



Value-added benefits booklet

Updated January 2026



Value added benefits are subject to change.

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Molina gives you extra benefits for extra peace of mind.

Use this booklet to find the best benefits for you and your family.

For easy access to information about your benefits, medications, service plans, appointment reminders and more, get the MyMolina® mobile app from the app store.



Healthy Rewards: Your rewards, your way!

Healthy Rewards now offers more benefits to give you the freedom to use your rewards to meet your needs.

Healthy Rewards are dollars you earn by taking care of your health. Complete your first healthy behavior and your award will be added to a debit card that's mailed directly to your home. Let us know each time you complete a qualifying visit or screening, and a new reward will be added to your card. Your card is reloadable – don't throw it away! Select how you would like to use your rewards at the time you claim them: Whole Care, Gas Pay-at-Pump, or Fitness.

Whole Care Benefit

Use them to pay for:

- Monthly expenses (rent; utilities such as gas, electric, water/sewer, trash; and internet/phone service)
- Pest control services
- Non-medical transportation
- Gas pay-at-pump (cannot be used inside convenience stores)
- Fitness items such as gym memberships, fitness equipment, bikes, helmets, sport equipment, club memberships such as Boys & Girls Club, etc.
- Groceries, over the counter (OTC) healthcare items, personal care items, household essentials, and pet supplies

Your gift cards can be used to buy items at:

- Walmart (in-store or online)
- Hy-Vee
- CVS
- Walgreens (in-store or online)
- Dollar General
- Sam's Club (in-store or online)
- Participating community pharmacies

Download the Healthy Benefits+ mobile app or visit HealthyBenefitsPlus.com/MolinaHealthyRewards to learn more.

Earn rewards for taking care of yourself!

Reward	Activity completed	Who can earn
\$25 once a year	Yearly routine physical exam	Ages 18+ years
\$10 once per flu season	Receive flu vaccine	Ages 6+ months
\$25 once a year	Submit yearly Health Risk Assessment through the member portal or call Member Services	All Ages
\$50 once per year	Colon Cancer Screening	Ages 45-75 years
\$50 once a year	Routine cervical cancer screening (PAP test)	Women, ages 21-64 years
\$50 once a year	Mammogram	Women, ages 40-74 years
\$25 once a year	Routine chlamydia screening	Women, ages 16-24 years
\$10 after each visit (maximum of 8 visits)	Well-child visit	Birth to 30 months old
\$25 once a year	Well-child visit	Ages 3-17 years

Reward	Activity completed	Who can earn
\$100 one time	All required immunizations on or before the child's 2nd birthday	15-24 months
\$25 after each HPV vaccine	HPV vaccines received on or before 13th birthday	Ages 9-12 years
\$25 per test once a year	Yearly Glucose and Cholesterol Screenings	Ages 1 –17 years prescribed certain behavioral/ mental health medications
\$50 once a year	Diabetic eye exam	Ages 18+ and diagnosed with diabetes
\$25 per A1c test	A1c test, up to 4 times each year	Ages 18+ and diagnosed with diabetes
\$25 once a year	Diabetic kidney lab tests	Ages 18+ and diagnosed with diabetes

How to get your rewards

After you complete a qualifying visit or screening, there are three (3) easy ways to get your rewards:



Online at [MyMolina.com](https://www.myl Molina.com) or using the My Molina® mobile app



Call Member services at (844) 236-0894 (TTY: 711)



Contact your care manager

Healthy Rewards cards will arrive in the mail within 30 business days. Additional rewards will be added to the card within 15 business days of claiming your reward. Your card is reloadable — don't throw it away!

Rewards completed in 2026 must be claimed by March 31, 2027, to be eligible to receive the reward. If rewards are completed in the previous year and claimed in the current year, the date of service will indicate the reward amount issued to the member.

Extra benefits for extra peace of mind

Care management

We have a team of helpful nurses and social workers ready to support you. To see if you qualify, call Member Services at (844) 236-0894 (TTY: 711).

Cell phone and service

If you meet the federal Lifeline program standards, you can get a no-cost Android® smartphone with unlimited talk, text, 4.5 GB of data-free calling to Mexico, Canada, China, South Korea and Vietnam. Wireless service provided by TruConnect. Sign up at Truconnect.com/Molina/IA or call (844) 700-0795 (TTY: 711) to apply over the phone.



