthy eating/physical activity in schools, improve built environments, expand healthcare coverage, train community health workers. Collaboration: Molina, IEHP, and Kaiser are working on child wellness visits (ages 0–5), immunizations, and unified training for community health workers. Riverside County Community Health Assessment Overview (CHA) & Community Health Improvement Plan (CHIP) late 2024: Priority Areas: Maternal & child health, sexual/reproductive health, 	disease. Behavioral Health Goals: Reduce adult depression and substance use; decrease opioid-related deaths by 2029. Strategies: Expand school-based mental health services, non-law enforcement crisis response, workforce development, early education on mental health. Injury & Violence Prevention: Reduce firearm injuries and assaults. Strategies: Trauma-informed practices in schools, healthy relationship programs, firearm safety campaigns, safe routes to school. Chronic Disease: Increase preventive care access and reduce disparities. Strategies: Promote healthy eating/physical activity in schools, improve built environments, expand healthcare coverage, train community health workers. Collaboration: Molina, IEHP, and Kaiser are working on child wellness visits (ages 0–5), immunizations, and unified training for community health workers. Riverside County Community Health Assessment Overview (CHA) & Community Health Improvement Plan (CHIP) late 2024: Priority Areas: Maternal & child health, sexual/reproductive health, STDs, injury & violence prevention, drug overdose, chronic disease. Mental Health: Improve access, awareness, and integrated care; strengthen provider collaboration. Housing: Increase affordable housing by 5%; integrate health services into housing projects; prioritize climate-resilient designs; create centralized housing database. Equitable Access to Care: Increase understanding and access to resources by 10%. Strategies: Use community health workers, educational campaigns,
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	Marilyn Kempster continued the presentation and shared details on the Community	
	Health Workers role, Molina Help Finder CA and Community Health Workers Provider	
	locator flyer. Highlights of the presentation were:	
	Role of Community Health Workers (CHWs):	
	Not doctors or nurses, but trusted community members who	
	understand local cultures and challenges.	
	 Act as a bridge between clinical care and social care, addressing social 	
	factors that impact health.	
	Covered Benefit:	
	 CHW services are now included under Medi-Cal at no cost. 	
	 Support includes health education, help understanding diagnoses, 	
	finding doctors, scheduling appointments, and connecting to resources	
	like food, housing, and transportation.	
	Molina Help Finder Tool:	
	 Online resource directory for programs and services. 	
	 Users enter zip code and type of help needed (e.g., food, 	
	transportation) to get a list of local organizations.	
	Quick-access icons link to the most active programs for reliable	
	support. • Feedback Request:	
	icon or would it be under something different or is the service even	
	available?	
	 Marilyn: Suggested that while it might currently fall under legal, 	
	income tax help is a common need and should have its own dedicated	
	category or tile, rather than being hidden under legal. Member MR	
	comment would be taken into consideration.	
	 Member RF: Commented that upon reviewing the website, using the 	
	search box is the easiest way to find specific resources.	
	 Member CK: Suggested including a phone number for members that 	
	may have difficulty navigating the website.	
	Member RF: Asked for clarification on what transportation resources	
	were, bus passes or rides to personal locations?	
	Lisa Hayes: Is this only available for Molina members? Is this available to anybody who peods it or would like to use it?	
	to anybody who needs it or would like to use it?	

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Topic	Marilyn: Molina Helpfinder CA is a public site—no login required. Anyone can use it. There's an option to work with a Community Health Worker (CHW) by selecting that category. For individuals that are unable to navigate the website, Molina has One Stop Help Centers with physical resources for members to access. Thanked the group for the suggestion for the phone number, this comment will be taken into consideration. Lisa Hayes: It's awesome. Great resource. Thank you. Marilyn: What programs and organizations do you believe that members are currently using or receiving services from? Please share the names of these organizations. This information is important to verify inclusion on the backend and ensure that any missing organizations are added to the list. Member RF: Wider Circle-Wider Circle helps people with disabilities with resources such as outings, for example, going to the movies and activities. They also help with food and housing resources. Member RF: Rolling Start Marilyn: Finally, when referred to a service, what is the preferred method of contact? You may select more than one option and the outcome of the poll being: Phone call-12 attendees Text message-11 attendees Marilyn shared with the members the Community Health Workers flyer specific to Riverside and San Bernardino. Molina has developed a large network of community organizations that provide Community Health Worker (CHW) services to members. These organizations are considered community partners, and each has CHWs who deliver services. Lists all CHW providers for Riverside and San Bernardino counties. Includes a map with red dots showing physical locations, linked to organization names and contact details (phone numbers, sometimes emails).	Actions/Follow-Up

