



Marketplace National Regional Benefit Interpretation Document

Benefit Name	DIABETIC MANAGEMENT SERVICES				
Applicable State	California, Florida, Idaho, Illinois, Kentucky, Michigan, Mississippi, New Mexico, Ohio, South Carolina, Texas, Utah, Washington, Wisconsin				
Benefit Definition	This policy addresses diabetic management and treatment, including outpatient diabetic self-management training, diabetic supplies and equipment, continuous subcutaneous insulin infusion pump (CSII) and related supplies, visual aids, pen delivery systems, test strips, diabetic tablets, and insulin syringes.				
	Covered benefits are listed in three (3) Sections - A, B and C. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations and exclusions as stated in the member's Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member's EOC/SOB, the member's EOC/SOB provision will govern.				
	Essential Health Benefits for Individuals and Small Groups For plan years beginning on or after January 1, 2014, the Affordable Care Act of 2010 (ACA) requires fully insured non-grandfathered individual and small group plans (inside and outside of Exchanges) to provide coverage for ten categories of Essential Health Benefits ("EHBs"). Large group plans (both self-funded and fully insured), and small group ASO plans, are not subject to the requirement to offer coverage for EHBs. However, if such plans choose to provide coverage for benefits which are deemed EHBs (such as maternity benefits), the ACA requires all dollar limits on those benefits to be removed on all Grandfathered and Non-Grandfathered plans. The determination of which benefits constitute EHBs is made on a state by state basis. As such, when using this guideline, it is important to refer to the member specific benefit document to determine benefit coverage.				
	A. FEDERAL/STATE MANDATED REGULATIONS				
	Note: The most current federal/state mandated regulations for each state can be found in the links below.				
	CALIFORNIA: <u>California Health and Safety Code 1367.51</u> : Diabetes education, management, and treatment				



California Health and Safety Code 1367.19:

On and after January 1, 1991, every health care service plan, except a specialized health care service plan, that covers hospital, medical, or surgical expenses on a group basis shall offer coverage as an option for special footwear needed by persons who suffer from foot disfigurement under such terms and conditions as may be agreed upon between the group contract holder and the plan.

As used in this section, foot disfigurement shall include, but not be limited to, disfigurement from cerebral palsy, arthritis, polio, spina bifida, diabetes, and foot disfigurement caused by accident or developmental disability.

CA <u>SB-473</u> [Bill passed in Senate and sent to Assembly] -- Effective 1/1/23, maximum \$35 per month for insulin, with no deductible. The bill also prohibits a deductible for other diabetes supplies (syringes, blood glucose monitors, testing strips, etc.).

FLORIDA:

Fla. Stat. § 627.6408: Diabetes treatment services Fla. Stat. § 641.31(26): Diabetes treatment

ILLINOIS:

P.A. 90-0741 - 215 ILCS 5/356w(d)(e): Diabetes self-management training and education

<u>50 IL Adm Code 2019.40</u>: Minimum Benefit Standards for Diabetes Coverage

215 ILCS 125/5-3: Diabetes self-management

Diabetes self-management

Amended by P.A. 97-281: Law was amended by P.A. 97-281 to expand definition of diabetes self-management training to include services that allow the patient to maintain A1c level within the range of nationally recognized standards of care.

215 ILCS 5/356z.41: Cost-sharing limits on prescription insulin

IL – 1/1/2021 - Insulin cap at \$100 per month - SR0005 102ND GENERAL ASSEMBLY (ilga.gov)

IDAHO:

ID: Has no Insulin Cost Share Cap

KENTUCKY:





Ky. Rev. Stat. § 304.17A-148: Coverage for diabetes -- Cap on cost-sharing requirements for insulin. (Effective January 1, 2022)

MISSISSIPPI:

Miss. Code Ann. § 83-9-46- Diabetes Treatment

MS <u>SB-2031</u> [Bill already **died in committee**] – Max \$100 per 30-day supply of insulin.

