Molina Healthcare Coding Education Diabetes Mellitus with Neurological Manifestations



Peripheral mononeuropathy and polyneuropathy are common neurological complications of diabetes. Diabetes with neurological manifestations can also be associated with cardiovascular autonomic neuropathy, which may present as tachycardia and postural hypotension. Additional diabetes-associated autonomic neuropathic diagnoses include:

- Bladder dysfunction
- Sexual dysfunction
- Gastroparesis

Examples of diabetes-associated mononeuropathy include:

- Bell's palsy
- Ulnar neuropathy
- Meralgia paresthetica
- Diabetic polyradiculopathy
- Carpal tunnel syndrome

Documentation Examples:

Established Diagnosis

Assessment: 55 year old AA female with uncontrolled diabetes and neurological manifestations including various neuropathies

Improved in current therapy

- ICD-10 Code: E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified
- And ICD-10 Code: E11.65 Type 2 diabetes mellitus with hyperglycemia

Plan: Continue Neurontin and improve glucose control

Initial Diagnosis

Assessment: 66 year old female with controlled diabetes with neurological manifestations including new carpal tunnel syndrome of the left hand

Symptoms improved with brace and physical therapy

- ICD-10 Code: E11.49 Type 2 diabetes with other diabetic neurologic complication
- And ICD-10 Code: G56.02 Carpal tunnel syndrome, left upper limb

Plan: Refer for evaluation for surgical release

Have Questions? Contact: <u>Ramp@MolinaHealthcare.com</u>

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