

# Routine Tests During Pregnancy

Staying Healthy While You Are Pregnant

## Do you have questions?

Call our 24-hour Nurse Advice Line.

We are here to help you.



English:

**(888) 275-8750**

Español:

**(866) 648-3537**

TTY/TDD:

**711**

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To get this information in other languages and accessible formats, please call Member Services. This number is on the back of your Member ID card.



[MolinaHealthcare.com](http://MolinaHealthcare.com)



Your Extended Family



Your Extended Family

## Your provider will use tests to check **you and your baby's health** during your pregnancy.

Test	When it is done	What it is	How it is done
<b>BLOOD TESTS</b>	At your first prenatal visit	Blood tests show blood type, anemia, infections, STDs, hormone levels and immunities.	Blood is drawn and sent to a lab.
<b>FIRST TRIMESTER SCREEN</b>	At 10-14 weeks of pregnancy	This test detects higher risk of defects in your baby. The blood test looks for certain substances. The ultrasound measures the thickness at the back of your baby's neck.	Blood is drawn and sent to a lab. The ultrasound is done in your provider's office.
<b>GLUCOSE CHALLENGE SCREENING</b>	At 26-28 weeks of pregnancy	This test detects a risk for gestational diabetes.	Your provider gives you a sugary drink. One hour later, you have blood drawn for testing your blood sugar level.
<b>URINE TEST</b>	Every prenatal visit	This test can detect diabetes, infection or preeclampsia.	You collect urine in a small cup. Your provider dips test strips in the urine to detect certain substances.
<b>GROUP B STREP</b>	At 35 - 37 weeks of pregnancy	This test detects Group B Strep (GBS) in your vagina. This can cause infection to pass to your baby during delivery.	Your provider will swab your vagina and rectum to test for GBS.

Tests and screenings help your provider keep you and your baby healthy during your pregnancy. These tests are very safe. If you have questions about tests, be sure to ask your provider.

