

Marketplace National Regional Benefit Interpretation Document

Benefit Name	MENTAL HEALTH (INPATIENT AND OUTPATIENT)
Applicable State	California, Florida, Idaho, Illinois, Kentucky, Michigan, Mississippi, Nevada, New Mexico, Ohio, South Carolina, Texas, Utah, Washington, Wisconsin
Benefit Definition	<p>This policy addresses inpatient and outpatient mental health services.</p> <p>Covered benefits are listed in three (3) Sections - A, B and C. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations and exclusions as stated in the member's Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member's EOC/SOB, the member's EOC/SOB provision will govern.</p> <p>Essential Health Benefits for Individual and Small Group</p> <p>For plan years beginning on or after January 1, 2014, the Affordable Care Act of 2010 (ACA) requires fully insured non-grandfathered individual and small group plans (inside and outside of Exchanges) to provide coverage for ten categories of Essential Health Benefits ("EHBs"). Large group plans (both self-funded and fully insured), and small group ASO plans, are not subject to the requirement to offer coverage for EHBs. However, if such plans choose to provide coverage for benefits which are deemed EHBs (such as maternity benefits), the ACA requires all dollar limits on those benefits to be removed on all Grandfathered and Non-Grandfathered plans. The determination of which benefits constitute EHBs is made on a state by state basis. As such, when using this guideline, it is important to refer to the member specific benefit document to determine benefit coverage.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>A. FEDERAL/STATE MANDATED REGULATIONS</p> </div> <p>Note: The most current federal/state mandated regulations for each state can be found in the links below.</p> <p>FEDERAL:</p> <p>Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health and Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and</p>

intensive outpatient services are Covered Services, and may require Prior Authorization.

CALIFORNIA:

[H. R. 1424](#) Emergency Economic Stabilization Act of 2008 SEC. 512. MENTAL HEALTH PARITY

(a) **Amendments to Erisa.** [Section 712 of the Employee Retirement Income Security Act of 1974 \(29 U.S.C. 1185a\)](#)

Article 5.6 Point-of-Service Health Care Service Plan Contracts California Health and Safety Code Section §1374.72

- Every health care service plan contract issued, amended, or renewed on or after July 1, 2000, that provides hospital, medical, or surgical coverage shall provide coverage for the diagnosis and medically necessary treatment of severe mental illnesses of a person of any age, and of serious emotional disturbances of a child, as specified in subdivisions (d) and (e), under the same terms and conditions applied to other medical conditions as specified in subdivision (c).

California Health and Safety Code Section §1374.73

- (1) Every health care service plan contract that provides hospital, medical, or surgical coverage shall also provide coverage for behavioral health treatment for pervasive developmental disorder or autism no later than July 1, 2012. The coverage shall be provided in the same manner and shall be subject to the same requirements as provided in Section 1374.72.

[SB 855 \(APL 21-002\)](#) (effective January 1, 2021)

- Before 1/1/21, CA MH parity required coverage of severe mental illnesses of a person of any age, and of serious emotional disturbances of a child.
- Effective 1/1/21, CA MH parity requires coverage of any MH/SUD in the current DSM or the mental and behavioral disorders chapter of the most recent edition of the International Classification of Diseases

https://leginfo.legislature.ca.gov/faces/billCompareClient.xhtml?bill_id=201920200SB855&showamends=false

[AB No. 988](#) – Mental Health Emergency Phone Hotline

FLORIDA:

HMO Contract – Fla. Stat. § 627.668- Mental and nervous disorders

ILLINOIS:
[750 ILCS 75/10](#)
[750 ILCS 75/20](#)

Mental Health [Parity](#) – “Serious Mental Illness”

[50 Ill. Adm. Code 5421.130\(h\)](#)
[215 ILCS 5/370c\(b\)\(1\)](#)
[215 ILCS 5/370 c.1](#)
KENTUCKY:
[Ky. Rev. Stat. § 304.17A-661](#): Treatment of mental health conditions to be covered under same terms and conditions as treatment of physical health conditions.