OTC Nations

Get up to **\$30** to spend every three months on commonly used over-the-counter items not covered by the Medicaid pharmacy plan — at no cost! Order supplies online with no-cost two-day shipping. Sign up at MolinaA.NationsBenefits.com or call (877) 391-6245.

YMCA® membership

No-cost 12-month YMCA membership for all eligible Molina members. Members must have completed an annual physical (ages 18+ years) or well-child visit (ages 0-17 years) during the previous 12 months.



Transportation

If you're at least 16 years old and need help getting food or finding work, Molina provides four monthly one-way rides to food banks, grocery stores, farmers markets, Women, Infants, and Children (WIC) appointments, job training/interviews and much more! To use this benefit, call MTM at (866) 849-2062 at least two days (48 hours) before you need a ride. You may also download their app, visit <https://www.mtm-inc.net>.

Meals after high-risk hospitalization

If you've recently been released from the hospital with high-risk conditions, we want to help you take care of yourself. You could get two (2) meals per day delivered to your home for up to 14 days at no cost. Care management can help you get set up with this program.

Pet care during hospitalization

Costs for housing your pets during a hospitalization may be covered, up to \$500 every calendar year.

Want to quit smoking?

If you are at least 18 years old or pregnant at any age, call Member Services at (844) 236-0894 (TTY: 711) to connect with Quitline.



Quitline will provide eight weeks of nicotine replacement therapy (NRT) for qualified members. They will also provide up to nine (9) telephone coaching sessions with a tobacco cessation coach.

Members who complete the program will earn a \$60 reward!

Need help losing weight?

Members who are at least 18 years old can get a no-cost WeightWatchers® membership with a care manager referral. To learn more and connect to a care manager, call Member Services.



High School Equivalency Diploma (HSED)

Get a voucher to take the High School Equivalency Diploma test at no cost to you. Pass and get \$25 in Healthy Rewards!

In-patient hospital follow-up

Did you visit a PCP or behavioral health provider within seven (7) days of being released from an in-patient stay at the hospital? You may receive a **\$50 reward**.

Benefits for pregnant and postpartum members

Baby shower

If you are pregnant or have had a new baby in the last six (6) months, you're invited to a Molina baby shower! Attend and earn a **\$100 reward for each pregnancy**. Use it to pay for eligible baby items (diapers, wipes, formula, car seats, car seat bases, strollers, travel systems (stroller/car seat combo), and Pack 'N Plays). To learn more, call Member Services at (844) 236-0894 (TTY: 711). Rewards will be given to members within 30 business days of the event.

Are you pregnant?

If you let Molina know you are pregnant during the first trimester, you may receive **\$50 in Healthy Rewards** Whole Care benefits (groceries, utilities, household items, etc.). If you let us know during the second or third trimester, you may receive a \$25

reward. The reward is issued based on the current trimester at the time you notify Molina and is earned once per pregnancy.

Early prenatal visit

Pregnant members who visit their doctor in the first three (3) months (before 13th week) or within 42 days of enrolling with Molina can receive a **car seat** or earn a **\$150 reward**. Use it for eligible baby items (car seats, diapers, wipes, formula, car seat bases, strollers, travel systems (car seat/stroller combo) or Pack 'N Plays. If you are pregnant with multiples, you can receive one reward per baby.

Postpartum visit

Visit your doctor seven (7) to 84 days after you deliver your baby to earn a **\$75 reward**. Select if you would like Pregnancy rewards to use for eligible baby items or Whole Care rewards for items such as groceries, utilities, household items, etc.

Doula support

Doula services can help support you and your family before, during and after birth. Call your care manager or Member Services to see if you qualify and live in a doula-supported county.



Meals for high-risk pregnant and postpartum members

Molina will provide up to **two (2) meals every day** for 14 days for eligible members. The meals will be delivered to your home at no cost. You can use this benefit while pregnant and up to one year after delivery. To learn more, call your care manager or Member Services. A care manager referral is required.

My Molina® member portal

Healthcare at your fingertips. Earn **\$25 in Healthy Rewards** for setting up a member portal account for you or your child.

