

Bathing Your Baby

Caring for Your New Baby

Do you have questions?

Call our 24-hour Nurse Advice Line.

We are here to help you.



English:

(888) 275-8750

Español:

(866) 648-3537

TTY/TDD:

711

Distributed by Molina Healthcare.
All material in this brochure is for
information only. It does not replace
your provider's advice.

To get this information in other languages
and accessible formats, please call Member
Services. This number is on the back of
your Member ID card.



MolinaHealthcare.com



Your Extended Family



Your Extended Family

How to keep your baby safe

1. Collect your bathing supplies before you start. You will need:
 - A washcloth or sponge
 - Baby soap
 - Baby shampoo (if your baby has hair)
 - A warm towel
 - A new diaper
2. Add 3 inches of water to the sink or baby tub.
3. The water should be warm, not hot.
4. Lower your baby into the water feet first.
5. Always support your baby's head and neck with your hand.

Where to bathe your baby

You can use a sink or a small plastic baby tub.

How often to bathe your baby

Give your new baby a sponge bath until the umbilical cord stump falls off. The stump will fall off about 2 weeks after birth if you keep it dry. Then, you can bathe your baby in a small tub.

Bathe your new baby a few times a week. Too many baths can dry out your baby's skin.



Bath time can be fun and a great way to **bond with your baby.**

Stay with your baby at all times.

Follow our tips to **keep your baby safe.**