MICHIGAN:
[MCL500.3406b](#)
MISSISSIPPI:
[Miss. Code Ann. § 83-9-27- Alcoholism](#)
[Miss. Code Ann. § 83-9-39-](#) Mental illness

NEVADA:

Coverage for treatment of conditions relating to severe mental illness

[NRS 689A.0455](#)

Coverage for autism spectrum disorders

[NRS 689A.0435](#)
[NRS 695C.1717](#)
NEW MEXICO:

Behavioral Health, or Substance Abuse drugs subject to Senate Bill 317 are at No Charge. Senate Bill 317, titled “No Behavioral Health Cost Sharing”, which was signed into law by Governor Michelle Lujan Grisham on April 8, 2021, will become effective January 1, 2022 and is scheduled to expire on December 31, 2026

OHIO:
[Ohio Rev. Code § 3923.27](#): Hospitalization coverage for mental illness

[Ohio Rev. Code § 3923.28](#): Outpatient coverage for mental or emotional disorders

[Ohio Rev. Code § 1751.01\(A\)\(1\)\(g\)](#); [Ohio Rev. Code § 3923.281](#): Biologically based mental illness

[Ohio Rev. Code § 3923.82](#): Alcohol or drug related loss or expense

TEXAS:

H. R. 1424 Emergency Economic Stabilization Act of 2008 SEC. 512. MENTAL HEALTH PARITY

Amendments to Erisa. [Section 712 of the Employee Retirement Income Security Act of 1974 \(29 U.S.C. 1185a\)](#) is amended (1) in subsection (a), by adding at the end the following:

[TIC §1355.254](#)

UTAH:

[31A-22-625](#)- **Catastrophic coverage of mental health conditions**

WASHINGTON:

[RCW 48.43.091](#): Health carrier coverage of outpatient mental health services-Requirements.

[RCW 48.46.291](#): Mental health services-Health Plans Definition-Coverage required when.

[RCW 48.20.580](#): Mental health services—Definition—Coverage required, when.

[WAC 284-43-5642](#): Essential health benefit categories.

[WAC 284-43-7000, et seq.](#): SUBCHAPTER K- MENTAL HEALTH AND SUBSTANCE USE DISORDER

[O.S.T v. Regence Blueshield](#), 181 Wn. 2d 691 (Wash. 2014)

WISCONSIN:

[632.89 Mental Health Parity](#)

B. STATE MARKET PLAN ENHANCEMENTS

Some members may have additional inpatient mental health benefits. For member specific coverage and limitations for inpatient mental health benefit, refer to the member's EOC/SOB to determine coverage eligibility or contact the Customer Service Department.

C. COVERED BENEFITS

IMPORTANT NOTE: Covered benefits are listed in Sections A, B and C. Always refer to Sections A and B for additional covered benefits not listed in this Section.

Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.

MENTAL HEALTH

CALIFORNIA:

Mental Health Services: Molina covers medically necessary treatment of a mental health or substance use disorder, including services for the treatment of gender dysphoria, only when that disorder is listed in the mental and behavioral disorders chapter of the most recent edition of the International Classification of Diseases or is listed in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM).

“Medically necessary treatment of a mental health or substance use disorder”

means a service or product addressing the specific needs of that patient, for the purpose of preventing, diagnosing, or treating an illness, injury, condition, or its symptoms, including minimizing the progression of that illness, injury, condition, or its symptoms, in a manner that is all of the following:

- In accordance with the generally accepted standards of mental health and substance use disorder care.
- Clinically appropriate in terms of type, frequency, extent, site, and duration.
- Not primarily for the economic benefit of the health care service plan and subscribers or for the convenience of the patient, treating physician, or other health care provider.

Outpatient care for treatment of mental health disorder does not include therapy or counseling for primary diagnosis of any of the following: career, marriage, divorce, parental, or job counseling or therapy.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Autism Spectrum Disorder (ASD): Molina covers the diagnosis and treatment of autism spectrum disorders including autistic disorder, Asperger’s disorder, and pervasive developmental disorder not otherwise specified, as defined by the most recent version of the DSM. Molina covers treatment for autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider.

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Court-Ordered Community Assistance, Recovery, and Empowerment (CARE): Molina covers the cost for developing evaluations and for provision of all health care services for a member when required or recommended for the Member pursuant to CARE agreements or CARE plans approved by a court, whether provided by a Participating Provider or a Non-Participating Provider. For services other than prescription drugs, Cost Sharing is waived, and Prior Authorization is not required.

Behavioral Health Emergency: Molina covers Medically Necessary treatment of a mental health or substance use disorder, including but not limited to, behavioral health crisis services, provided to an enrollee by a 988 center or mobile crisis team, regardless of whether the service is provided by a Participating Provider or a Non-Participating Provider. Prior Authorization is not required. For services from a Non-Participating Provider, the Member shall pay no more than the same Cost Sharing that the Member would pay for the same Covered Services received from a Participating Provider.

