


**⚠ The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit our website at [MolinaMarketplace.com](http://MolinaMarketplace.com) or call 1-888-295-7651. For definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters
<b>What is the overall <a href="#">deductible</a>?</b>	\$5,200 / individual or \$10,400 / family Combined Medical and Rx	Generally, you must pay all of the costs from providers up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. <a href="#">Preventive care</a> , Primary and Specialist Care, Family Planning, Pediatric Vision, Urgent Care, Hospice, Lab, Hab, Rehab, Mental Health, SUD, Home Healthcare services, Inpatient Facility and Physician services, Childbirth/Delivery Inpatient Facility and Physician Services, SNF, Formulary Generic, Preferred Brand and Preventive <a href="#">prescription drug</a>	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No.	You don't have to meet <a href="#">deductibles</a> for specific services.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	\$8,150 / individual or \$16,300 / family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you use a <a href="#">network provider</a>?</b>	Yes. See Molina Healthcare of New Mexico Network at <a href="http://providersearch.Molinahealthcare.com">providersearch.Molinahealthcare.com</a> or call 1-888-295-7651 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
<b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b>	No.	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

Please Note: There is no charge for testing and delivery of healthcare services related to COVID-19.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay:			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or	No Charge	\$30 <a href="#">copay</a> /office visit	Not covered	None
	<a href="#">Specialist</a> visit	No Charge	\$65 <a href="#">copay</a> /visit	Not covered	<a href="#">Preauthorization</a> may be required, or services may not be covered.
	<a href="#">Preventive care/screening/immunization</a>	No Charge	No Charge	Not covered	You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	No Charge	\$40 <a href="#">copay</a> /test for blood work 40% <a href="#">coinsurance</a> after <a href="#">deductible</a> per test for x-	Not covered	None
	Imaging (CT/PET scans, MRIs)	No Charge	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	Not covered	<a href="#">Preauthorization</a> is required or Imaging services may not be covered. For gynecological or obstetrical ultrasounds <a href="#">Preauthorization</a> is not required.
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.molinamarketplace/NMFormulary2022.com">http://www.molinamarketplace/NMFormulary2022.com</a>	Generic drugs	No Charge	\$25 <a href="#">copay</a> /prescription (retail)	Not covered	<a href="#">Preauthorization</a> may be required or services may not be covered. Mail-order <a href="#">Prescription Drugs</a> are available at a 90-day supply and is offered at two times the 30-day retail prescription <a href="#">Cost Sharing</a> . Depending on Tier level this will be either a <a href="#">Copayment</a> or a <a href="#">Coinsurance</a> . Insulin or a medically necessary alternative will not exceed a total of twenty-five dollars(\$25.00) per thirty-day supply. Behavioral Health, or Substance Abuse drugs subject to Senate Bill 317 are at No Charge. <a href="#">Preventive Care</a> and Contraceptive Drugs are at No Charge. Cost-sharing accumulation for any third-party payment such as a drug manufacturers coupon is not allowed.
	Preferred brand drugs	No Charge	\$65 <a href="#">copay</a> /prescription (retail)	Not covered	
	Non-preferred brand drugs	No Charge	50% <a href="#">coinsurance</a> after <a href="#">deductible</a> (retail)	Not covered	
	<a href="#">Specialty drugs</a>	No Charge	50% <a href="#">coinsurance</a> after <a href="#">deductible</a>	Not covered	

\* For more information about limitations and exceptions, see the plan or policy document at [www.MolinaMarketplace.com](http://www.MolinaMarketplace.com).

