



2025 Value-added benefits



Value added benefits are subject to change.

Molina gives you extra benefits for extra peace of mind.

Use this booklet to find the best benefits for you and your family.

For easy access to information about your benefits, medications, service plans, appointment reminders and more, get the MyMolina® mobile app from the app store.



Healthy Rewards: Your rewards, your way!

Healthy Rewards now offers more benefits to give you the freedom to use your rewards to meet your needs.

Healthy Rewards are dollars you earn by taking care of your health. Complete your first healthy behavior and your award will be added to a debit card that's mailed directly to your home. Let us know each time you complete a qualifying visit or screening, and a new reward will be added to your card. You can use them to buy over-the-counter (OTC) healthcare items, groceries, personal care items, household essentials and pet supplies.

Your gift cards can be used at:

- **Walmart** (in-store or online)
- **Hy-Vee**
- **CVS**
- **Walgreens**
- **Dollar General**
- **Jewell-Osco** (Clinton)
- **Cassady Pharmacy** (Des Moines)
- **Dowd Drug, Inc.** (Guthrie Center)
- **Owl Pharmacy** (Centerville)
- **Scott Pharmacy** (Fayette)
- **Main Street Drug** (Charles City)
- **Medicap Pharmacy** (West Des Moines)

You can also use your Healthy Rewards for:

- **Pay-at-the pump** gas wherever VISA cards are accepted
- **Monthly expenses** such as mortgage, utilities (gas, electric, water, trash, sewer), internet/phone service, etc.
- **Pest control** services
- **Non-medical transportation** costs such as Uber, Lyft, public transportation/bus passes and taxis

Earn rewards for taking care of yourself!

Reward	Activity completed	Who can earn
\$25 once a year	Yearly routine physical exam	Ages 18+ years
\$10 once a year	Receive flu vaccine	All ages
\$25 once a year	Submit yearly Health Risk Assessment through the member portal or call Member Services	All ages
\$50 once a year	Routine cervical cancer screening (PAP test)	Females* 21-64 years
\$50 once a year	Mammogram	Females* 40+ years
\$25 once a year	Routine chlamydia screening	Females* 16-24 years
\$10 up to a total of 8 lifetime visits	Well-child visit	Birth to 30 months old
\$25 once a year	Well-child visit	Ages 3–17 years
\$100 one time	Required immunizations on or before the child’s 2nd birthday	Turning 2 this year
\$25 after each HPV vaccine	HPV vaccine	Turning 13 this calendar year

*Female sex at birth

Reward	Activity completed	Who can earn
\$50 once a year	Diabetic eye exam	Ages 18+ and diagnosed with diabetes
\$25 four times a year	A1c test, up to 4 times each year	Ages 18+ and diagnosed with diabetes
\$25 once a year	Diabetic kidney lab tests	Ages 18+ and diagnosed with diabetes

How to get your rewards

After you complete a qualifying visit or screening, there are three easy ways to get your rewards:



Online at [MyMolina.com](https://www.mymolina.com) or using the My Molina® mobile app



Call Member Services at **(844) 236-0894 (TTY: 711)**



Contact your care manager

Healthy Rewards cards will arrive in the mail within 30 business days. Additional rewards will be added to the card within 15 business days of claiming your reward. Your card is reloadable — don't throw it away!



Extra benefits for extra peace of mind

Cell phone and service

If you meet the federal Lifeline program standards, you can get a free Android® smartphone with unlimited talk, text, 4.5 GB of data-free calling to Mexico, Canada, China, South Korea and Vietnam. Wireless service provided by TruConnect. Sign up at Truconnect.com/Molina/IA or call (844) 700-0795 (TTY: 711) to apply over the phone.

OTC medications

Get up to \$30 to spend every three months on commonly used OTC items not covered by the Medicaid pharmacy plan — at no cost! Order supplies online with free two-day shipping. Sign up at Molina.NationsBenefits.com or call (877) 391-6245.

Can Play® membership

Can Play offers adapted and no-cost sports and recreation programs in Polk, Dallas and Johnson counties for Medicaid waiver members 19 years old and younger. Ask your care manager for a referral or contact Member Services to request care manager assistance.