Note: Molina covers ABA- It is specified in the benchmark plan for CA

FLORIDA:

Mental Health Services (Inpatient and Outpatient): Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. See the “Inpatient Concurrent Review” section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this

Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services and Substance Use Disorder benefits are no more restrictive than those on medical or surgical benefits.

Note: Autism Spectrum Disorder (ASD): Molina covers the diagnosis and treatment of autism spectrum disorders including autistic disorder, Asperger's disorder, and pervasive developmental disorder not otherwise specified, as defined by the Diagnostic and Statistical Manual, current edition. Molina covers medically necessary treatment for autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider.

IDAHO:

Mental Health Services: Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. See the "Inpatient Concurrent Review" section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Note: Molina covers ABA for ID- <https://doi.idaho.gov/wp-content/uploads/ID/4924.pdf>

ILLINOIS:

Mental Health Services (Inpatient and Outpatient): Molina covers Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient

services. The concurrent review authorization process applies to all involuntary admissions. do not require Prior Authorization. See the “Inpatient Concurrent Review” section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health and Substance Use Disorder External Review: If a Molina determines that benefits are no longer medically necessary, Molina shall notify the member, the member's authorized representative, if any, and the member's health care provider in writing of the member's right to request an external review pursuant to the Health Carrier External Review Act. The notification shall occur within 24 hours following the adverse determination.

Pursuant to the requirements of the Health Carrier External Review Act, the member or the member's authorized representative may request an expedited external review. An expedited external review may not occur if the substance use disorder treatment provider or facility determines that continued treatment is no longer medically necessary.

If an expedited external review request meets the criteria of the Health Carrier External Review Act, an independent review organization shall make a final determination of medical necessity within 72 hours. If an independent review

organization upholds an adverse determination, Molina shall remain responsible to provide coverage of benefits through the day following the determination of the independent review organization. A decision to reverse an adverse determination shall comply with the Health Carrier External Review Act.

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Molina covers medically necessary treatment for autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider.
(not in the EOC)

KENTUCKY:

Mental Health Services (Inpatient and Outpatient): Passport covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Passport covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Passport may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admission. See the “Inpatient Concurrent Review” section of this Agreement for more information.

A mental disorder is a mental health condition or substance abuse disorder identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Passport does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Passport does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Passport generally covers the following Medically Necessary Mental Health Services:

- Inpatient care

- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Passport complies with the Mental Health Parity and Addiction Equity Act and similar State Law. Passport ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Note: Passport covers treatment for autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider.

MICHIGAN:

Mental Health Services (Inpatient and Outpatient): Molina covers Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent reviewed authorization process applies to all involuntary admissions. See the “Inpatient Concurrent Review” section of the EOC for more information.

A mental disorder is a health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary mental health services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment service
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or substance use disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Note: Molina covers ABA for MI

MISSISSIPPI:

Mental Health Services (Inpatient and Outpatient): Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. See the “Inpatient Concurrent Review” section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Note: Molina does cover ABA for MS

NEVADA:

Mental Health Services: Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria and any type of hormone replacement therapy which is lawfully prescribed or ordered which has been approved by the Food and Drug Administration. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all Involuntary admissions. See the “Inpatient Concurrent Review” section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for

mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Note: Molina covers treatment for autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider. Coverage is provided for the screening, diagnosis, and treatment of autism spectrum disorder to Members under 18 years of age or, if enrolled in high school, until the Member reaches 22 years of age.

NEW MEXICO:

Mental Services (Inpatient and Outpatient): Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria.

Cost sharing is eliminated for all professional and ancillary services for the treatment, rehabilitation, prevention and identification of mental illnesses, substance abuse disorders and trauma spectrum disorders. This includes cost sharing for inpatient, detoxification, residential treatment and partial hospitalization, intensive outpatient therapy, outpatient and all medications, including brand-name pharmacy drugs when generics are unavailable. Cost sharing means any copayment, coinsurance, deductible or any other form of financial obligation of an enrollee other than a premium or a share of a premium, or any combination of any of these financial obligations.

Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to

all involuntary admissions. See the “Inpatient Concurrent Review” section of this Agreement for more information. Except in cases in which the member terminates a plan, Molina will not terminate coverage of services without consultation with the member's mental health or substance use disorder services provider.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Hypnotherapy (Limited) – Hypnotherapy is only covered when performed by an anesthesiologist or psychiatrists, trained in the use of hypnosis when medically necessary or when:

- Used within two weeks prior to surgery for chronic pain management and

- For chronic pain management when part of a coordinated treatment plan

Note: Molina covers ABA with PA for NM

OHIO:

Mental Health Services (Inpatient and Outpatient): Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require Prior Authorization for coverage of services, including admissions and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. See the “Inpatient Concurrent Review” section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Mental Health Services and

Substance Use Disorder benefits are provided in parity with medical/surgical benefits within the same classification or subclassification. Intermediate levels of care such as residential treatment, partial hospitalization and intensive outpatient services are Covered Services, and may require Prior Authorization.

