

Marketplace National Regional Benefit Interpretation Document

Benefit Name	SLEEP STUDY
Applicable State	California, Florida, Idaho, Illinois, Kentucky, Michigan, Mississippi, Nevada, New Mexico, Ohio, South Carolina, Texas, Utah, Washington, Wisconsin
Benefit Definition	<p>This policy addresses sleep study home-based and not home-based.</p> <p>Covered benefits are listed in three (3) Sections - A, B and C. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations and exclusions as stated in the member's Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member's EOC/SOB, the member's EOC/SOB provision will govern.</p> <p>A. FEDERAL/STATE MANDATED REGULATIONS</p> <p>Note: The most current federal/state mandated regulations for each state can be found in the links below.</p> <p>None</p> <p>B. STATE MARKET PLAN ENHANCEMENTS</p> <p>None</p> <p>C. COVERED BENEFITS</p> <p>IMPORTANT NOTE: Covered benefits are listed in Sections A, B and C. Always refer to Sections A and B for additional covered benefits not listed in this Section.</p> <p>Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.</p> <p>SLEEP STUDY</p> <p>ALL STATES:</p>

Molina and Passport covers Sleep Study. More information is listed below for the types of services; however, this is not an all-inclusive list for covered services for Sleep Study. Please refer to Molina Healthcare Medical Management Policies for additional information.

ACTIGRAPHY

ALL STATES:

Molina and Passport covers actigraphy as a stand-alone test. Actigraphy is a method for inferring sleep/wake cycles based on magnitude of wrist movement collected using digital devices called actigraphs, has been used for over two decades in studies of sleep and circadian rhythms. For additional information, refer to Medical Management Policy titled Actigraphy.

ELECTROENCEPHALOGRAPHY (EEG)

ALL STATES:

Molina and Passport may cover outpatient ambulatory encephalography (EEG) monitoring and outpatient video encephalography (EEG) monitoring when medical criteria are met. Outpatient ambulatory EEG may be used for 48 hours. Out-patient Video EEG length of stay is 23-72 hour observation but if the event being monitored does not occur in this time frame admission may be necessary for further monitoring or for preoperative localization of seizure foci.

D. NOT COVERED

Refer to the member's Evidence of Coverage (EOC) and Schedule of Benefits (SOB) to determine coverage eligibility.

ACTIGRAPHY

ALL STATES:

Actigraphy is considered experimental, investigational or unproven when used as the sole technique to record and analyze body movement. This policy only addresses actigraphy as a stand-alone test. This does not include the use of actigraphy as a component of portable sleep monitoring. When performed as a component of portable home sleep testing, actigraphy should not be reported separately.

ELECTROENCEPHALOGRAPHY (EEG)

ALL STATES:

EEG is not covered when medical criteria is not met.

E. DEFINITIONS

