

**Marketplace National Regional Benefit Interpretation Document**

<b>Benefit Name</b>	MENTAL HEALTH (INPATIENT AND OUTPATIENT)
<b>Applicable State</b>	California, Florida, Idaho, Illinois, Kentucky, Michigan, Mississippi, New Mexico, Ohio, South Carolina, Texas, Utah, Washington, Wisconsin
<b>Benefit Definition</b>	<p>This policy addresses inpatient and outpatient mental health services.</p> <p>Covered benefits are listed in three (3) Sections - A, B and C. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations and exclusions as stated in the member’s Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member’s EOC/SOB, the member’s EOC/SOB provision will govern.</p> <p><b>Essential Health Benefits for Individual and Small Group</b></p> <p>For plan years beginning on or after January 1, 2014, the Affordable Care Act of 2010 (ACA) requires fully insured non-grandfathered individual and small group plans (inside and outside of Exchanges) to provide coverage for ten categories of Essential Health Benefits (“EHBs”). Large group plans (both self-funded and fully insured), and small group ASO plans, are not subject to the requirement to offer coverage for EHBs. However, if such plans choose to provide coverage for benefits which are deemed EHBs (such as maternity benefits), the ACA requires all dollar limits on those benefits to be removed on all Grandfathered and Non-Grandfathered plans. The determination of which benefits constitute EHBs is made on a state by state basis. As such, when using this guideline, it is important to refer to the member specific benefit document to determine benefit coverage.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p><b>A. FEDERAL/STATE MANDATED REGULATIONS</b></p> </div> <p><b>Note: The most current federal/state mandated regulations for each state can be found in the links below.</b></p> <p><b>FEDERAL:</b></p> <p><b>Mental Health Parity and Addiction Equity Act:</b> Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or</p>

subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**CALIFORNIA:**

[H. R. 1424](#) Emergency Economic Stabilization Act of 2008 SEC. 512.  
MENTAL HEALTH PARITY

(a) **Amendments to Erisa.** [Section 712 of the Employee Retirement Income Security Act of 1974 \(29 U.S.C. 1185a\)](#)

**Article 5.6 Point-of-Service Health Care Service Plan Contracts  
California Health and Safety Code Section §1374.72**

(a) Every health care service plan contract issued, amended, or renewed on or after July 1, 2000, that provides hospital, medical, or surgical coverage shall provide coverage for the diagnosis and medically necessary treatment of severe mental illnesses of a person of any age, and of serious emotional disturbances of a child, as specified in subdivisions (d) and (e), under the same terms and conditions applied to other medical conditions as specified in subdivision (c).

**California Health and Safety Code Section §1374.73**

(a) (1) Every health care service plan contract that provides hospital, medical, or surgical coverage shall also provide coverage for behavioral health treatment for pervasive developmental disorder or autism no later than July 1, 2012. The coverage shall be provided in the same manner and shall be subject to the same requirements as provided in Section 1374.72.

**FLORIDA:**

HMO Contract – Fla. Stat. § 627.668- Mental and nervous disorders

**ILLINOIS:**

[750 ILCS 75/10](#)

[750 ILCS 75/20](#)

Mental Health [Parity](#) – “Serious Mental Illness”

[50 Ill. Adm. Code 5421.130\(h\)](#)

[215 ILCS 5/370c\(b\)\(1\)](#)

[215 ILCS 5/370 c.1](#)

**KENTUCKY:**

[Ky. Rev. Stat. § 304.17A-661](#): Treatment of mental health conditions to be covered under same terms and conditions as treatment of physical health conditions.