Note: Molina covers medically necessary treatment for autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider.

SOUTH CAROLINA:

Mental Health Services (Inpatient and Outpatient): Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. See the “Inpatient Concurrent Review” section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Outpatient care for treatment of mental health disorder does not include primary therapy or counseling for any of the following: career, marriage, divorce, parental, or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Note: The SC health plan does cover ABA for Marketplace for 2024

TEXAS:

Mental Health Services (Inpatient and Outpatient): Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. See the “Inpatient Concurrent Review” section of this Agreement for more information. Benefits and coverage for mental health conditions are provided under the same terms and conditions applicable to the Molina's medical and surgical benefits and coverage; and Molina will not impose quantitative or nonquantitative treatment limitations on benefits for a mental health condition that are generally more restrictive than quantitative or nonquantitative treatment limitations imposed on coverage of benefits for medical or surgical expenses.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including learning disabilities and/or cognitive disabilities, are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary mental health services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services

- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Autism Spectrum Disorder (ASD): Molina covers the diagnosis and treatment of autism spectrum disorders including autistic disorder, Asperger's disorder, and pervasive developmental disorder not otherwise specified, as defined by the Diagnostic and Statistical Manual, current edition.

Molina covers treatment for medically necessary autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider. Molina covers treatment for autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider.

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

UTAH:

Mental Health Services: Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. See the "Inpatient Concurrent Review" section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective

disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina generally covers the following Medically Necessary Mental Health Services:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

UT: Note: Molina covers medically necessary treatment for autism spectrum disorders, including Applied Behavioral Analysis (ABA), prescribed or ordered by a Provider. (**Utah Admin Code 31A-22-642**)

WASHINGTON:

Mental Health Services (Inpatient and Outpatient): Molina covers a continuum of Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. See the “Inpatient Concurrent Review” section of the EOC for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, current edition, Text Revision (DSM). Mental

disorders covered under this Agreement include Severe Mental Illness of a person of any age. Severe Mental Illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina covers the following outpatient mental health services when provided by Participating Providers who are physicians or Other Practitioners acting within the scope of their license and qualified to treat mental illness:

- Individual, family and group mental health evaluation and treatment
- Psychological testing when necessary to evaluate a Mental Disorder (defined above)
- Outpatient services for the purpose of monitoring drug therapy
- Court ordered Medically Necessary mental health treatment
- Services provided pursuant to involuntary commitment proceedings
- Home healthcare services when provided by qualified providers and subject to Home Healthcare services limitations
- Mental health treatment for diagnostic codes F65.0 through F65.4, F65.50 through F65.52, F65.81, F65.89, F65.9 and F66 in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM), or for "V code" diagnoses including medically necessary services for parent-child relational problems for children five years of age or younger, neglect or abuse of a child for children five years of age or younger, bereavement for children five years of age or younger, and gender dysphoria consistent with Washington state law.

Molina covers behavioral health Emergency Services in a crisis stabilization, an evaluation and treatment licensed facility that can provide emergency evaluation and treatment, an outpatient crisis services, or Withdrawal Management Services agency certified by the State, a triage facility, or mobile rapid response crisis team. Inpatient and outpatient mental health services do not include therapy or counseling for career, marriage, divorce, parental or job. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers Mental Health Services delivered in various settings, including:

- Inpatient care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing
- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the federal Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Note: Molina covers ABA for WA

WISCONSIN:

Mental Health Services (Inpatient and Outpatient): Molina covers Mental Health Services when provided by Participating Providers and facilities acting within the scope of their license. Molina covers the diagnosis or treatment of mental disorders, including services for the treatment of gender dysphoria. Molina may require authorization for coverage of services, including inpatient and certain outpatient services. The concurrent review authorization process applies to all involuntary admissions. Check [MolinaMarketplace.com/WIGetCare] or see the “Inpatient Concurrent Review” section of this Agreement for more information.