NEW MEXICO:

NMSA 59A-22-41; NMSA 59A-46-43- Coverage for Individuals with Diabetes

NM - 1/1/2021 - Insulin cap at \$25 per 30 day for diabetes - <u>HB0292</u> (nmlegis.gov)

SOUTH CAROLINA:

S.C. Code Ann. §38-71-46- Diabetes Education/Diabetic Supplies

SC <u>HB-4245</u> [The bill is in committee in the House and must pass and be sent to the Senate by Thursday April 7th, or it will die.] – Max \$100 per 30-day supply of insulin.

TEXAS:

28 TAC § 21.2602-2606 Diabetes

§21.2602 Required Benefits for Persons with Diabetes

§21.2603 Out of Pocket Expenses

§21.2604 Minimum Standards for Benefits for Persons with Diabetes, Requirement for Periodic Assessment of Physician and Organization Compliance

§21.2605. Diabetes Equipment and Supplies

§21.2606. Diabetes Self-Management Training

TIC Chapter 1358: Subchapter A. Guidelines for Diabetes Care; Minimum Coverage Required

SUBCHAPTER B. Supplies and Services Associated with Diabetes Treatment

Sec. 1358.054. Coverage Required.



Sec. 1358.055. Diabetes Self-Management Training

Sec. 1358.056. Coverage for New or Improved Equipment and Supplies

28 TAC RULE §11.508 Basic Health Care Services and Mandatory Benefit Standards: Group, Individual, and Conversion Agreements

UTAH:

31A-22-626 - Coverage of Diabetes

UT: the cap for insulin is set at \$27 for 30-day supply (Bulletin 2022-1 & 31A-22-626(4)(a)) (use link above)

WASHINGTON:

RCW 48.44.315, Diabetes Coverage

RCW 48.46.272, Diabetes Coverage: Definitions

WA: There is current proposed legislation (SB 5546) Beginning January 1, 2023, health plans must cap the total amount an enrollee is required to pay for a covered insulin drug at an amount not to exceed \$35 per 30-day supply. This limit expires on January 1, 2024.

WISCONSIN:

632.895(6) - Diabetes equipment and supplies

B. STATE MARKET PLAN ENHANCEMENTS

Glucose monitors are covered under the member's DME benefit; test strips are covered under the pharmacy benefit.

Continuous glucose monitors are covered under the pharmacy benefit and not the medical benefit.

Insulin may be covered under the pharmacy benefit for coverage for selfadministered outpatient use. Cost-sharing varies for each state

Insulin syringes and pen needles may be covered under the pharmacy benefit

Insulin Delivery Pump Devices may be covered under the medical or pharmacy benefit. It varies based on the type of pump (traditional external vs. disposable)



C. COVERED BENEFITS

IMPORTANT NOTE: Covered benefits are listed in Sections A, B and C. Always refer to Sections A and B for additional covered benefits not listed in this Section.

Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.

DIABETES SERVICES

CALIFORNIA:

Diabetes Services: Molina covers the following diabetes-related services:

- Diabetes self-management training and education when provided by a
- Participating Provider
- Diabetic eye examinations (dilated retinal examinations)
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Routine foot care (including for care of corns, bunions, calluses, or debridement
- of nails).
- Podiatric devices (including footwear) to prevent or treat diabetes-related
- complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - Diabetes education and self-management
 - Diabetes (Type 2) screening
 - Screening for gestational diabetes
- Dietician services
- Nutritional counseling

FLORIDA, MICHIGAN, MISSISSIPPI, SOUTH CAROLINA:

Molina covers the following diabetes-related services:

- Diabetes self-management training and education when provided by a Participating Provider
- Diabetic eye examinations (dilated retinal examinations)
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Routine foot care for Members with diabetes (including for care of corns, bunions, calluses, or debridement of nails).