**MICHIGAN:**

[MCL500.3406b](#)

**MISSISSIPPI:**

[Miss. Code Ann. § 83-9-27- Alcoholism](#)

[Miss. Code Ann. § 83-9-39-](#) Mental illness

**OHIO:**

[Ohio Rev. Code § 3923.27](#): Hospitalization coverage for mental illness

[Ohio Rev. Code § 3923.28](#): Outpatient coverage for mental or emotional disorders

[Ohio Rev. Code § 1751.01\(A\)\(1\)\(g\)](#); [Ohio Rev. Code § 3923.281](#):  
Biologically based mental illness

[Ohio Rev. Code § 3923.82](#): Alcohol or drug related loss or expense

**TEXAS:**

**H. R. 1424 Emergency Economic Stabilization Act of 2008 SEC. 512.  
MENTAL HEALTH PARITY**

**Amendments to Erisa. [Section 712 of the Employee Retirement Income Security Act of 1974 \(29 U.S.C. 1185a\)](#) is amended (1) in subsection (a), by adding at the end the following:**

[TIC §1355.254](#)

**UTAH:**

[31A-22-625-](#) Catastrophic coverage of mental health conditions

**WASHINGTON:**

Mental Health Legislation WAC 284-43-7000 through 284-43-7120

The complete text can be accessed at

<http://app.leg.wa.gov/WAC/default.aspx?dispo=true&cite=284-43>

**WASHINGTON:** If offered must meet:

1. [RCW 48.43.091](#) **Health carrier coverage of outpatient mental health services-Requirements:** Every health carrier that provides coverage for any outpatient mental health service shall comply with the following requirements:

- a. In performing a utilization review of mental health services for a specific enrollee the utilization review is limited to accessing only the specific health care information contained in the enrollee's record.
- b. In performing an audit of a provider that has furnished mental health services to a carrier's enrollee's the audit is limited to accessing only the records of enrollee's covered by the specific health carrier for which the audit is being performed, except as otherwise permitted by RCW 70.02.050 and 71.05.630.

**RCW 41.05.600 Mental health services-Definition-** Coverage required when (HB 1154. New sections added. Applies to health insurance policies issued or renewed on or after 1/1/06; Only applies to large group (51+ employees); however, HB 1460, which was enacted in 2007 expands coverage to individual.

**RCW 48.46.291 Mental health services-Health Plans Definition-Coverage** required when (HB 1460. New sections added to expand coverage to individual and small group insurance markets issued or renewed on or after 1/1/08)

**RCW 48.20.580; 48.44.341- Mental health services, including prescription drugs to treat**

**WISCONSIN:**

[632.89 Mental Health Parity](#)

**B. STATE MARKET PLAN ENHANCEMENTS**

Some members may have additional inpatient mental health benefits. For member specific coverage and limitations for inpatient mental health benefit, refer to the member's EOC/SOB to determine coverage eligibility or contact the Customer Service Department.

**C. COVERED BENEFITS**

**IMPORTANT NOTE:** Covered benefits are listed in Sections A, B and C. Always refer to Sections A and B for additional covered benefits not listed in this Section.

Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.

## **MENTAL/BEHAVIORAL HEALTH**

### **CALIFORNIA:**

**Mental/Behavioral Health:** Molina covers medically necessary treatment of a mental health or substance use disorder, including services for the treatment of gender dysphoria, only when that disorder is listed in the mental and behavioral disorders chapter of the most recent edition of the International Classification of Diseases or is listed in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM).

**“Medically necessary treatment of a mental health or substance use disorder”** means a service or product addressing the specific needs of that patient, for the purpose of preventing, diagnosing, or treating an illness, injury, condition, or its symptoms, including minimizing the progression of that illness, injury, condition, or its symptoms, in a manner that is all of the following:

- In accordance with the generally accepted standards of mental health and substance use disorder care.
- Clinically appropriate in terms of type, frequency, extent, site, and duration.
- Not primarily for the economic benefit of the health care service plan and subscribers or for the convenience of the patient, treating physician, or other health care provider.

**Autism Spectrum Disorder:** Molina covers the diagnosis and treatment of autism spectrum disorders including autistic disorder, Asperger’s disorder, and pervasive developmental disorder not otherwise specified, as defined by the most recent version of the DSM.