YMCA® membership

Free 12-month YMCA membership for all eligible Molina members. Members must have completed an annual physical (ages 18+ years) or well-child visit (ages 0-17 years) during the previous 12 months.

Transportation

If you're at least 16 years old and need help getting food or finding work, Molina provides four one-way rides to food banks, grocery stores, farmers markets, Women, Infants, and Children (WIC) appointments, job training/interviews and much more! To use this benefit, call **Access2Care** at **(866) 849-2062** at least two days (48 hours) before you need a ride.

Meals after high-risk hospitalization

If you've recently been released from the hospital with high-risk conditions, we want to help you take care of yourself. You could get two meals per day delivered to your home for up to 14 days. Your care manager can help you get set up with this program.

Pet care during hospitalization

Costs for housing your pets during a hospitalization may be reimbursed up to \$500 every calendar year.

Want to quit smoking?

If you are at least 18 years old or pregnant at any age, call Member Services at **(844) 236-0894 (TTY: 711)** to connect with **Quitline**. Quitline will provide eight weeks of nicotine replacement therapy (NRT) for qualified members. They will also provide five telephone coaching sessions with a tobacco cessation coach. Members who complete the program will earn a \$60 reward!

Need help losing weight?

Members who are at least 18 years old can get a no-cost **WeightWatchers®** membership with a care manager referral. To learn more and connect to a care manager, call Member Services.

High School Equivalency Diploma (HSED)

Get a free voucher to take the High School Equivalency Diploma test. Pass and get a \$25 reward!

In-patient hospital follow-up

Did you visit a PCP within seven days of being released from the hospital? You may receive a \$50 reward.

Did you visit a behavioral health provider within seven days of being released from the hospital? You may receive a \$50 reward.



Benefits for pregnant and postpartum members

Baby shower

If you are pregnant or had a new baby in the last six months, you're invited to a baby shower! Attend and earn a \$100 reward for each pregnancy. Use it to pay for diapers, wipes, formula, car seats, car seat bases or a Pack 'n Play. To learn more, call our health management team at **(866) 891-2320 (TTY: 771)** and press option 2. Rewards will be given to members within 30 business days of the event.

Are you pregnant?

If you let Molina know you are pregnant during the first three months, you may receive a \$50 reward. If you let us know after the third month, you may receive a \$25 reward.

Early prenatal visit

Pregnant members who visit their doctor in the first three months or within 42 days of enrolling with Molina can earn a \$100 reward. Use it for items like a car seat, diapers, wipes, formula, car seat base or a Pack 'n Play.

Postpartum visit

Visit your doctor seven to 84 days after you deliver your baby to earn a \$100 reward. Use it to help pay for diapers, wipes, formula, a car seat, car seat bases or a Pack 'n Play.

Doula support

Do you have a high-risk pregnancy? Doula services can help support you and your family before, during and after birth. Call your care manager or Member Services to see if you qualify. Not available in all counties at this time.

Meals for high-risk pregnant and postpartum members

Molina will provide up to two no-cost meals every day for 14 days for some members. The meals will be delivered to your home. You can use this benefit while pregnant and up to one year after delivery. To learn more, call your care manager or Member Services. A care manager referral is required.

Count the Kicks®

Count the Kicks is a no-cost app you can use to keep track of your baby's movement during the last months of your pregnancy. It helps make sure your baby arrives safely. Sign up at CountTheKicks.org.

My Molina® member portal

Healthcare at your fingertips. Earn a \$25 Healthy Reward for setting up a member portal account for you or your child. Download the My Molina app today from the Apple App Store® or Google Play® or visit [MyMolina.com](https://www.mymolina.com).



Long-term services and supports

If you get long-term services in a facility setting — like a nursing home or institutional care — or get community support services, these benefits are for you!

Community move-in benefit

Making the move from a facility to a community setting? Congratulations! Get a \$50 reward to assist you in buying what you'll need in your new home. Your care manager can tell you more. This is a one-time reward for people who are at least 21 years old and moving from a facility to a community setting.

Caregiver transportation

Molina knows it's important for you to stay connected to your family and caregivers when you're in a facility. We'll give your parent, child or direct caregiver four one-way rides a month to visit you. Call **Access2Care** at **(800) 849-2062** at least two days before you need a ride.