Common Medical Event	Services You May Need	What You Will Pay:			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	40% <a href="#">coinsurance</a> after <a href="#">deductible</a> for facility	Not covered	<a href="#">Preauthorization</a> may be required, or services may not be covered.
	Physician/surgeon fees	No Charge	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	Not covered	<a href="#">Preauthorization</a> may be required, or services may not be covered. Laser corrective eye surgery is not covered.
If you need immediate medical attention	<a href="#">Emergency room care</a>	No Charge	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	<a href="#">Emergency room care copay</a> does not apply, if admitted to the hospital. Amounts you pay, such as <a href="#">deductible</a> , <a href="#">copayments</a> or <a href="#">coinsurance</a> , for emergency services whether provided by contracted or non-contracted providers are applied to your <a href="#">out-of-pocket limit</a> . Balance billing is not allowed for out-of-network Care.
	<a href="#">Emergency medical transportation</a>	No Charge	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	
	<a href="#">Urgent care</a>	No Charge	\$30 <a href="#">copay</a> /visit	\$30 <a href="#">copay</a> /visit	None
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	\$1,350 <a href="#">copay</a> per day	Not covered	<a href="#">Preauthorization</a> is required or services may not be covered. Maximum two days of facility <a href="#">copayments</a> per inpatient admission.
	Physician/surgeon fees	No Charge	\$65 <a href="#">copay</a> /visit	Not covered	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge	\$0 <a href="#">copay</a> /office visit Outpatient Intensive Psychiatric Treatment Programs - \$0 <a href="#">copay</a> per day	Not covered	<a href="#">Preauthorization</a> is required for inpatient care or services may not be covered.
	Inpatient services	No Charge	\$0 <a href="#">copay</a> per day	Not covered	

\* For more information about limitations and exceptions, see the plan or policy document at [www.MolinaMarketplace.com](http://www.MolinaMarketplace.com).

Common Medical Event	Services You May Need	What You Will Pay:			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
If you are pregnant	Office visits	No Charge	No Charge	Not covered	<a href="#">Cost sharing</a> does not apply to routine prenatal care and first post-natal visit and certain <a href="#">preventive services</a> . Depending on the type of services, <a href="#">coinsurance</a> may apply. Maternity care may include tests and services described. <a href="#">Preauthorization</a> is not required for maternity ultrasounds. Maximum two days of facility <a href="#">copayments</a> per inpatient admission.
	Childbirth/delivery professional services	No Charge	\$65 <a href="#">copay</a> /visit	Not covered	
	Childbirth/delivery facility services	No Charge	\$1,350 <a href="#">copay</a> per day	Not covered	
If you need help recovering or have other special needs	<a href="#">Home health care</a>	No Charge	No Charge	Not covered	100 visits/year. Services must be provided by an in network Home health agency.
	<a href="#">Rehabilitation services</a>	No Charge	\$30 <a href="#">copay</a> /visit	Not covered	<a href="#">Preauthorization</a> is required for inpatient care or services may not be covered
	<a href="#">Habilitation services</a>	No Charge	\$30 <a href="#">copay</a> /visit	Not covered	<a href="#">Preauthorization</a> is required for inpatient care or services may not be covered
	<a href="#">Skilled nursing care</a>	No Charge	\$1,350 <a href="#">copay</a> per day	Not covered	60 days/calendar year. <a href="#">Preauthorization</a> is required or services may not be covered.
	<a href="#">Durable medical equipment</a>	No Charge	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	Not covered	Excludes vehicle modifications, home modifications, exercise, and bathroom equipment.
	<a href="#">Hospice services</a>	No Charge	No Charge	Not covered	None
If your child needs dental or eye care	Children's eye exam	No Charge	No Charge	Not covered	Coverage limited to one exam including refraction/year
	Children's glasses	No Charge	No Charge	Not covered	Coverage limited to one pair of glasses/year.
	Children's dental checkups	Not Covered	Not Covered	Not covered	Not Applicable. Coverage can be purchased as a standalone product; it is not covered by this policy.

\* For more information about limitations and exceptions, see the plan or policy document at [www.MolinaMarketplace.com](http://www.MolinaMarketplace.com).

