

Other Drugs of Abuse

Ecstasy (X, E, XTC, molly)

is a pill that people often take at a party or club. It can raise your body temperature, heart rate and blood pressure.

K2 or Spice (fake weed, skunk)

is a mixture of shredded dried plant materials and chemicals. It produces effects similar to marijuana. It can raise your heart rate and cause vomiting and seizures.

LSD (acid)

is a pill or small piece of paper that is soaked in liquid LSD. It makes you see, hear and feel things that aren't there.

PCP (angel dust)

is a pill or powder that makes you feel distant from the world around you. You may feel nervous or have slurred speech.

Inhalants

are chemicals found in household cleaners, glue, paint, nail polish remover or lighter fuel. Inhalants can raise your heart rate, damage brain tissue, and cause liver, lung and kidney problems.

“Date Rape” Drugs

are drugs that someone can put in your drink without you knowing. The drugs make it hard for you to fight back or defend yourself. Someone can have sex with you without your



consent. Examples include **GHB, Rohypnol (roofies)** and **Ketamine (K, Special K)**.

“Club” Drugs

are often used at nightclubs and parties. Examples include Ecstasy, LSD, GHB and Ketamine.

Synthetic Cathinones (Bath Salts)

are white or brown crystal powders that can be eaten, inhaled or injected. They are sold in small packages labeled “not for human consumption.” They can make you feel shaky, afraid and violent. You may need to go to the emergency room.

Call your provider if you think you suffer from substance abuse. You can recover!

Self-Help:

Narcotics Anonymous: <https://www.na.org>
National Drug and Alcohol Treatment Hotline:
(800) 662-HELP

Do you have health questions?

Call our 24-hour Nurse Advice Line. We are here to help you.

English and other languages: **(888) 275-8750** Español: **(866) 648-3537** TTY/TDD: **711**

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