- Podiatric devices (including footwear) to prevent or treat diabetesrelated complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - Diabetes (Type 2) screening
 - Screening for gestational diabetes
- Dietitian services
- Nutritional counseling

IDAHO:

Diabetes Services: Molina covers the following diabetes-related services and supplies:

- Diabetes self-management training and education
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Routine foot care for Members with diabetes (including for care of corns,
- bunions, calluses, or debridement of nails).
- Podiatric devices (including footwear) to prevent or treat diabetes-related
- complications
- Preventive Services including:
 - o Diabetes education and self-management
 - o Diabetes (Type 2) screening
 - Screening for gestational diabetes
 - Dietician services
- Blood glucose monitors designed to assist Members with low vision or who are blind
- Insulin pumps and all related necessary supplies
- Podiatric devices to prevent or treat diabetes related foot problems
- Visual aids, excluding eyewear, to assist those with low vision with proper dosing of insulin.

ILLINOIS:

Diabetes Services: Molina covers the following diabetes related services:

- Diabetes self-management training and education when provided by a Participating Provider
- Telehealth services
- Diabetic eye examinations (dilated retinal examinations)
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training



- Routine foot care for Members with diabetes (including for care of corns, bunions, calluses, or debridement of nails) by a Participating Provider within the scope of their license.
- Podiatric devices (including footwear) to prevent or treat diabetesrelated complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - Diabetes (Type 2) screening
 - Screening for gestational diabetes
 - A1C testing
- Nutritional counseling

KENTUCKY:

Diabetes Services: Passport covers the following diabetes related services:

- Diabetes self-management training and education when provided by a Participating Provider
- Diabetic eye examinations (dilated retinal examinations)
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Routine foot care for Members with diabetes (including for care of corns, bunions, calluses, or debridement of nails)
- Podiatric devices (including footwear) to prevent or treat diabetes-related complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - o Diabetes (Type 2) screening
 - Screening for gestational diabetes
- Nutritional counseling

NEW MEXICO:

Diabetes Services: Molina covers the following diabetes-related services:

- Diabetes self-management training and education when provided by a Participating Provider
- Diabetic eye examinations (dilated retinal examinations)
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Routine foot care for Members with diabetes (including for care of corns, bunions, calluses, or debridement of nails)



- Podiatric devices (including footwear) to prevent or treat diabetesrelated complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - o Diabetes education and self-management
 - Diabetes (Type 2) screening
- Screening for gestational diabetes
- Dietician services
- Nutritional counseling

OHIO, TEXAS:

Diabetes Services: Molina covers the following diabetes-related services:

- Diabetes self-management training and education when provided by a Participating Provider
- Diabetic eye examinations (dilated retinal examinations)
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Routine foot care for Members with diabetes (including for care of corns, bunions, calluses, or debridement of nails).
- Podiatric devices (including footwear) to prevent or treat diabetesrelated complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - o Diabetes education and self-management
 - Diabetes (Type 2) screening
 - Screening for gestational diabetes
- Dietician services
- Nutritional counseling

UTAH:

Diabetes Services: Molina covers the following diabetes-related services:

- Diabetes self-management training/education when provided by a Participating Provider
- Diabetic eye examinations (dilated retinal examinations) (limited to 1 visit per year)
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Routine foot care for Members with diabetes (including for care of corns, bunions, calluses, or debridement of nails).



- Podiatric devices (including footwear) to prevent or treat diabetesrelated complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - Diabetes education and self-management
 - Diabetes (Type 2) screening
 - Screening for gestational diabetes
- Dietician services
- Nutritional counseling

WASHINGTON:

Molina covers the following diabetes-related services and supplies:

- Diabetes self-management training/education when provided by a Participating Provider
- Diabetic eye examinations (dilated retinal examinations) (limited to 1 visit per year)
- Easy to read diabetic health education materials
- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Routine foot care for Members with diabetes (including for care of corns, bunions, calluses, or debridement of nails).
- Podiatric devices (including footwear) to prevent or treat diabetes-related complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - o Diabetes education and self-management
 - o Diabetes (Type 2) screening
 - Screening for gestational diabetes
- Dietician services
- Blood glucose monitors designed to assist Members with low vision or who are blind
- Insulin pumps and all related necessary supplies
- Podiatric devices to prevent or treat diabetes related foot problems
- Visual aids, excluding eyewear, to assist those with low vision with proper dosing of insulin

