

# High-risk pregnancy

## Staying healthy during pregnancy



### What is a high-risk pregnancy?

A pregnancy is called high-risk if there is a higher chance that you or your baby could have health problems.

### Your pregnancy may be high-risk if you:

- Have a health condition like:
  - Diabetes
  - Cancer
  - High blood pressure
  - Kidney disease
  - Epilepsy
- Use drugs or alcohol
- Are younger than 17 or older than 35
- Are pregnant with more than one baby
- Have had three or more miscarriages.
- Have had problems with other pregnancies
- Have an infection, like hepatitis C or HIV

Molina Healthcare wants you and your baby to be healthy. If you have a high-risk pregnancy, we will help you get the extra care you need.

High-risk pregnancies need extra care. If you have a high-risk pregnancy, keep all your provider appointments.



### Do you have questions?

Call our 24-hour Nurse Advice Line. We are here to help you.

English: **(888) 275-8750**

Español: **(866) 648-3537**

TTY: **(866) 735-2922**

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ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call (866) 472-4585 (TTY: 711). ATENCION: si habla espanol, tiene a su disposici6n servicios gratuitos de asistencia linguf stica. Lia me al (866) 472-4585 (TTY: 711). ATANSYON: Si w pale Kreyol Ayisyen, gen sevis ed pou long ki disponib gratis pou ou. Rele (866) 472-4585 (TTY: 711).