Download the My Molina app today from the Apple App Store® or Google Play® or visit [MyMolina.com](https://www.mymolina.com).

Long-Term Services and Supports (LTSS)

If you get long-term services in a facility setting — like a nursing home or institutional care — or get community support services, these benefits are for you!

Community move-in benefit

Making the move from a facility to a community setting? Congratulations! Get **\$50 in Healthy Rewards** Whole Care (groceries, utilities, household items, etc.) to assist you in buying



what you'll need in your new home. Your care manager can tell you more. This is a one-time reward for people who are at least 21 years old and moving from a facility to a community setting.

Camp Assistance

LTSS members of **any age** who are identified as needing respite care are eligible to receive up to **\$400 per member, per calendar year** to help offset **respite camp fees**. A care manager referral is required.

Caregiver transportation

Molina knows it's important for you to stay connected to your family and caregivers when you're in a facility. We'll give your parent, child or direct caregiver **four one-way rides a month** at no cost to visit you. Call MTM at (800) 849-2062 at least two (2) days before you need a ride.

Caregiver support benefit

Family and friend caregivers supporting an eligible Molina member can get a **\$50 reward** for assisting the member with an annual physical or well-child visit. You can also get a reward for a health screening. This includes an A1c or kidney function test, diabetic eye exam, mammogram, cervical cancer, or chlamydia screening. Call the member's care manager to learn more.

Legal guardianship

All members in need of legal guardianship may be eligible for up to \$500 to help cover the costs. Speak to your care manager about this service.

Questions?

Please visit MolinaHealthcare.com/IA.

Or call Member Services at (844) 236-0894 (TTY: 711).

We're here to help!

Non-Discrimination Notice

Molina Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of age, color, disability, national origin (including limited English proficiency), race, or sex. Discrimination on the basis of sex includes sex characteristics, intersex traits, pregnancy or related conditions, sexual orientation, and sex stereotypes.

To help you effectively communicate with us, Molina Healthcare provides services free of charge and in a timely manner:

- Molina Healthcare provides reasonable modifications and appropriate aids and services to people with disabilities. This includes: (1) Qualified interpreters (including qualified sign language interpreters). (2) Written Information in other formats, such as large print, audio, accessible electronic formats, and Braille.
- Molina Healthcare provides language services to people who speak another language or have limited English skills. This includes: (1) Qualified oral interpreters. (2) Information translated in your language. (3) Material that is simply written in plain language.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact Molina Member Services at 1-844-236-0894 or TTY/TDD: 711, Monday to Friday, 7:30 a.m. to 6:00 p.m., local time.

If you believe we have discriminated on the basis of age, color, disability, national origin, race, or sex, you can file a grievance with our Civil Rights Coordinator. You can file a grievance by phone, mail, email, or online. If you need help writing your grievance, we will help you. You may obtain our grievance procedure by visiting our website at:

<https://www.molinahealthcare.com/members/common/en-US/Notice-of-Nondiscrimination.aspx>

Call our Civil Rights Coordinator at 1-866-606-3889, TTY/TDD: 711 or submit your grievance to:

Civil Rights Unit

200 Oceangate, Suite 100

Long Beach, CA 90802

Email: civil.rights@molinahealthcare.com

Website: <https://molinahealthcare.Alertline.com>

You can also file a civil rights complaint (grievance) with the U.S. Department of Health and Human Services, Office for Civil Rights, online through the Office for Civil Rights Complaint Portal at: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

Phone: 1-800-368-1019

TTY/TDD: 800-537-7697

Complaint forms are available here: <https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf>