**Outpatient Mental Health Services:** Molina covers the following outpatient care when provided by Participating Provider physicians or other Participating Providers who are licensed health care professionals acting within the scope of their license:

- Individual and group mental health evaluation and treatment
- Psychiatric diagnostic evaluation
- Outpatient services for the purpose of monitoring drug therapy
- Behavioral health treatment for Autism Spectrum Disorder (ASD)

**Outpatient Intensive Psychiatric Treatment Program:** Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Hospital-based intensive outpatient treatment; intensive outpatient program; partial hospitalization

- Multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Treatment in a crisis residential program in licensed psychiatric treatment facility; 24-hour-a-day monitoring must be provided by clinical staff for stabilization of an acute psychiatric crisis
- Psychiatric observation for an acute psychiatric crisis

***Inpatient Psychiatric Hospitalization:*** Molina covers inpatient psychiatric hospitalization in a Participating Provider hospital. Coverage includes room and board, drugs, and services of Participating Provider physicians and other Participating Providers who are licensed health care professionals acting within the scope of their license. This includes treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis.

***Mental Health Parity and Addiction Equity Act:*** Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services and may require Prior Authorization.

**Note:** Molina covers ABA- It is specified in the benchmark plan for CA

**FLORIDA:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient mental health services do not include therapy or counseling (e.g. career, marriage, divorce, parental or job). In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disabilities. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers mental health services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization.

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

To find a mental health Participating Provider, contact Beacon Health at 1 (800) 221-5487.

***Mental Health Parity and Addiction Equity Act:*** Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**Note:** Molina does not cover ABA for FL

**IDAHO:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient Mental Health Services. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient Mental Health Services do not include therapy or counseling for career, marriage, divorce, parental or job. In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disability. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers Mental Health Services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization

Molina covers the following outpatient intensive psychiatric treatment programs at a facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term Hospital-based intensive outpatient care (partial Hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program



- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Note:** Molina covers ABA for ID- <https://doi.idaho.gov/wp-content/uploads/ID/4924.pdf>

**ILLINOIS:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient mental health services do not include therapy or counseling (e.g. career, marriage, Civil Union, divorce, parental or job). In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disabilities. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers mental health services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization.

Molina covers the following intensive outpatient psychiatric (IOP) treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Mental Health Parity and Addiction Equity Act:** Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**Note:** Molina covers ABA for IL

**KENTUCKY:**

**Mental Health Services (Inpatient and Outpatient):** Passport covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Passport covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition or substance abuse disorder identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Passport covers mental health services delivered in various settings, including:

- Services for children and adults in day treatment programs;
- Services for persons with chronic Mental Disorders provided through a community support program; and

- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization.

Passport covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

***Mental Health Parity and Addiction Equity Act:*** Passport complies with the Mental Health Parity and Addiction Equity Act and similar State Law. Mental Health Services and Substance Use Disorder services are provided in parity with medical/surgical and pharmacy benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**Note:** Passport covers ABA for KY

**MICHIGAN:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive

illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient Mental Health Services do not include therapy or counseling (e.g. career, marriage, divorce, parental or job). In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disabilities. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers Mental Health Services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another Provider for stabilization.

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term Hospital-based intensive outpatient care (partial Hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Mental Health Parity and Addiction Equity Act:** Molina complies with the Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical and pharmacy benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**Note:** Molina covers ABA for MI

**MISSISSIPPI:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient mental health services do not include therapy or counseling services for situations such as career, marriage, divorce, parental or job. In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disabilities. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers mental health services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization.

