

Community Resources - You are not alone!

In addition to the toolkit, there are many resources available throughout your community.

There are many resources available to help you provide the best care for your loved one.

We have put together a list of some helpful resources that are available to help you get everything you need. If you happen to be a Molina Dual Options member, you can use our network providers. If not, you can use the following resources in the community.

Wayne County

Assistance Programs

Detroit Agency on Aging
133 Brewery Park Blvd., Suite 200
Detroit, MI 48207
(313) 446-4444

Serves: Cities of Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods

Cass Community Social Services

Warming Center: open to women and children nightly from November 15 to April 1.

Emergency Shelter: open year round to women and children for up to 90 days.

Rotating Shelters: open for adults between November and April. Local organizations, usually churches, host Cass clients for a week. The church provides dinner, a clean place to sleep, breakfast, and a bagged lunch. Permanent supported housing: individuals can stay in an apartment indefinitely.

To inquire about housing or shelters, please call (313) 883-2277, ext. 205.

If you are experiencing homelessness or know of someone who needs help, Cass has an emergency outreach line to assist. Please call 885-9-HOMELESS (855-9-46635377).

Catholic Charities of Southeast Michigan

Project Hope

Goals

- Provide support and resources from conception through birth and beyond
- Increase the well-being of pregnant women and parents of young children

Eligibility

- Women in need of pregnancy testing
- Women who are pregnant
- Fathers and fathers-to-be
- Children: newborns to 12 month olds

Services

- Confidential pregnancy testing
- A supportive case manager
- Baby items including diapers, wipes, clothes, and formula
- Referrals to community resources
- Effective parenting skills education and support
- Breastfeeding information
- Post-partum depression education
- Adoption information and support

To learn more or to schedule an appointment, contact us at one of our two locations:

CCSEM Royal Oak Office
1424 E. 11 Mile Rd.
Royal Oak, MI 48067
(248) 548-4044, ext. 3811

St. Frances Cabrini Clinic
1234 Porter St.
Detroit, MI 48226
(313) 961-6683, ext. 5

Community Social Services of Wayne County

Senior / Volunteer Services

9851 Hamilton Avenue

Detroit, MI 48202

(313) 883-2100

<http://www.csswayne.org/senior-volunteer-services>

Senior Companion program is a national older adult volunteer program designed for seniors to help other seniors maintain independent living. Seniors serve frail older adults, adults with disabilities, those with terminal illnesses, and offer respite for caregivers.

Seniors assist in basic but essential ways:

- Offering companionship and friendship to isolated and frail adults
- Assisting with simple chores
- Providing transportation
- Adding value to their clients' lives

Crossroads of Michigan (open to all counties)

For an appointment, please call (313) 831-2000.

2 Locations:

Main Office:

2424 W. Grand Blvd.

Detroit, MI 48208

(313) 831-2787

And

Crossroads East at Salem

21230 Moross Rd.

Detroit, MI 48236

(313) 822-4441

Other services available:

Soup Kitchen every Sunday from 12 p.m. to 3 p.m.

Parenting Support program - helps parents acquire knowledge, skills and tools to nurture their children, help parents provide a healthy, wholesome, caring environment for their children and family. This program meets every Tuesday at 11 a.m. and 1 p.m.

Government Programs Which Assist Seniors

The Office of Services to the Aging is the government agency in Michigan that plans, coordinates, and administers senior services and is primarily responsible for advocating on behalf of seniors. It works to enhance the lives of senior citizens by administering and funding numerous state programs. Further information about the office and its functions for the elderly can be obtained directly by contacting the Office of Services to the Aging at (517) 373-8230 or through the agency's website at MISeniors.net.

Internet Essentials

Low cost program assisting families and seniors with internet services.

\$9.95 a month + Tax

- Eligible families may be able to receive a desktop or laptop computer for \$149.99 + Tax.
- Must be 62 years or older. Or you may qualify if your child is eligible for the National School lunch program, also those who receive HUD housing assistance may also qualify.
- Must receive federal or state public assistance specific to the area where they reside.
- Must not have outstanding debt to Comcast that is less than a year old. Individuals with outstanding debt more than one year old may still be eligible.
- Must live in an area where Comcast Internet service is available, but not have subscribed to it within the last 90 days.

For more information, please visit <https://www.internetessentials.com/Seniors> or please call (855) 846-8376.

Journey to Housing

1424 E. 11 Mile Rd.
Royal Oak, MI 48067

Serving families in western Wayne County, Journey to Housing is a partnership between CCSEM and the Society of St. Vincent de Paul in Detroit. The partnership assisted 10 families in finding permanent housing and in learning skills for self-sufficiency (doing things on your own.) Through this partnership, CCSEM provides casework services to clients including:

- Helping you create a budget
- Helping you build a relationship with your landlord
- Helping you get a job
- Helping you get out of debt
- Helping you doing things on your own

To learn more, contact the Family Support Services Program Manager at (248) 548-4044, ext. 3811.