## Excluded Services & Other Covered Services

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"><li>• Abortion (except in cases of rape, incest, or when the life of the mother is endangered)</li><li>• Cosmetic Surgery</li><li>• Dental Care</li></ul>	<ul style="list-style-type: none"><li>• Long-Term Care</li><li>• Non-emergency care when traveling outside the U.S</li></ul>	<ul style="list-style-type: none"><li>• Private Duty Nursing</li><li>• Routine eye care (Adult)</li><li>• Routine Foot Care (Unless you are diabetic)</li><li>• Weight Loss Programs</li></ul>
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)		
<ul style="list-style-type: none"><li>• Acupuncture (up to 20 visits per year, unless for rehabilitative or habilitative purposes)</li><li>• Bariatric Surgery</li></ul>	<ul style="list-style-type: none"><li>• Chiropractic Care (up to 20 visits per year, unless for rehabilitative or habilitative purposes)</li><li>• Hearing Aids</li></ul>	<ul style="list-style-type: none"><li>• Infertility (limited to diagnosis and medically indicated treatments for physical conditions causing infertility)</li></ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: New Mexico Office of Superintendent of Insurance at 1 (855) 427-5674 or [www.osi.state.nm.us](http://www.osi.state.nm.us), and beWellnm 1 (833) 862-3925 or [www.beWellnm.com](http://www.beWellnm.com). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1 (800) 318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: : Molina Healthcare of New Mexico at 1 (888) 295-7651 or the Office of Superintendent of Insurance, Managed Health Care Bureau at 1-855-4 ASK OSI (1-855-427-5674) or [mhcb.grievance@state.nm.us](mailto:mhcb.grievance@state.nm.us).

### Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1 (888) 295-7651.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1 (888) 295-7651.


Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1 (888) 295-7651.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1(888) 295-7651.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

\* For more information about limitations and exceptions, see the plan or policy document at [www.MolinaMarketplace.com](http://www.MolinaMarketplace.com).

## About these Coverage Examples

 **This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copay](#) \$65
- Hospital (facility) [copay](#) per day \$1,350
- Other [coinsurance](#) 0%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

**Total Example Cost** \$12,700

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0

What isn't covered	
Limits or exclusions	\$0

**The total Peg would pay is** \$0

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copay](#) \$65
- Hospital (facility) [copay](#) per day \$1,350
- Other [coinsurance](#) 0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

**Total Example Cost** \$5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0

What isn't covered	
Limits or exclusions	\$0

**The total Joe would pay is** \$0

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copay](#) \$65
- Hospital (facility) [copay](#) per day \$1,350
- Other [coinsurance](#) 0%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

**Total Example Cost** \$2,800

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0

What isn't covered	
Limits or exclusions	\$0

**The total Mia would pay is** \$0

Note: These numbers assume the patient received care from an IHCP [provider](#) or with IHCP [referral](#) at a non-IHCP. If you receive care from a non-IHCP [provider](#) without a [referral](#) from an IHCP your costs may be higher.





**Your Extended Family.**

Molina Healthcare (Molina) complies with all Federal civil rights laws that relate to healthcare services. Molina offers healthcare services to all members and does not discriminate based on race, color, national origin, ancestry, age, disability, or sex.

Molina also complies with applicable state laws and does not discriminate on the basis of creed, gender, gender expression or identity, sexual orientation, marital status, religion, honorably discharged veteran or military status, or the use of a trained dog guide or service animal by a person with a disability.

To help you talk with us, Molina provides services free of charge, in a timely manner:

- Aids and services to people with disabilities
  - Skilled sign language interpreters
  - Written material in other formats (large print, audio, accessible electronic formats, Braille)
- Language services to people who speak another language or have limited English skills
  - Skilled interpreters
  - Written material translated in your language

If you need these services, contact Molina Member Services. The Molina Member Services number is on the back of your Member Identification card. (TTY: 711).

If you think that Molina failed to provide these services or discriminated based on your race, color, national origin, age, disability, or sex, you can file a complaint. You can file a complaint in person, by mail, fax, or email. If you need help writing your complaint, we will help you. Call our Civil Rights Coordinator at (866) 606-3889, or TTY: 711.

Mail your complaint to: Civil Rights Coordinator, 200 Oceangate, Long Beach, CA 90802. You can also email your complaint to [civil.rights@molinahealthcare.com](mailto:civil.rights@molinahealthcare.com).

