

THIS CA UPDATE HAS BEEN SENT TO THE FOLLOWING:**COUNTIES:**

- Imperial
- Riverside/San Bernardino
- Los Angeles
- Orange
- Sacramento
- San Diego

LINES OF BUSINESS:

- Molina Medi-Cal Managed Care
- Molina Medicare Options Plus
- Molina Dual Options Cal MediConnect Plan (Medicare-Medicaid Plan)
- Molina Marketplace (Covered CA)

PROVIDER TYPES:

- Medical Group/ IPA/MSO**
 - Primary Care**
 - IPA/MSO
 - Directs
- Specialists**
 - Directs
 - IPA
- Hospitals**
 - Ancillary**
 - CBAS
 - SNF/LTC
 - DME
 - Home Health
 - Other

FOR QUESTIONS CALL PROVIDER SERVICES:
(855) 322-4075, Extension:

Los Angeles/Orange Counties

X111113 X123017
X127657 X120104

Riverside/San Bernardino Counties

X127684 X128010
X120618

Sacramento County

X126232 X121360

San Diego County

X121805 X121401
X127709 X121413
X123006 X120630

Imperial County

X125682 X125666

INITIAL HEALTH ASSESSMENT – STAYING HEALTHY ASSESSMENT

This is an advisory notification to Molina Healthcare of California (MHC) network providers regarding Initial Health Assessment/Stay Healthy Assessment requirements.

POLICY REQUIREMENTS

In accordance with regulatory requirements, new members must receive a comprehensive **Initial Health Assessment (IHA)** within the first 120 days of enrollment with the plan, or within periodicity timelines established by the American Academy of Pediatrics for ages two and younger whichever is less. An IHA consists of a history and physical examination and an Individual Health Education Behavioral Assessment (IHEBA). An IHEBA enables Primary Care Providers (PCPs) to comprehensively assess the member's current acute, chronic, and preventive health needs, as well as identify those members whose health needs require coordination with appropriate community resources and other agencies for carve-out services. Please note, an IHA/IHEBA assessment must be administered to any members upon request, and if health status or life circumstances of the members has changed significantly in the past year.

The goals of the **Staying Healthy Assessment (SHA)** are to assist providers with:

- Identifying and tracking high-risk behaviors of members.
- Prioritizing each member's need for health education related to lifestyle, behavior, environment and cultural and linguistic needs.
- Initiating discussion and counseling regarding high-risk behaviors.
- Providing tailored health education counseling, interventions, referral and follow-up.

PCPs are responsible for reviewing each member's **SHA** in combination with the following relevant information:

- Medical history, conditions, problems, medical/testing results and member concerns.
- Social history, including member's demographic data, personal circumstances, family composition, member resources and social support.
- Local demographic and epidemiologic factors that influence risk status.

USING THE STAYING HEALTHY ASSESSMENT

The SHA is an age-appropriate questionnaire designed to be self-administered by the patient or parent. Alternatively, the patient or parent may be asked SHA questions verbally and responses recorded directly in the patient's electronic medical record. Current members who have not completed an updated SHA must complete it during the next preventive care office visit (e.g. well-baby, well- child, well-woman exam), according to the SHA periodicity table.

The SHA Periodicity Table and SHA administration policy is summarized in the below table:

Periodicity	Initial SHA Administration with IHA	Subsequent SHA Administration / Re-Administration	SHA Review
Age Groups	Within 120 Days of Enrollment	1st Scheduled Exam (after entering new age group)	Annually (Intervening years between administration of new assessment)
0-6 mo.	✓		
7-12 mo.	✓	✓	
1-2 yrs.	✓	✓	✓
3-4 yrs.	✓	✓	✓
5-8 yrs.	✓	✓	✓
9-11 yrs.	✓	✓	✓
12-17 yrs.	✓	✓	✓
Adult	✓		✓
Senior	✓		✓

- Please refer to Molina Healthcare of California’s provider website for more details as specified herein at: <https://www.molinahealthcare.com/providers/ca/medicaid/forms/Pages/fuf.aspx>
- Valuable resources and information on the SHA, including age and language-specific questionnaires in all threshold languages, are also available on the DHCS website. Please refer to the below link to access this information: https://www.dhcs.ca.gov/formsandpubs/forms/Documents/MMCD_SHA/GenDocs/SHAInstructionSheetforProviderOffice.pdf
- MHC’s Facility Site Review nurses will continue to educate and train providers during site visits and reinforce compliance during periodic medical record reviews and focused review audits. Ongoing provider training/education and monitoring will also be conducted by the Provider Services team.

QUESTIONS

If you have any questions regarding the notification, please contact your Molina Provider Services Representative at (855) 322-4075. Please refer to the extensions on page one.