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program

- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Mental Health Parity and Addiction Equity Act:** Molina complies with the Mental Health Parity and Addiction Equity Act. Mental health and Substance Use Disorder benefits are provided in parity with medical/surgical and pharmacy benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**Note:** Molina does not cover ABA for MS

**NEW MEXICO:**

**Mental Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Behavioral Health, or Substance Abuse drugs subject to Senate Bill 317 are at No Charge.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient mental health services do not include therapy or for any of the following: career, marriage, divorce, parental, behavioral, job, learning disabilities, and intellectual disability. In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or intellectual disability. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers mental health services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program

- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Mental Health Parity and Addiction Equity Act:** Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**Note:** Molina covers ABA with PA for NM

**OHIO:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major

depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Outpatient care for treatment of mental health services does not include therapy or counseling for any of the following: career, marriage, divorce, parental, job, learning disabilities, and mental disability. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers mental health services delivered in various settings, including:

- Services for children and adults in day treatment programs.
- Services for persons with chronic Mental Disorders provided through a community support program.
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another Provider for stabilization.
- Inpatient hospitalization in a Participating Provider Hospital for a Mental Disorder. Coverage includes room and board, drugs, and services of Participating Providers. Molina covers inpatient mental health services only when the services are for the diagnosis or treatment of Mental Disorders.

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term Hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Mental Health Parity and Addiction Equity Act:** Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.



**Note:** Molina covers ABA for OH

**SOUTH CAROLINA:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient hospital and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for emergency involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Emergency involuntary admissions do not require Prior Authorization; however, the admitting facility must notify Molina of the admission, which is subject to meeting Medical Necessity criteria. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient mental health services do not include therapy or counseling for career, marriage, divorce, parental or job. In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disabilities. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers child and adult mental health services delivered in a variety of community-based settings, including:

- Day Treatment Programs
- Community Support Programs
- Crisis Stabilization Programs

Molina covers the following Participating Provider facility hospital-based outpatient mental health services:

- Psychiatric Observation
- Psychiatric Partial Hospitalization (PHP)
- Psychiatric Intensive Outpatient

*Autism Spectrum Disorder:* Molina covers the diagnosis and treatment of autism spectrum disorders including autistic disorder, Asperger’s disorder, and pervasive developmental disorder not otherwise specified, as defined by the Diagnostic and Statistical Manual, current edition.

*Mental Health Parity and Addiction Equity Act:* Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**Note:** The SC health plan does not cover ABA for Marketplace.

**TEXAS:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Benefits and coverage for mental health conditions are provided under the same terms and conditions applicable to the Molina's medical and surgical benefits and coverage; and Molina will not impose quantitative or nonquantitative treatment limitations on benefits for a mental health condition that are generally more restrictive than quantitative or nonquantitative treatment limitations imposed on coverage of benefits for medical or surgical expenses.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient mental health services do not include therapy or counseling (e.g. career, marriage, divorce, parental or job). In addition, inpatient services do not include treatment or testing related to learning disabilities or mental disabilities. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers mental health services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization.

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Mental Health Parity and Addiction Equity Act:** Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization

**Note:** Molina covers ABA for TX

**UTAH:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient Mental Health Services do not include therapy or counseling (for career, marriage, divorce, parental or job). In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental retardation. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers Mental Health Services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization.

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term Hospital-based intensive outpatient care (partial Hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Note:** Molina does cover ABA for UT (**Utah Admin Code 31A-22-642**)

**WASHINGTON:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary admissions, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina covers the following outpatient mental health services when provided by Participating Providers who are physicians or Other Practitioners acting within the scope of their license and qualified to treat mental illness:

- Individual, family and group mental health evaluation and treatment
- Psychological testing when necessary to evaluate a Mental Disorder (defined below)
- Outpatient services for the purpose of monitoring drug therapy
- Court ordered medically necessary mental health treatment
- Services provided pursuant to involuntary commitment proceedings
- Home healthcare services when provided by qualified providers and subject to Home Healthcare services limitations
- Mental health treatment for diagnostic codes F65.0 through F65.4, F65.50 through F65.52, F65.81, F65.89, F65.9 and F66 in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM), or for "V code" diagnoses including medically necessary services for parent-child relational problems for children five years of age or younger, neglect or abuse of a child for children five years of age or younger, bereavement for children five years of age or younger, and gender dysphoria consistent with Washington state law.