WISCONSIN:

Diabetes Services: Molina covers the following diabetes-related services:

- Diabetes self-management training and education when provided by a Participating Provider
- Diabetic eye examinations (dilated retinal examinations)
- Easy to read diabetic health education materials





- Medical nutrition therapy in an outpatient, inpatient or home health setting
- Outpatient self-management training
- Preventive, routine foot care for Members with diabetes (including care of corns, bunions, calluses, or debridement of nails).
- Podiatric devices (including footwear) to prevent or treat diabetes-related complications when prescribed by a Participating Provider who is a podiatrist
- Preventive Services including:
 - Diabetes (Type 2) screening
 - Screening for gestational diabetes
- Dietitian services
- Nutritional counseling

Diabetes equipment and supplies are listed as a state required benefit for WI

DIABETIC SUPPLIES

ALL STATES:

Insulin and prescription diabetes drugs; prescription and nonprescription oral agents for controlling blood sugar levels; glucagon emergency kits are covered (Pharmacy)

CALIFORNIA:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin.

FLORIDA:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin.

IDAHO:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin.

ILLINOIS:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors,





continuous glucose monitoring DME, blood glucose test strips, urine test strips, Glucagon emergency Kit and select pen delivery systems for the administration of insulin. Member Cost Sharing for covered insulin medication is limited to \$100 per thirty day supply of each prescription drug. This does not include drugs that are combination of insulin and another non-insulin drug.

KENTUCKY:

Diabetic Supplies: Passport covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin. Passport also covers all equipment, supplies, outpatient self-management training and education, including medical nutrition therapy, and all medications necessary for the treatment of insulin-dependent diabetes, insulin-using diabetes, gestational diabetes, and noninsulin-using diabetes if prescribed by a health care provider legally authorized to prescribe the items. Member Cost Sharing for covered insulin medication is limited to \$30 per thirty day supply of each prescription insulin drug. This does not include drugs that are combination of insulin and another non-insulin drug.

MICHIGAN:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin.

MISSISSIPPI:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin.

NEW MEXICO:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, including those for the legally blind, insulin injection aids, including those adaptable to meet the needs of the legally blind, prescriptive oral agents for controlling blood sugar levels, glucagon emergency kits, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin. Member Cost Sharing for covered insulin medication is limited to \$25 per thirty day supply of each prescription insulin drug. This does not include drugs that are combination of insulin and another non-insulin drug.





OHIO:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin.

SOUTH CAROLINA:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin.

TEXAS:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin. Molina also covers new or improved diabetic equipment and supplies, including improved insulin or another prescription drug approved by the United States Food and Drug Administration. Select pen delivery systems for the administration of insulin are also covered. Member Cost Sharing for covered insulin medication is limited to \$25 per thirty day supply of each prescription insulin drug. This does not include drugs that are combination of insulin and another non-insulin drug.

UTAH:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin. Member Cost Sharing for covered insulin medication is limited to \$27 per thirty day supply of each prescription insulin drug. This does not include drugs that are combination of insulin and another non-insulin drug.

WASHINGTON:

Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin. Member Cost Sharing for covered insulin medication is not subject to deductible and is limited to \$35 per thirty-day supply of the medication. This does not include drugs that are combination of insulin and another non-insulin drug.

WISCONSIN:





Diabetic Supplies: Molina covers diabetic supplies on the Formulary such as insulin syringes, insulin infusion pumps (limited to one pump per calendar year), lancets and lancet puncture devices, blood glucose monitors, continuous glucose monitoring DME, blood glucose test strips, urine test strips, and select pen delivery systems for the administration of insulin.

