



# **Marketplace National Regional Benefit Interpretation Document**

Benefit Name	BIOFEEDBACK AND NEUROFEEDBACK		
Applicable State	California, Florida, Idaho, Illinois, Kentucky, Michigan, Mississippi, Nevada, New Mexico, Ohio, South Carolina, Texas, Utah, Washington, Wisconsin		
Benefit Details	This policy addresses biofeedback for bladder rehabilitation, migraine headaches, and acquired brain injury.		
	Covered benefits are listed in three (3) Sections - A, B and C. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations and exclusions as stated in the member's Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member's EOC/SOB, the member's EOC/SOB provision will govern.		
	A. FEDERAL/STATE MANDATED REGULATIONS		
	Note: The most current federal/state mandated regulations for each state can be found in the links below.		
	None		
	B. STATE MARKET PLAN ENHANCEMENTS		
	None		
	C. COVERED BENEFITS		
	<b>IMPORTANT NOTE:</b> Covered benefits are listed in Sections A, B and C. Always refer to Sections A and B for additional covered benefits not listed in this Section.		
	Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.		
	<b>Note:</b> Neurofeedback (EEG biofeedback) should not be confused with electroencephalograms (EEGs) used for the diagnosis of neurological disorders.		

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MPBID: Biofeedback: Benefit Interpretation Policy

Policy Number: 0008

Version 3.0





# **BIOFEEDBACK**

### CALIFORNIA, IDAHO, ILLINOIS, OHIO, TEXAS, WASHINGTON, WISCONSIN:

Biofeedback therapy supervised by a physician or licensed practitioner is considered medically necessary for the following conditions:

- Cancer pain
- Chronic back pain as part of a rehabilitation program
- Chronic constipation
- Fecal incontinence
- Levator ani syndrome, also known as anorectal pain syndrome
- Migraine or tension headaches
- Urinary incontinence

#### MICHIGAN:

Molina covers biofeedback for treatment of medical diagnoses when Medically/Clinically Necessary, as determined according to our medical policies (Benchmark)

#### MISSISSIPPI:

Molina covers biofeedback under Residential Treatment Facility within the benchmark

#### **NEW MEXICO:**

Biofeedback is only covered for treatment of Raynaud's disease or phenomenon and urinary or fecal incontinence (Under Chiro Benefit)

## **NEUROFEEDBACK**

CALIFORNIA, IDAHO, ILLINOIS, MICHIGAN, MISSISSIPPI, NEW MEXICO, TEXAS, WASHINGTON:

Neurofeedback, also known as electroencephalogram (EEG) biofeedback is covered when medical criteria are met.

#### D. NOT COVERED

Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.

# **BIOFEEDBACK**

#### **ALL STATES:**

Biofeedback services are **not covered** for conditions other than those listed in sections A, B and C. The use of home biofeedback therapy/devices for all conditions. The use of home biofeedback devices is considered investigational and not medically necessary.





FLORIDA.	, KENTUCKY,	NEVADA:
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Molina and Passport (KY) do not cover biofeedback (Benchmark exclusion)

#### **UTAH:**

Biofeedback is not a covered benefit (Benchmark exclusion)

#### WISCONSIN:

Molina does not cover biofeedback in general as a procedure and/or treatment (Benchmark exclusion)

#### **SOUTH CAROLINA:**

Molina does not cover Biofeedback

#### **NEUROFEEDBACK**

# FLORIDA, KENTUCKY, NEVADA, OHIO, SOUTH CAROLINA, UTAH AND WISCONSIN:

Neurofeedback, a form of biofeedback, works to change the electrical activity of your brain. Molina and Passport (KY) do not cover neurofeedback. (Benchmark exclusion for Ohio)

#### **E. DEFINITIONS**

#### See Glossary

#### F. POLICY HISTORY/REVISION INFORMATION

Date	Action/Description		
7/1/2023	Added NV 2024 EOC		
	Language		

# Prior

**Authorization** 

For the MHI PA Matrix, if a code is NOT listed, it could EITHER be:

- a. Covered and No PA Required
- b. Not Covered

You cannot use the MHI PA Matrix to make coverage determinations.

# PA Lookup Tool

Approval	Departments	Product	CIM	Clinical
				Management
	Date	10/12/2021	2/24/2022	11/30/2021
	Revised (for	10/20/2022	3/17/2023	10/20/2022
	1/1/2023)			



Marketplace Benefit Interpretation

Revised (for 1/1/2024)	10/19/2023	12/8/2023