Molina covers outpatient mental and behavioral health services only when the services are for the diagnosis or treatment of Mental Disorders. A "Mental Disorder" is a mental health condition identified as a "mental disorder" in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM), including eating disorders associated with a diagnosis of a DSM

categorized mental health condition, that results in clinically significant distress or impairment of mental, emotional, or behavioral functioning.

Inpatient and outpatient mental health services do not include therapy or counseling for career, marriage, divorce, parental or job. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers Mental Health Services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization.

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Mental Health Parity and Addiction Equity Act:** Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization

**Note:** Molina covers ABA for WA

**WISCONSIN:**

**Mental Health Services (Inpatient and Outpatient):** Molina covers inpatient and outpatient mental health services when provided by Participating Providers and facilities acting within the scope of their license. Except for involuntary

admissions and substance abuse evaluations, all inpatient admissions, and certain outpatient services require Prior Authorization. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Inpatient and outpatient mental health services do not include therapy or counseling services for situations such as, career, marriage, divorce, parental or job. In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disabilities. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers mental health services delivered in various settings, including:

- Services for children and adults in day treatment programs
- Services for persons with chronic Mental Disorders provided through a community support program
- Coordinated Emergency Services for Members who are experiencing a mental health crisis or who are in a situation likely to turn into a mental health crisis if support is not provided. Benefits for these services are to be provided for the time period the Member is experiencing the crisis until he/she is stabilized or referred to another provider for stabilization.

Molina covers the following outpatient intensive psychiatric treatment programs at a Participating Provider facility:

- Psychiatric observation for an acute psychiatric crisis
- Short-term hospital-based intensive outpatient care (partial hospitalization)
- Short-term multidisciplinary treatment in an intensive outpatient psychiatric treatment program
- Short-term treatment in a crisis residential program in a licensed psychiatric treatment facility with 24-hour-a-day monitoring by clinical staff for stabilization of an acute psychiatric crisis

**Mental Health Parity and Addiction Equity Act:** Molina complies with the Mental Health Parity and Addiction Equity Act. Mental Health and Substance Use Disorder benefits are provided in parity with medical/surgical and pharmacy benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

**Note:** Molina covers ABA for WI

**LIMITATIONS FOR MENTAL/BEHAVIORAL HEALTH:**

**MS: Outpatient Services:** 52 visit per year limit; Exclusion: Does not include counseling services (e.g., career, marriage, divorce, parental, behavioral, job, treatment or testing related to autistic disease of childhood, learning disabilities, mental retardation).

**MS: Inpatient Services:** 30 day per year limit; Exclusion: Does not include counseling services (e.g., career, marriage, divorce, parental, behavioral, job, treatment or testing related to autistic disease of childhood, learning disabilities, mental retardation).

**MORE INFORMATION**

Refer to the Benefit Interpretation Policy titled **Substance Abuse** and **Autism Spectrum Disorder**

**D. NOT COVERED**

Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.

**MENTAL HEALTH SERVICES**

**FLORIDA, IDAHO, KENTUCKY, MICHIGAN, MISSISSIPPI, SOUTH CAROLINA, TEXAS, UTAH, WISCONSIN:**

Inpatient and outpatient mental health services do not include therapy or counseling (for career, marriage, divorce, parental or job). In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disabilities. Molina and Passport (for KY) do not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

**ILLINOIS:**



Inpatient and outpatient mental health services do not include therapy or counseling (e.g. career, marriage, Civil Union, divorce, parental or job). In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or mental disabilities. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

**NEW MEXICO:**

Inpatient and outpatient mental health services do not include therapy or for any of the following: career, marriage, divorce, parental, behavioral, job, learning disabilities, and intellectual disability. In addition, inpatient services do not include treatment or testing related to autistic spectrum disorders, learning disabilities or intellectual disability. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