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	 Highlights providers without physical locations offer telehealth CHW services (listed under a green heading on the second page). San Bernardino and Riverside have the largest number of CHW provider partners. Inform members where and how to access resources. Marilyn asked where these flyers should be placed so members can easily access them. Members shared the following locations: County offices, Postal Services, doctor's offices, Social Security office, senior centers, Community Based Organizations, and drug stores. Marilyn concluded by commenting that the flyers also include the information of their closest Molina One Stop Help Center. Thanked everyone for the comments and suggestions on making Molina better. 	
Teena Martinez, Manager, Medicare Product Development, Molina Healthcare	Teena Martinez from Medicare Product Development for Molina Healthcare, presented an overview of Supplemental Benefits. Overview of 2026 Benefit Changes • MOOP (Max Out-of-Pocket): \$9,250 (displayed for transparency, though members typically pay nothing). • Food & Produce Benefit: ○ Reduced to \$64/month. ○ Expanded eligibility: chronic illness list increased from 14 to 222 conditions. • Over-the-Counter (OTC) Benefit: ○ \$35/month, now includes OTC hearing aids. • Transportation: ○ Simplified—covered fully through Medi-Cal to avoid confusion. • Telehealth: ○ All follow-up visits (specialists, therapists, PCP) covered via phone or video.	

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	 Dental & Vision: Dental: \$3,600/year (up from \$1,000). Vision: \$250/year. Post-Discharge Meals: 14 days, 2 meals/day (max 56 meals/year). Additional 168 meals/year for certain chronic conditions. PERS (Personal Emergency Response System): Now under Medi-Cal, not supplemental Medicare. Drug Deductible: Members generally pay nothing; co-pay details shown for LIS (Low-Income Subsidy) scenarios. The goal is to ensure members understand expanded benefits and new allocations for 	
	 Lisa Hayes: Can you verify the amount for vision? Teena: Clarified the amount is \$250 Member AS: Will it affect members who have Medicare and Medi-Cal? Teena: Molina manages both your Medicare and Medi-Cal benefits. They're all in one. When you call Member Services, it's all handled by one person. Member RF: Requested network for optometry and dental dentists. Teena: For Optometry, it will be through VSP. Dental will be through Nation's. Alex B.: Member Services is always available as the primary resource for any questions or assistance. Molina also has an internal dental coordinator to assist members who face challenges in finding dental providers—this feature was added based on member feedback. Example: A member previously reported difficulty getting a dentist, so Molina introduced this support role. Mariane Gantino: Requested clarification on prescription drug copays—in 2025 there were \$0 co-pays, but 2026 shows some outlined amounts. Further explanation provided. 	

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	 Member VV: Does a Medicare member have to go to Social Security to reapply for Medi-Cal? Karen: No, once a member renews their Medicare benefits and is approved, Medicare will notify Social Security, and everything will continue as before. Members are reminded to open all letters received from Molina and Medicare, as these communications are very important. 	
Community Resources	Alex B. shared the main takeaway for Molina members with Medi-Cal and Medicare:	
Alex Bravo, Manager, Growth & Community Engagement	Member Services is the go-to resource for any questions, including prescription drug benefits. Members should have their medications ready when calling to discuss them with Member Services representative. Molina also offers a 24-hour Nurse Advice Line, providing phone triage and guidance for care when members feel sick, even in the middle of the night. Additionally, resources for accessing the over-the-counter (OTC) benefit through various pharmacies and supermarkets were shared, with plans to add additional preferred stores, such as El Super, Superior, Vallarta, and Northgate, in 2026. Alex B. announced that the Mexican Consulate would be at the Molina One Stop Help Center in Indio on 10/28-11/1 for their mobile event. Molina and the Mexican Consulate are long time trusted partners that provide resources for members in attendance or community members in need of their services. She introduced the final presenter, Alexis Medina, from the Mexican Consulate of San Bernardino to share more information about the services that community members can receive.	
Alexis Medina, Cónsul, Mexican Consulate of San Bernardino	Alexis Medina presented on the Mexican Consulate in San Bernardino which serves the Inland Empire, assisting approximately 8,000 individuals each month and providing mobile consular services (Consulados sobre Ruedas) to cities such as Coachella, Indio, and Hemet. Mexico boasts the largest consular network in the United States, with 53 consulates nationwide including 10 located in California. The consulate's services include: • Support for passports, consular IDs, voter IDs, civil registry procedures, dual	
	nationality applications, marriages for Mexican nationals, notary services (such as powers of attorney and wills). • The issuance of birth or death certificates.	

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	 Delivers community programs in education, health, culture, and economic development. Provides protection for vulnerable individuals, especially women. The Consulate's appointments are free and community members should use official channels to avoid scams. Call center at +1 (424) 309-0009 Online on www.citas.sre.gob.mx Via WhatsApp +1 (424) 309-0009—Alexis Medina recommended WhatsApp for the fastest service Alexis Medina encouraged scanning the provided QR code for a comprehensive guide to consular services, rights, and resources. The consulate offers a legal assistance program that provides community members with legal advice and representation in court, funded by the Mexican government. This includes paying for an attorney to assist with cases, particularly in immigration matters such as bond hearings, cancellation of deportation, and visa processes. Current efforts focus on supporting individuals detained in Adelanto. Eligibility for this program varies, and not everyone qualifies. 	
Closing Remarks & Adjournment	Alex B. asked the attendees if they had any questions or feedback. Attendees had no questions or feedback. Alex B. closed the meeting and thanked everyone for their attendance and for being part of the 2025 committee meeting. The meeting adjourned at 1:36 p.m.	