Notice of Availability

English	Language assistance services, auxiliary aids and services, larger font, oral translation, and other alternative formats are available to you at no cost. To obtain this, please call Molina of Iowa Member Services: (844) 236-0894 (TTY: 711). For telephone accessibility assistance if you are deaf, hard of hearing, deaf-blind or have difficulty speaking, call 711 or (800) 735-2942, Relay Iowa.
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<p>English (Large Font)</p>	<p>Language assistance services, auxiliary aids and services, larger font, oral translation, and other alternative formats are available to you at no cost. To obtain this, please call Molina of Iowa Member Services: (844) 236-0894 (TTY: 711). For telephone accessibility assistance if you are deaf, hard of hearing, deaf-blind or have difficulty speaking, call 711 or (800) 735-2942, Relay Iowa.</p>
<p>Spanish Español</p>	<p>Tiene a su disposición, sin costo alguno para usted, servicios de asistencia lingüística, ayudas y servicios auxiliares, letra grande, traducción oral y otros formatos alternativos. Para obtenerlos, llame al Departamento de Servicios para Miembros de Molina of Iowa: (844) 236-0894 (TTY: 711). Para obtener asistencia de accesibilidad telefónica si usted es sordo, tiene problemas de audición, padece sorderoceguera o tiene dificultades para hablar, llame al 711 o al (800) 735-2942, Relay Iowa.</p>

<p>Spanish (Large Font) Español</p>	<p>Tiene a su disposición, sin costo alguno para usted, servicios de asistencia lingüística, ayudas y servicios auxiliares, letra grande, traducción oral y otros formatos alternativos. Para obtenerlos, llame al Departamento de Servicios para Miembros de Molina of Iowa: (844) 236-0894 (TTY: 711). Para obtener asistencia de accesibilidad telefónica si usted es sordo, tiene problemas de audición, padece sordoceguera o tiene dificultades para hablar, llame al 711 o al (800) 735-2942, Relay Iowa.</p>
<p>Traditional Chinese 中文(台灣繁體)</p>	<p>可免費為您提供語言協助服務、輔助工具與服務、字體放大、口譯及其他替代形式。如有需要，請聯絡 Iowa Member Services 的 Molina: (844) 236-0894 (TTY: 711)。</p>
<p>Vietnamese Tiếng Việt</p>	<p>Quý vị có thể sử dụng miễn phí các dịch vụ hỗ trợ ngôn ngữ, dịch vụ và tính năng hỗ trợ thêm, phông chữ lớn hơn, bản dịch bằng lời và các định dạng thay thế khác. Để nhận dịch vụ, vui lòng gọi Dịch Vụ Thành Viên Molina of Iowa: (844) 236-0894 (TTY: 711).</p>

<p>Serbo-Croatian Srpski</p>	<p>Услуге језичке подршке, помоћна средства и услуге, већи фронт, усмени превод и други алтернативни формати су вам доступни бесплатно. Да их добијете, позовите Службу за чланове здравственог осигурања Molina у савезној држави Iowa: (844) 236-0894 (TTY: 711).</p>
<p>German Deutsch</p>	<p>Sprachassistentendienste, Hilfsmittel und -dienste, größere Schriftarten, mündliche Übersetzung und andere alternative Formate stehen Ihnen kostenlos zur Verfügung. Um diese zu erhalten, rufen Sie bitte den Mitgliederservice von Molina of Iowa an: (844) 236-0894 (TTY: 711)</p>
<p>Arabic للعربية</p>	<p>تتّاح خدمات المساعدة اللغوية وأدوات وخدمات المساعدة الإضافية والطباعة بحروف كبيرة والترجمة الشفهية والتنسيقات البديلة الأخرى بدون أية تكلفة. للحصول على هذه الخدمات، يرجى الاتصال على خدمات الأعضاء في Molina of Iowa على الرقم 236 - 0894 (844) ، وبالنسبة إلى مستخدمي أجهزة الهواتف النصية (TTY)، يمكنهم الاتصال على الرقم: 711.</p>
<p>Laotian ພາສາລາວ</p>	<p>ທ່ານສາມາດໃຊ້ບໍລິການການຊ່ວຍເຫຼືອດ້ານພາສາ, ເຄື່ອງມືຊ່ວຍເຫຼືອ ແລະ ການບໍລິການ, ແບບຕົວ ອັກສອນທ ໃຫຍ່ກວ່າ, ການແປດ້ວຍປາກເປົ່າ ແລະ ຮູບແບບທາງເລືອກອື່ນໆໄດ້ໂດຍບໍ່ເສຍຄ່າຫຍັງ. ເພື່ອ ໃຫ້ໄດ້ຮັບບໍລິການນີ້, ກະລຸນາໂທຫາພ່າຍບໍລິການ ສະມາຊິກ Molina ຂອງລັດໄອໂອວາ: (844) 236-0894 (TTY: 711).</p>
<p>Korean 한국어</p>	<p>언어 지원 서비스, 보조 도구 및 서비스, 큰 글자, 구두 번역 및 기타 대체 형식이 귀하에게 무료로 제공됩니다. 이를 받으려면 오하이오 멤버 서비스 몰리나에게 전화하십시오: (844) 236-0894 (TTY: 711).</p>