**OHIO:**

Outpatient care for treatment of mental health services does not include therapy or counseling for any of the following: career, marriage, divorce, parental, job, learning disabilities, and mental disability. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

**WASHINGTON:**

Inpatient and outpatient mental health services do not include therapy or counseling for career, marriage, divorce, parental or job. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

**APPLIED BEHAVIOR ANALYSIS (ABA)**

**FLORIDA, MISSISSIPPI, and SOUTH CAROLINA:**

Molina does not cover ABA

**E. REFERENCES**

**Mental Health Parity Act of 1996**

**F. DEFINITIONS**

[See Glossary](#)

**Mental Health Services:** Medically Necessary outpatient and inpatient services provided to treat mental disorders covered by the diagnostic categories listed in the most current version of the diagnostic and statistical manual of mental

	<p>disorders, published by the American Psychiatric Association and any associated State or Federal laws.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <b>G. POLICY HISTORY/REVISION INFORMATION</b> </div> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #cccccc;"> <th style="text-align: left;">Date</th> <th style="text-align: left;">Action/Description</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">4/15/2021</td> <td> <ul style="list-style-type: none"> <li>Added KY 2022 Drafted Language</li> </ul> </td> </tr> <tr> <td style="text-align: center;">5/14/2021</td> <td> <ul style="list-style-type: none"> <li>Added IL 2022 EOC Language</li> </ul> </td> </tr> <tr> <td style="text-align: center;">6/29/2021</td> <td> <ul style="list-style-type: none"> <li>Added ID 2022 EOC</li> </ul> </td> </tr> </tbody> </table>	Date	Action/Description	4/15/2021	<ul style="list-style-type: none"> <li>Added KY 2022 Drafted Language</li> </ul>	5/14/2021	<ul style="list-style-type: none"> <li>Added IL 2022 EOC Language</li> </ul>	6/29/2021	<ul style="list-style-type: none"> <li>Added ID 2022 EOC</li> </ul>
Date	Action/Description								
4/15/2021	<ul style="list-style-type: none"> <li>Added KY 2022 Drafted Language</li> </ul>								
5/14/2021	<ul style="list-style-type: none"> <li>Added IL 2022 EOC Language</li> </ul>								
6/29/2021	<ul style="list-style-type: none"> <li>Added ID 2022 EOC</li> </ul>								
<b>Procedure Codes (Internal Use Only)</b>	<p>The ECT (90870), TMS (90867, 90868, 90869) codes are currently configured in benefits requiring PA and should be covered for all MP states</p> <p><b>Coding Disclaimer:</b> Codes listed in this policy are for reference purposes only and may not be all-inclusive. Deleted codes and codes which are not effective at the time the service is rendered may not be eligible for reimbursement. Coverage is determined by the benefit document. Molina adheres to Current Procedural Terminology (CPT<sup>®</sup>), a registered trademark of the American Medical Association (AMA). All CPT codes and descriptions are copyrighted by the AMA; this information is included for informational purposes only. Providers and facilities are expected to utilize industry standard coding practices for all submissions. When improper billing and coding is not followed, Molina has the right to reject/deny the claim and recover claim payment(s). Due to changing industry practices, Molina reserves the right to revise this policy as needed.</p>								
<b>Prior Authorization</b>	<p>For the MHI PA Matrix, if a code is NOT listed, it could EITHER be:</p> <ol style="list-style-type: none"> <li>a. Covered and No PA Required</li> <li>b. Not Covered</li> </ol> <p>You cannot use the MHI PA Matrix to make coverage determinations.</p> <p><a href="#">PA Lookup Tool</a></p>								

Approval	Departments	Product	CIM	Clinical Management
	Date	3/17/2021	4/29/2021	4/7/2021
	Revised (for 1/1/2022)	11/9/2021		11/9/2021