DIABETES PREVENTION PROGRAM

CALIFORNIA ONLY:

Molina's Diabetes Prevention Program (DPP) is a CDC-recognized lifestyle change program. The DPP was developed to prevent type 2 diabetes. It is designed for Molina Members who have prediabetes or are at risk for type 2 diabetes. The DPP is not for Members who already have diabetes or who are currently pregnant.

Trained coaches lead the program to help Members change certain aspects of their lifestyle. They will show Members how to eat healthier, reduce stress, and get more physical activity. The program also includes group support from others who share goals and struggles. This lifestyle change program is not a fad diet or an exercise class. It's not a quick fix. It's a year-long program focused on long-term changes and lasting results.

A year might sound like a long time, but learning new habits, gaining new skills, and building confidence takes time. As a Member begins to eat better and becomes more active, the Member will notice changes. The changes may be in how the Member feels or even in how the Member looks. The DPP staff will work with Members to see if they are ready to enroll in the program.

To qualify for the program, Members should meet all of the following requirements:

- Be at least 18 years old
- Be overweight
- Not have type 1 or type 2 diabetes
- Have a blood test result in the prediabetes range within the past 12 months; OR have been diagnosed with gestational diabetes in the past (not pregnant now).

Members can access Molina's Diabetes Prevention Program by visiting their provider or by calling Customer Support.

MORE INFORMATION

Refer to the Benefit Interpretation Policies titled <u>Preventive Care Services</u>, <u>DME</u>, <u>Prosthetics and Medical Supplies Grid (not created yet) and Vision Care</u>.





For information regarding Diabetes Supplies, please refer to the BI Policy titled "Medications and Off-Label Drugs"

D. NOT COVERED

Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.

ROUTINE FOOT CARE ITEMS AND SERVICES

ALL STATES:

Routine foot care items and services are not covered, except for Members with diabetes.

E. DEFINITIONS

See Glossary

F. REFERENCES

<u>CFR Title 42, Chapter IV, §410. 132 - §410.146 - Outpatient Self-Management Training and Diabetes Outcome Measurements</u> (Accessed January 2, 2020)

NCD for Diabetes Outpatient Self-Management Training (40.1) (Accessed January 2,2020)

G. POLICY HISTORY/REVISION INFORMATION

Date	Action/Description		
4/15/2021	 Added KY 2022 Drafted Language 		
5/14/2021	Added IL 2022 EOC Language		
6/28/2021	Added ID 2022 EOC Language		

Procedure Codes (Internal Use Only) BI Policy Configuration Diabetes Management Services

BI Policy Configuration Pharmacy Diabetes Supplies

Coding Disclaimer: Codes listed in this policy are for reference purposes only and may not be all-inclusive. Deleted codes and codes which are not effective at the time the service is rendered may not be eligible for reimbursement. Coverage is





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	determined by the benefit document. Molina adheres to Current Procedural							
	Terminology (CPT®), a registered trademark of the American Medical Association							
	(AMA). All CPT c	odes and descr	iptions are cop	oyrighted by the A	AMA; this			
	information is in	ncluded for info	rmational purp	ooses only. Provid	ders and facilities			
	are expected to	pected to utilize industry standard coding practices for all submissions.						
	When improper billing and coding is not followed, Molina has the right to							
	reject/deny the claim and recover claim payment(s). Due to changing industry							
	practices, Molin	a reserves the r	right to revise	this policy as nee	ded.			
	For the MHI PA Matrix, if a code is NOT listed, it could EITHER be:							
	a.	Covered and N	o PA Required					
	b.	Not Covered						
	You cannot use	the MHI PA Ma	trix to make co	overage determin	ations.			
	PA Lookup Tool							
	Departments	Product	CIM	Clinical	Pharmacy			
				Management				

Approval

Prior

Authorization

Departments	Product	CIM	Clinical Management	Pharmacy
Date	2/18/2021	3/2/2021	3/16/2021	-
Revised (for 1/1/2022)	10/26/2021	3/2/2022	10/26/2021	1/21/2022
Revised (for 1/1/2023)	11/15/2022		11/15/2022	12/21/2022