Caregiver support benefit

Family and friend caregivers supporting a Molina member can get a \$50 reward for assisting with an annual physical or well-child visit. You can also get a reward for a health screening. This includes an A1c or kidney function test, diabetic eye exam, mammogram, cervical cancer or chlamydia screening. Call your care manager to claim your reward.

Legal guardianship

If you are between the ages of 17 and 18 ½ and need a guardian to get inpatient, skilled nursing or private-duty nurse services, Molina can provide up to \$500 to help cover the costs. Speak to your care manager about this service.

Questions?

Please visit MolinaHealthcare.com/IA. Or call Member Services at (844) 236-0894 (TTY: 711). We're here to help!



Non-discrimination Language

Molina Healthcare of Iowa (Molina) complies with all Federal civil rights laws that relate to healthcare services. Molina offers healthcare services to all members without regard to race, color, national origin, age, disability, or sex. Molina does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. This includes gender identity, pregnancy, and sex stereotyping.

Communicating with you is important to us.

To help you talk with us, Molina provides the following services free of charge:

- Aids and services to people with disabilities
 - Skilled sign language interpreters
 - Written material in other formats (large print, audio, accessible electronic formats, Braille)
- Language services to people who speak another language or have limited English skills
 - Skilled interpreters
 - Written material translated in your language
 - Material that is simply written in plain language

If you need these services, contact Molina at our toll-free number (844) 236-0894 (TTY: 711).

If you think that Molina failed to provide these services or treated you differently based on your race, color, national origin, age, disability, or sex, you can file a complaint. You can file a complaint in person by mail, or email. You can file a grievance with:

Civil Rights Coordinator

200 Oceangate, Suite 100

Long Beach, CA 90802

Toll Free: **(866) 606-3889** (TTY/TDD: 711)

Online: MolinaHealthcare.AlertLine.com

Email: civil.rights@MolinaHealthcare.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at [Ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf) or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building
Washington, DC 20201

Phone: **(800) 368-1019, (800) 537-7697 (TDD)**

Complaint forms are available at hhs.gov/ocr/index.html

Language Assistance

**Molina Healthcare of Iowa Member Services:
(844) 236-0894 (TTY: 711)**

English: Language assistance services, auxiliary aids and services, larger font, oral translation, and other alternative formats are available to you at no cost. To obtain this, please call the number above.

English (Large Font): Language assistance services, auxiliary aids and services, larger font, oral translation, and other alternative formats are available to you at no cost. To obtain this, please call the number above.

Español (Spanish): Servicios de asistencia de idiomas, ayudas y servicios auxiliares, traducción oral y escrita en letra más grande y otros formatos alternativos están disponibles para usted sin ningún costo. Para obtener esto, llame al número de arriba.

Español (Letra Grande): Servicios de asistencia de idiomas, ayudas y servicios auxiliares, traducción oral y escrita en letra más grande y otros formatos alternativos están disponibles para usted sin ningún costo. Para obtener esto, llame al número de arriba.

中文 (Chinese): 我们可以免费为您提供语言协助服务、辅助用具和服务、较大的字体、口译以及其他替代格式。如有需要请拨打上述电话号码。

Tiếng Việt (Vietnamese): Các dịch vụ trợ giúp về ngôn ngữ, các trợ cụ và dịch vụ phụ thuộc, phông chữ khổ lớn, thông dịch bằng lời nói, và các dạng thức thay thế khác hiện có cho quý vị miễn phí. Để có được những dịch vụ này, xin gọi số điện thoại nêu trên.

Srpsko-Hrvatski (Serbo-Croatian): Na raspolaganju su vam besplatne jezičke podrške, dodatna pomoć i usluge, krupniji font, usmeni prijevod kao i drugi alternativni formati. Da biste sve ovo dobili, nazovite nas na gore navedeni broj.

Deutsch (German): Sprachunterstützung, Hilfen und Dienste, eine größere Schriftart, eine mündliche Übersetzung sowie weitere alternative Formate werden Ihnen kostenlos zur Verfügung gestellt. Um eines dieser Serviceangebote zu nutzen, wählen Sie die o. a. Rufnummer.

