# MOLINA<sup>®</sup> QUALITY BULLETIN

# **Chronic Conditions**

# All Ohio Medicaid Managed Care Plan Diabetes Collaborative Diabetes Resources for Providers

The Ohio Medicaid Managed Care Plans have worked on several initiatives to help providers get care and services to treat their patients with diabetes. This started with aligning processes for diabetic supplies. To simplify how members get the supplies, we standardized quantity limits and partnered with vendors and pharmacists to make those necessities available at the corner drugstore. For more information, check out "Working Together, Plans Bring Better Diabetes Care" located here: <a href="https://oahp.org/2021/11/03/working-together-plans-bring-better-diabetes-care/">https://oahp.org/2021/11/03/working-together-plans-bring-better-diabetes-care/</a>.

Resources for the management of diabetes have been developed through collaboration with the Ohio Department of Medicaid, the Ohio Medicaid Managed Care Plans, and the Ohio Association of Health Plans (OAHP). The resources include:

- Introduction to the statewide diabetes collaboration
- · Care coordination approach and roles
- Diabetic benefits outlined
- Diabetes Self-Management Education (DSME) resources

These resources and additional information related to diabetes in Ohio are available on the OAHP website: <u>https://oahp.org/</u>.

# Molina My Health Program

Information for Medicaid and MyCare Ohio Providers

# Hypertension

Molina Healthcare (Molina) offers a health management program designed to support members with hypertension. With Molina's My Health Hypertension Program, members and their caregivers will be educated and empowered to manage their condition effectively. The Molina Health Management team identifies and engages members early in their disease to help provide education on their condition, create a self-management plan with their provider(s), learn about and avoid triggers to their condition, help with adherence to prescribed treatment and medication plans, and strengthen provider federally qualified health center (FQHC) & medical home connections.

Members are identified by primary and secondary clinical risk categories, prior cost of care, social determinants of health identifiers, level of implacability, and level of future risk. The program is easy for members to be involved in as the services are offered in-person, digitally or telephonically, and members have access to the Molina care team. The team includes Licensed Practical/Vocational Nurses, Registered Nurses, Pharmacists, Social Workers, Registered Dietitians, and Health Educators, along with our 24-Hour Nurse Advice Line. Members can self-refer or be referred by providers, care management, a community referral, the Nurse Advice Line, Member Services, or pharmacy.

#### **QUALITY BULLETIN**

#### **MOLINA HEALTHCARE OF OHIO**

With these engaging activities from the team, members can expect to complete the program in 30 to 90 days. Members work with their team on how often they are communicated with during the duration of the program. The team creates an individualized care plan for members, provides medication review and education, connects members to community resources & transportation, and much more.

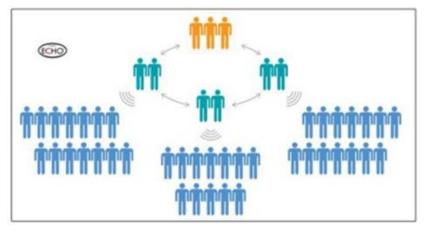
For questions or to request more information on the Molina My Health Hypertension Program, what the program requirements are to enroll, referrals, or removal from the program, contact the Molina Health Management Department at (866) 891-2320 (TTY/TDD: 711).

Molina's My Health Hypertension program is based on clinical practice guidelines from the MCG Chronic Care Guidelines, Center for Disease Control (CDC), American Heart Association, and the National Institute of Health (NIH). The guidelines are reviewed annually and updated, as necessary.

#### **Behavioral Health**

Project ECHO (Extension for Community Healthcare Outcomes) is an interactive, case-based learning collaborative created to help providers acquire skills to manage children with behavioral health (BH) conditions presenting in primary care offices.

The goal of project ECHO is to equip clinicians everywhere to provide better care to more people right where they live through education and support.



Sessions are conducted via telementoring, which increases the capacity to help providers manage specialty conditions in the primary care setting.

Providers teach other providers through case-based learning.

Providers can gain confidence to take the next step with BH management.

The Behavioral Health Primary Care ECHO series supports primary care providers in the assessment and management of behavioral health concerns for their patients. Sessions include short didactic presentations on commonly seen conditions in primary care, including depression, anxiety, ADHD, trauma, gender issues, substance use, and eating disorders, followed with behavioral health and pharmacological guidance through interactive, case-based learning.

What to expect: Participants will receive 11 hours of professional training through the following activities:

• Attend and participate in a 60-minute weekly session using a virtual platform

- Engage in interactive discussions and share knowledge, experience and resources through weekly participant case presentations
- Collaborate with an expert team and receive written recommendations from every session
- Earn CME/CE

Partners for Kids/Nationwide Children's Hospital has announced its 2022 schedule for Project ECHO: Behavioral Health for Primary Care Providers.

### BH Primary Care ECHO: Quarter 1

Session	Session Date Tuesdays 12-1 P.M. EST	Торіс
1	1/11/2022	ECHO Overview of Behavioral Health
2	1/18/2022	Depression and Mood Disorders
3	1/25/2022	Anxiety and Obsessive-Compulsive Disorder
4	2/1/2022	Irritability and Aggression
5	2/8/2022	Gender Dysphoria and Sexuality
6	2/15/2022	Eating Disorders
7	2/22/2022	Trauma and PTSD
8	3/1/2022	Improved Screening and Diagnosis
		Deep Dive on Psychopharmacological Topics
9	3/8/2022	Related to ADHD
10	3/15/2022	ADHD in Medical and Psychiatric Conditions
11	3/22/2022	ADHD Management in School and Home

To register for the Quarter 1 sessions, visit <u>https://is.gd/2022Foundations\_Plus\_Q1.</u>

For questions, email <u>BHPrimaryCareECHO@NationwideChildrens.org</u>.

# Member's Obstetric and Gynecological Health

### Molina Rewards for Member and Baby

Molina offers members the chance to earn up to \$250 in gift card rewards for taking steps to live a healthy life.

\$50	Current Molina members: For going to their first prenatal visit in their first trimester. Newly enrolled Molina members: For going to their prenatal visit within 42 days of joining Molina Healthcare.	
\$100	For going to their postpartum visit 7 to 84 days after their baby is born.*	
Up to \$100	For going to 6 well-child visits before their baby turns 15 months old. Members get \$10 for each visit – Plus, they get a \$40 bonus after they go to all 6 visits.	

Total value = up to \$250 in gift cards

\*If members had a C-section delivery, the staple removal visit will usually be separate from their postpartum visit. Members may only qualify once for postpartum reward during pregnancy.

#### **QUALITY BULLETIN**

#### Text4baby

Molina offers members personalized texts for new parents, from Text4baby. Molina members can text "BABY" to 511411 to get texts every week on topics like the signs of labor, nutrition tips, and safe sleep education. Texts are personalized for members based on their baby's birth date – And anyone can sign up, including dads, grandparents, or other caregivers!

#### 24/7 lactation counseling, through Pacify

Molina Healthcare members get the help they need during pregnancy and postpartum with a Pacify membership. Pacify is a mobile app that provides 24/7 virtual support from live lactation consultants. Members can get help with breastfeeding and ask questions anytime, day or night. The app also sends push notifications at key developmental milestones with tips and reminders, based on the baby's due date. Members can also contact the Molina 24-hour Nurse Advice Line, Member Services and transportation line directly from the app.

Members can call Member Service for more information on these programs and to get help signing up. To learn more about member benefits, check out the Member Handbook at www.MolinaHealthcare.com/OHMedicaidHandbook.

#### **Questions?**

Provider Services – <u>OHProviderRelations@MolinaHealthcare.com</u>

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