<p>Hindi हिंदी</p>	<p>आपके लिए भाषा सहायता सेवाएँ, सहायक साधन और सेवाएँ, बड़े फ़ॉन्ट, मौखिक अनुवाद और अन्य वैकल्पिक प्रारूप ननिःशुपक उपिब्ध हैं। इसे प्राप्त करने के लिए कृपया Molina of Iowa सदस्य सेवाओं को क्रिाँ करः (844) 236-0894 (TTY: 711).</p>
<p>French Français</p>	<p>Des services d'assistance linguistique, des aides et services auxiliaires, des polices de caractères plus grandes, des traductions orales et d'autres formats alternatifs sont mis gratuitement à votre disposition. Pour en bénéficier, veuillez appeler les Services aux membres de Molina of Iowa: (844) 236-0894 (ATS: 711).</p>
<p>Pennsylvanian Dutch Pennsylvanisch Deutsche</p>	<p>Schprooch Hilfe Services, Auxiliary Aids un Services, greesere Font, mundlich Iwwersetzung, un annere alternative Formats sin meeglich zu dir mitaus Koscht. Um des zu griege, sei so gut un ruf Molina of Iowa Member Services: (844) 236-0894 (TTY: 711).</p>
<p>Thai ไทย</p>	<p>บริการช่วยเหลือด้านภาษา ความช่วยเหลือและบริการเสริม แบบอักษรขนาดใหญ่ การแปลแบบปากเปล่า และรูปแบบทางเลือกอื่น ๆ พร้อมให้บริการแก่คุณ โดยไม่มีค่าใช้จ่าย หากต้องการใช้บริการนี้ โปรดโทรติดต่อฝ่ายบริการสมาชิก Molina of Iowa ได้ที่หมายเลข: (844) 236-0894 (TTY: 711).</p>
<p>Tagalog</p>	<p>Available sa iyo nang walang bayad ang mga serbisyo ng tulong sa wika, karagdagang suporta at serbisyo, mas malaking font, pasalitang pagsasalina, at iba pang alternatibong format. Para makuha ito, tawagan ang Mga Serbisyo sa Miyembro ng Molina ng Iowa: (844) 236-0894 (TTY: 711).</p>

<p>Karen ကညီ (ပိုင်)-</p>	<p>ကျိန်တၢ်တိၣ်စၢၤမၤစၢၤ တၢ်မၤတဖၣ်, ပီးလီတိၣ်စၢၤမၤစၢၤတၢ်ကလုၢ်သီၣ်တဖၣ် (auxiliary aids) ဒီး တၢ်မၤစၢၤတၢ်မၤတဖၣ်, လံာ်မဲာ်ဖျါၣ် ဖးဒိၣ်တဖၣ်, တၢ်ကျိးထံလၢထးခိၣ်, ဒီးကျိၤကျဲအဂၤလၢတၢ်ဃုထၢအီၤသ့တဖၣ် အိၣ်လၢနဂီၢ်လၢတလိၣ်နဟ့ၣ်အပူၤဘၣ်န့ၣ်လီၤ. လၢကမၤန့ၢ်တၢ်အံၤအဂီၢ်, ဝံသးစူၤ ကိး မိၣ်လံာ်န့ၣ် အဲၣ်အိၣ်ကရၢဖိတၢ်မၤစၢၤတၢ်မၤတဖၣ် (Molina of Iowa Member Services) ဖဲ (844) 236-0894 (TTY: 711).</p>
<p>Russian Русский</p>	<p>Вам бесплатно доступны следующие услуги: языковая помощь, вспомогательные средства, документы с крупным шрифтом, помощь устного переводчика, материалы в других форматах. Чтобы получить доступ к этим услугам, свяжитесь с Отделом обслуживания участников Molina of Iowa. (844)236-0894 (телетайп: 711).</p>

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