(Arabic): تتوفر خدمات المساعدة اللغوية، والأدوات والخدمات المساعدة، والطباعة بأحرف كبيرة، والترجمة الفورية الشفهية، وغيرها من التسهيلات البديلة من أجلك دون أي تكلفة. للحصول على هذه الخدمات، يُرجى الاتصال على الرقم المذكور أعلاه.

ລາວ (Lao): ບໍລິການໃຫ້ຄວາມຊ່ວຍເຫຼືອດ້ານພາສາ, ເຄື່ອງຊ່ວຍໃນການຟັງ ແລະ ການບໍລິການຕ່າງ, ຕົວພິມຂະໜາດໃຫຍ່, ການແປບາງເບົາ ແລະ ຮູບແບບທາງເລືອກອື່ນໆ ມີໃຫ້ທ່ານໂດຍບໍ່ສຍຄ່າໃຊ້ຈ່າຍ. ເພື່ອໃຫ້ໄດ້ຮັບຂໍ້ມູນນີ້ກະລຸນາໂທໂປໂຫມຍເລກຂ້າງເທິງ.

한국어 (Korean): 언어 지원 서비스, 보조 지원 및 서비스, 대형 활자본, 통역, 기타 대체 형식을 무료로 이용하실 수 있습니다. 이를 위해 위의 전화번호로 연락해 주십시오.

ह दि (Hindi): भाषा स ायता सेवाएँ, स ायक स ायता और सेवाएँ, बडा फॉन्ट, मौखिक अनुवाद, और अन्य वैकल्पिक प्रारूप आपके हए हबना हकसी गित के उपबिधै । इसे प्राप्त करने के हए, कृपया ऊपर हदए गए नबिर पर कॉि करे।

Français (French): Des services gratuits d'assistance linguistique, ainsi que des services d'assistance complémentaires, des polices de caractères plus grosses, de la traduction orale et d'autres formats sont à votre disposition. Pour y accéder, appelez le numéro ci-dessus.

Pennsylvanian Deitsh (Pennsylvanian Dutch): Du kansht hilf greeya mitt dee shprohch, adda annah hilf un services in diffahndi vayya un es kosht dich nix. Fa hilf greeya adda may ausfinna, kawl da phone number do ovvah droh.

ไทย (Thai): บริการความช่วยเหลือด้านภาษา อุปกรณ์และบริการเสริม แบบอักษรขนาดใหญ่ขึ้น การแปลด้วยปากเปล่า รวมทั้งรูปแบบทางเลือกอื่น ๆ มิให้คุณใช้ได้โดยไม่เสียค่าใช้จ่าย หากต้องการใช้บริการนี้ กรุณาโทรศัพท์ติดต่อที่หมายเลขข้างต้น

Tagalog: May available na libreng mga serbisyo sa tulong sa wika, auxiliary na tulong at serbisyo, mas malaking font, pasalitang pagsasalin, at iba pang alternatibong format para sa iyo. Para kunin ito, pakitawagan ang numero sa itaas.

ကညီ (Karen): ကျိတ်တိကတိ၊ တိတ်တိမတေ၊ အတိမ၊ ပီးလိမတေ၊ ပုနီခိကွဲကွဲတဖ်ဒီး တိတ်တိမတေတဖ်၊ လံဝံဖျာအိတ်၊ တိကတိကျိးထံ၊ ဒီးတိအကွဲဂိဒိအကလ၊ အကဲထိတ်တိမတေတဖ်နုတ် တိဒီးနုတ်အိလေ၊ တလတ်ဘတ် ကျိတ်တိဘတ်နုတ်လီ၊ လကဒီးနုတ်တိအံအဂိ၊ ဝံသးစုကီးဘတ် နိတ်ဂံလ၊ ထးအံတကု၊

Русский язык (Russian): Услуги по переводу, вспомогательные средства и услуги, материалы, напечатанные более крупным шрифтом, услуги устного перевода, а также материалы в других, альтернативных, форматах предоставляются Вам совершенно бесплатно. Чтобы получить их, позвоните по указанному выше номеру телефона

