

Molina's **my**health**my**life

a newsletter just for Kentucky members

Winter 2026



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Take Care Wherever You Go!

It's easy with the My Molina mobile app

With My Molina you can:

- View your ID card
- Review your benefits
- Update your information
- Change your PCP
- Find a doctor, pharmacy or urgent care
- Check your symptoms

Download My Molina today!

To use the mobile app, you must first download it from the Apple App Store or Google Play Store.

- 1 | Open the App Store and search for My Molina.
- 2 | Download and install the My Molina app on your device.
- 3 | Open the My Molina app.
- 4 | Login or register.



Biosimilars: What our members need to know about the choices

- Biosimilars are like generics in some ways, in that, both types of medications are compared to a reference (original) product for approval.
 - They are like identical twins to the brand name/biologic drug.
- Biosimilars are like the original FDA approved medications and at low cost.
- A biosimilar and its first biologic are made from the same types of sources – and have the same treatment risks and benefits.
 - This means you can expect the same safety and success from the biosimilar as you would the first product.
- Biosimilars are safe and useful for treating many sickness.
- Biosimilars may be available at a lower cost than the first biologics.

If you are on biologic drug, please ask your doctor and pharmacy if a Biosimilar drug is on hand and can be substituted for you. Taking a biosimilar version of a drug is almost the same as taking the first version and more at a lower cost.



Passport has a new address!

We've moved! As of September 1, 2025,
our new mailing address is:

Passport by Molina Healthcare
2028 W. Broadway
Louisville, KY 40203



Your Online Portal, OPEN Day and Night

MyPassportHealthPlan.com is easy to use and lets you look after your health care online.

Things you can do:

- Print a Member ID Card
- Ask for a new card if you have lost yours
- Change your doctor
- Check your eligibility
- Change your contact info
- Get reminders for health services that you need

Just follow these easy steps to join:

- 1 |** Go to **www.MyPassportHealthPlan.com**
- 2 |** Enter your Member ID number, date of birth and zip code
- 3 |** Enter your email address
- 4 |** Make a password
- 5 |** Now you're ready to login and use My Passport Health Plan!



Reloadable Visa Card for Your Healthy Rewards



- The Healthy Rewards program is an easy way to earn rewards for seeing your doctor for visits and getting health tests that are covered by Passport at no cost to you.



- You get rewards by sending a **Healthy Rewards Attestation form**. The form is on our website at **passporthealthplan.com** under **What's Covered – Benefits and Rewards**.



- When you ask for your first Healthy Reward, you'll get a rewards card loaded with your earned rewards. After that, any new Healthy Rewards you send in will be added to the same card within seven days of proof. **Be sure to keep your card; we will reload it each time you earn more rewards.**



- The type of rewards on the Healthy Rewards Attestation Form is based on the type of testing done. Pre-birth and after-birth care will be given baby items rewards. You can earn other rewards like:



- Baby items like diapers, wipes, pack-n-play, or car seat
- Whole Care like groceries, home or private goods or pay bills
- Gas at the Pump



- Your rewards card can be used to buy thousands of eligible items, but there are some things that you cannot earn. These are (but are not limited to) alcohol, tobacco products, firearms, and makeup.

For a full listing of eligible items, stores, and non-eligible items, visit **HealthyBenefitsPlus.com/PassportHealthyRewards**



Pregnancy Program **HANDS**

Are you pregnant or the parent of a newborn?

Pregnancy and parenthood can bring a lot of big feelings, which come with questions, stress, and sometimes worries.

During pregnancy a parent may wonder:

- “Are the feelings I’m having about my pregnancy normal?”
- “What bodily changes and discomforts can happen during pregnancy?”
- “What should I know before birth and before bringing my baby home?”
- “How do I set up my other child/children for the new brother or sister?”

After the child is born you may have questions

- “How do I know what my baby needs when he cries?”
- “How do I help my baby and other children feel safe and loved?”
- “When should my child start walking and talking?”
- “How big is a dad’s role in a child’s growth?”
- “What is the right training for my child?”
- “How do I take care of everyone’s needs in my family?”

HANDS answers these kinds of questions and gives parents support in building the parent-child bond, at no cost to the family.

All parents and children will get education and learn about resources for parents. Some parents and children may get further support through home visitation. Those that do will take part in fun events, right in their home, to help them learn more about:

- Having a healthy pregnancy
- Caring for their baby
- How to bond with their child
- Making a safe and healthy home
- Child growth
- Dealing with stress

HANDS is a program from the Cabinet for Health and Family Services and is open to any parent who is having a new baby. Parents and children must join before the baby is born or before the child turns 90 days old. For more news, visit www.kyhands.com.



Kids and Lead Don't Mix!

Did you know just a small amount of lead could hurt your child's growth and brain development? Children exposed to lead may develop learning problems and miss more school days. They are also less likely to finish school.

Some ways kids get lead in their bodies:	
Eating paint flakes.	Older paint found inside and outside the home may have lead in it. Kids can put paint flakes or paint dust in their mouth. Lead paint has a sweet taste kids like.
Playing in dirt.	Some dirt may contain lead. Children can be exposed by touching, breathing or playing in soil.
Drinking water.	Some old pipes, faucets and other plumbing fixtures contain lead that can get into the water.

Lead blood test

Lead tests are covered at no cost to you! All children who have Medicaid need a lead blood test at ages 12 and 24 months. If your child is older than 24 months and hasn't had a lead blood test, don't worry! Ask your child's primary care provider (PCP) to do a lead test at their next checkup. The PCP can still do one and make sure your child has the best chance at healthy development.

What happens if my child has higher blood lead levels?

Step one is to get another blood test to make sure the first one was correct. If your child still tests high for lead, your child's doctor will alert the health department. Your local health department and your child's doctor will contact you to schedule follow-up care.

How to keep lead out of the body

Lead exposure can start during pregnancy because lead in the mom's body can pass through the placenta to the baby. If you're expecting a baby, talk to your pregnancy doctor about blood lead testing if you are worried you are at risk of having high blood lead levels. Your doctor can ask you questions about your risk and decide if you need blood lead testing.

Make sure you and your kids follow these tips to avoid lead exposure:

- Eat foods with calcium (milk and cheese), iron (lean red meat, beans, peanut butter), and vitamin C (oranges, green and red peppers, tomatoes, juices).
- Cook and store food safely. Dishes from other countries could have lead in the glaze or paint.
- Wash hands and toys after working or playing in dirt or dusting the home.
- Take your shoes off when you come inside. This helps keep any dirt with lead in it from spreading through the home.
- If you rent a home or apartment, talk with your landlord about fixing any chipping paint. If you own your home, take care of any repairs safely. Be extra careful when sanding or scraping paint.
- Keep children away from chipping paint and clean it up carefully.
- Remove any lead-based products from the home. This can be toys, jewelry, and even spices or makeup that come from outside the United States.

Want to know more?

To learn more about lead, visit the Kentucky's Childhood Lead Poisoning Prevention Program at <https://chfs.ky.gov/agencies/dph/dmch/cfhib/Pages/clppp.aspx>.

Source: Centers for Disease Control and Prevention (CDC)



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Louisville OSHC Opening

Visit the new Louisville One Stop Help Center

We are proud to say our newest One Stop Help Center in West Louisville is open! Found at 2028 West Broadway, the hub is your one-stop place for all things Passport and support.

- Health Training Sessions and Special Programs
- Vaccine Clinics
- Free Wifi, meeting room and telehealth support
- Face-to-face help with connecting to healthcare

**We're open Monday through Friday
from 9 a.m. to 5 p.m.**