Legal Hotline for Michigan Seniors

The Legal Hotline for Michigan Seniors, staffed by specially-trained attorneys, is available to all Michigan residents 60 years and older regardless of income. Hotline attorneys determine if callers have a legal problem, give legal information at no cost over the phone, and provide brief service such as calling a third party or writing a letter to resolve a legal problem. Problems that cannot be resolved by the hotline are referred to legal aid organizations for low-income clients, legal assistance programs serving seniors, pro

bono panels, or to a specially-created panel of attorneys in private practice who agree to charge reduced fees.

Additional information about consumer protection can be obtained by contacting the:

Michigan Department of the Attorney General's Consumer Protection Division
P.O. Box 30212
Lansing, MI 48909
Toll-free at (877) 765-8388
or visit the Attorney Generals web site (<http://www.ag.state.mi.us>).

Neighborhood Legal Services – Elder Law & Advocacy Center

12121 Hemingway
Redford, MI 48239
9:30 a.m. to 12 p.m.
(313) 937-8291
www.nlsmichigan.org

Eligible for member 60+ in Wayne County Only.

There is a workshop held called First Tuesday from 2 p.m. to 4 p.m. It's an opportunity to review a Life planning presentation which reviews Wills, power of attorney, the lady bird deed (transferring your property), and gives people a chance to speak with attorney. This is a no-cost service. However, if this agency isn't able to assist with a particular case they will provide a referral.

Project Choice (Detroit Area Agency on Aging)

The Project Choice/Care Management Program funded by the Aging & Adult Services Administration (AASA) helps families find, mobilize and coordinate a variety of homecare and other services needed by frail, homebound older adults at risk of entering a nursing home or other institution. The program promotes independent living at home. Certain criteria must be met to be considered for enrollment in Project Choice.

You may be eligible if:

- You are a frail or disabled individual age 60 or older
- You are medically eligible for nursing home placement, but financially ineligible for the Medicaid Waiver Program
- You meet the medical eligibility for nursing facility level of care
- You are currently living in a facility, however you no longer need all of the services provided there, but will need help when you return home

The Project Choice Program may provide some of the following services:

- Chore Services
- Home Delivered Meals
- Adult Day Care
- Home Care Assistance
- Transportation
- Caregiver Respite

For more information, please call (313) 446-4444.

St Vincent de Paul Detroit- Utility Assistance (Wayne, Oakland and Macomb County)

3000 Gratiot Ave.
Detroit, MI 48207
(313) 393-2930

- Any person age 18 or older who resides in the household can apply for assistance
- Applicant must provide proof of identity, residence and a copy of his/her Social Security card
- Residence must be applicant's primary residence, not a commercial account
- The Social Security number for every member in the household must be provided
- Applicant must be a US citizen or qualified alien. Immigration status of household members who are not US citizens must be verified and documented
- Total income in the household must be at or below **150%** of the federal poverty guidelines (see table below) Proof of income from the past 30 days must be provided for all members of the household who have income
- Maximum payment is \$3,000 for a combined natural gas and electric account or \$1,500 for a single utility (heat or electric)
- A shut-off notice is not required however the bill must be past due. For propane and fuel oil customers the fuel tank must contain no more than 25% of its heating fuel capacity.
- If enrolled in DTE's LSP, Consumers Energy's CARE or SEMCO's MAP: not eligible for assistance with the utility in which you are enrolled

Fiscal Year 2018 Federal Poverty Guidelines

150 Percent of Poverty – Monthly Income

| | | | |
|--------------------|------------|--------------------|------------|
| 1-Person Household | \$1,507.50 | 5-Person Household | \$3,597.50 |
| 2-Person Household | \$2,030.00 | 6-Person Household | \$4,120.00 |
| 3-Person Household | \$2,552.50 | 7-Person Household | \$4,642.50 |
| 4-Person Household | \$3,075.00 | 8-Person Household | \$5,165.00 |

St. Vincent de Paul's Journey to Housing

St. Vincent de Paul's Journey to Housing program seeks to solve the problem of homelessness in northwestern Wayne County communities. Will you help us? We provide long-term assistance to empower people living in poverty to take responsibility for their own future. We give them the support they need – and reason for hope!

The families, while taking steps towards economic self-sufficiency, are provided with move-in costs, furniture, household goods, and a monthly rent subsidy by Journey to Housing until the family can pay for the rent themselves. Meanwhile, St. Vincent de Paul helps the family with budgeting, household management, parenting skills and more.