You can also file your complaint with Molina Healthcare AlertLine, twenty four hours a day, seven days a week at: <https://molinahealthcare.alertline.com>.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>. You can mail it to:

U.S. Department of Health and Human Services, 200 Independence Avenue, SW  
Room 509F, HHH Building Washington, D.C. 20201

You can also send it to a website through the Office for Civil Rights Complaint Portal at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>. If you need help, call (800) 368-1019; TTY (800) 537-7697.

You have the right to get this information in a different format, such as audio, Braille, or large font due to special needs or in your language at no additional cost.

Usted tiene derecho a recibir esta información en un formato distinto, como audio, braille, o letra grande, debido a necesidades especiales; o en su idioma sin costo adicional.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call Member Services. The number is on the back of your Member ID card. (English)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame a Servicios para Miembros. El número de teléfono está al reverso de su tarjeta de identificación del miembro. (Spanish)

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電會員服務。電話號碼載於您的會員證背面。(Chinese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Hãy gọi Dịch vụ Thành viên. Số điện thoại có trên mặt sau thẻ ID Thành viên của bạn. (Vietnamese)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa Mga Serbisyo sa Miyembro. Makikita ang numero sa likod ng iyong ID card ng Miyembro. (Tagalog)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 회원 서비스로 전화하십시오. 전화번호는 회원 ID 카드 뒷면에 있습니다. (Korean)

تنبيه: إذا كنت تستخدم اللغة العربية، تتاح خدمات المساعدة اللغوية، مجانًا لك. اتصل بقسم خدمات الأعضاء. ورقم الهاتف هذا موجود خلف بطاقة تعريف العضو الخاصة بك. (Arabic)

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele Sèvis Manm. W ap jwenn nimewo a sou do kat idantifikasyon manm ou a. (French Creole)

ВНИМАНИЕ: Если вы говорите на русском языке, вы можете бесплатно воспользоваться услугами переводчика. Позвоните в Отдел обслуживания участников. Номер телефона указан на обратной стороне вашей ID-карты участника. (Russian)

ՈՒՇԱԴՐՈՒԹՅՈՒՆ. Եթե դուք խոսում եք հայերեն, կարող եք անվճար օգտվել լեզվի օժանդակ ծառայություններից: Չանգահարելիք Հանախորդների սպասարկման բաժին: Հեռախոսի համարը նշված է ձեր Անդամակցության նույնականացման քարտի ետևի մասում: (Armenian)

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。  
会員サービスまでお電話ください。電話番号は会員IDカードの裏面に記載されております。  
(Japanese)

توجه! اگر به زبان فارسی صحبت می کنید، خدمات کمک زبانی رایگان در اختیار شما است. با خدمات اعضاء تماس بگیرید. شماره تلفن مربوطه در پشت کارت عضویت شما درج شده است. (Farsi)

ਧਿਆਨ ਦਿਓ: ਜੇਕਰ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਮੁਫਤ ਉਪਲਬਧ ਹਨ। ਮੈਂਬਰ ਸਰਵਿਸਿਜ (Member Services) ਨੂੰ ਫੋਨ ਕਰੋ। ਮੈਂਬਰ ਤੁਹਾਡੇ Member ID (ਮੈਂਬਰ ਆਈ. ਡੀ.) ਕਾਰਡ ਦੇ ਪਿਛਲੇ ਪਾਸੇ ਹੈ। (Punjabi)



ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Wenden Sie sich telefonisch an die Mitgliederbetreuungen. Die Nummer finden Sie auf der Rückseite Ihrer Mitgliedskarte. (German)

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez les Services aux membres. Le numéro figure au dos de votre carte de membre. (French)

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Cov npawb xov tooj nyob tom qab ntawm koj daim npav tswv cuab. (Hmong)

អ្នកមានសិទ្ធិទទួលបានព័ត៌មាននេះក្នុងទម្រង់ផ្សេងៗគ្នាដូចជាអូឌីយ៉ូ វីដេអូ ឬប្រព័ន្ធអក្សរធំដោយសារតែតម្រូវការពិសេសឬភាសារបស់អ្នកដោយមិនគិតថ្លៃឡើយ។ (Cambodian)