# Alcohol and Drug Use While Pregnant

Using drugs while pregnant can cause a baby to have health problems. Drinking alcohol while pregnant is the most common cause of health problems in newborn babies.

## What are common health problems **in newborn babies?**

The baby might:

- Be born small
- Have problems eating and sleeping
- Have problems seeing, hearing and moving
- Be slow to develop



# What are common problems as a child grows up?

The child might:

- Have trouble following directions
- Have trouble paying attention and learning in school
- Need special teachers and schools
- Have trouble getting along with others
- Act out and not understand the effects of doing bad things
- Have a drug problem of his or her own

Some children may need special medical care all their lives. Some might not be able to live on their own when they grow up. Keep your baby healthy! Avoid drugs and alcohol while you are pregnant.

### Call your provider if you are using alcohol and/or drugs while pregnant.



### Do you have health questions?

Call our 24-hour Nurse Advice Line. We are here to help you.

#### English and other languages: (888) 275-8750 Español: (866) 648-3537 TTY/TDD: 711

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