A mental disorder is a mental health condition identified in the Diagnostic and Statistical Manual of Mental Disorders, 5th edition, Text Revision (DSM5-TR). The mental disorder must result in clinically significant distress or impairment of mental, emotional, or behavioral functioning. Mental disorders covered under this Agreement may include severe mental illness of a person of any age. Severe mental illness includes the following mental disorders: schizophrenia, schizoaffective disorder, bipolar disorder (manic-depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, anorexia nervosa, or bulimia nervosa.

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

Molina covers the following Medically Necessary Mental Health Services:

- Inpatient Care
- Crisis stabilization
- Short-term residential treatment services
- Partial hospitalization programs for mental health
- Intensive outpatient programs for adults and day treatment for children
- Psychological and neuropsychological testing

- Behavioral health procedures
- Individual and group psychological therapy (BH CMO Perspective)

Mental Health Parity and Addiction Equity Act: Molina complies with the Mental Health Parity and Addiction Equity Act. Molina ensures that the financial requirements and treatment limitations on Mental Health Services or Substance Use Disorder benefits provided are no more restrictive than those on medical or surgical benefits.

Note: Molina covers ABA for WI

LIMITATIONS FOR MENTAL/BEHAVIORAL HEALTH:

MS: Outpatient Services: 52 visit per year limit; Exclusion: Does not include counseling services (e.g., career, marriage, divorce, parental, behavioral, job, treatment or testing related to autistic disease of childhood, learning disabilities, mental retardation).

MS: Inpatient Services: 30 day per year limit; Exclusion: Does not include counseling services (e.g., career, marriage, divorce, parental, behavioral, job, treatment or testing related to autistic disease of childhood, learning disabilities, mental retardation).

MORE INFORMATION

Refer to the Benefit Interpretation Policy titled **Substance Abuse** and **Pervasive Development Disorder and Autism Spectrum Disorder**

D. NOT COVERED

Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.

MENTAL HEALTH SERVICES

FLORIDA:

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

SOUTH CAROLINA:

Outpatient care for treatment of mental health disorder does not include primary therapy or counseling for any of the following: career, marriage, divorce, parental, or

job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

ILLINOIS:

Molina does not cover career, marriage, parental or job counseling or therapy. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

KENTUCKY:

Passport does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Passport does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

IDAHO, ILLINOIS, MICHIGAN, MISSISSIPPI, NEW MEXICO, OHIO, UTAH, WISCONSIN:

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

NEVADA:

Molina does not cover career, marriage, parental or job counseling or therapy. In addition, treatment or testing within an inpatient setting related to Pervasive Developmental Disorders, including autism spectrum disorder, learning disabilities, and/or cognitive disabilities are not covered. Molina does not cover services for mental health conditions that the DSM identifies as something other than a Mental Disorder.

WASHINGTON:

Inpatient and outpatient mental health services do not include therapy or counseling for career, marriage, divorce, parental or job. Molina does not cover services for conditions that the DSM identifies as something other than a Mental Disorder.

APPLIED BEHAVIOR ANALYSIS (ABA)

ILLINOIS:

Applied Behavioral Treatment: Molina does not cover applied behavioral treatment including, but not limited to, Applied Behavior Analysis and Intensive Behavior Interventions if it is not related to Autism Spectrum Disorder.

E. REFERENCES

Mental Health Parity Act of 1996

F. DEFINITIONS

[See Glossary](#)

Mental Health Services: Medically Necessary outpatient and inpatient services provided to treat mental disorders covered by the diagnostic categories listed in the most current version of the diagnostic and statistical manual of mental disorders, published by the American Psychiatric Association and any associated State or Federal laws.

G. POLICY HISTORY/REVISION INFORMATION

Date	Action/Description
4/15/2021	<ul style="list-style-type: none"> Added KY 2022 Drafted Language
5/14/2021	<ul style="list-style-type: none"> Added IL 2022 EOC Language
6/29/2021	<ul style="list-style-type: none"> Added ID 2022 EOC Language
7/1/2023	<ul style="list-style-type: none"> Added NV 2024 EOC Language

Prior
Authoriza
tion

For the MHI PA Matrix, if a code is NOT listed, it could EITHER be:

- Covered and No PA Required
- Not Covered

You cannot use the MHI PA Matrix to make coverage determinations.

[PA Lookup Tool](#)

Approval	Departments	Product	CIM	Clinical Management
	Date	3/17/2021	4/29/2021	4/7/2021
	Revised (for 1/1/2022)	11/9/2021	3/18/2022	11/9/2021
	Revised (for 1/1/2023)	12/8/2022	4/12/2023	12/8/2022
	Revised (for 1/1/2024)	11/16/2023		12/8/2023