For more information, please call (313) 393-2930.

Step Forward Mortgage Assistance and Hardest Hit Blight Program

The Step Forward Michigan Program, also known as Michigan's Hardest Hit Fund® loan program, is a federally funded loan program designed to help eligible homeowners who are struggling with their mortgage, condo association fees, and/or property taxes retain ownership of their primary residence.

Please call (866) 946-7432 or visit <https://www.stepforwardmichigan.org> for more information.

Thaw Assistance Programs: Utility Assistance

535 Griswold, Suite 200
Detroit, MI 48226
www.thawfund.org
(800) 866-THAW

Members are able to print an application online or apply at <https://thawfund.org/programs/>.

- A. SEMCO Monthly Assistance Plan (MAP) - Program is designed to help SEMCO customers with account balance charges related to natural gas service, propane, and/or service line installation fees. To qualify, your household income must be equal to or less than 300 percent of the Federal Poverty Level (FPL)
 - The SEMCO MAP offers a reduced monthly payment based on your income and usage.
 - The program will pay the difference between the plan amount and monthly bill.
 - Past due balance forgiveness. No late fees and service is protected from disconnection during enrollment.
- B. DTE Low Income Self Sufficiency Program (LSP)
 - The DTE LSP offers a reduced monthly payment based on your income.
 - The program will pay the difference between the plan amount and monthly bill.

- Past due balance forgiveness.
 - No late fees and service is protected from disconnection during enrollment.
- C. Impacting Health through Energy Assistance to low income families program
- Energy Assistance for individuals with health conditions impacted by the weather or require medical equipment in the home.

United Way: 211

Our 2-1-1 service provides referrals to programs in Wayne, Oakland, Macomb, Washtenaw, Monroe and Lapeer counties. If you need help finding resources in your area, please dial 2-1-1 or live chat to speak to a representative now. Or, search the online database to access more than 30,000 different statewide programs and services at <http://www.referweb.net/uwse/>. If you experience problems dialing 2-1-1, please call (800) 552-1183.

Wayne Metro Community services (Wayne county residents)

Weatherization Services:

- Wall insulation
- Attic insulation and ventilation
- Floor/ Foundation insulation
- Air leakage reduction
- Furnace repair or replacement
- Other energy saving measure

Please call (734) 284-6999 for more information.

Zaman International Hope for Humanity (Wayne County Women's Program)

26091 Trowbridge
Inkster, MI 48141
(313) 551-3994
<http://www.zamaninternational.org/>

Program provides basic needs such as food, furniture, clothing and shelter assistance to marginalized women and children. There is also Plots for Tots - Infant Burial Program, which was developed to assist indigent families, regardless of ethnicity or religious affiliation, that cannot afford proper burials for their fetus, infant or toddler by providing resources to properly put their children to rest.

Other assistance available based on eligibility sewing courses, literacy courses and vehicle assistance.

Food Pantries and Soup Kitchens

Michigan Food Pantries

For a full list of Michigan food pantries, please visit PantryNet.org and search by your zip code. For assistance, please call Molina Dual Options at (855) 735-5604, Monday – Friday, 8 a.m. to 8 p.m., EST.

Catholic Charities of Southeast Michigan

All Saints Food Pantry

7824 W. Fort St.
Detroit, MI 48209

The All Saints Food Pantry is open two days each week providing perishable and non-perishable food items including boxed, canned, packaged, refrigerated, and frozen items.

Food Pantry Hours:

Tuesday from 10 a.m. to 12 p.m.

Wednesday from 1:30 p.m. to 3 p.m.

Pantry Policies:

- No one is turned away.
- Guests from outside southwest Detroit (zip codes 48209, 48210, 48216, 48217, 48218, and 48229) are served on a one time emergency basis and referred to a food pantry in their area.
- Guests from southwest Detroit may visit the food pantry one each month.
- A valid ID (MI State ID, driver's license, health insurance card, etc.) and proof of address are required for each family member for whom food is requested.

Capuchin Soup Kitchen

Offers meal program, such as food pantry and soup kitchen. In order to use the benefit, they have to see their social workers first and get assistance the same day.

6333 Medbury Street
Detroit, MI 48211
Located near I-94 and Mt. Elliot
<http://www.cskdetroit.org>

Soup Kitchen Hours:

Monday - Friday, 8:30 a.m. to 4 p.m.

Saturday - 8 a.m. to 1 p.m.

Food Pantry

There are two locations:

1264 Meldrum
Detroit, MI 48207
(313) 579-2100, ext. 218

Monday - Friday
8:30 a.m. to 9:30 a.m. (Breakfast)
11 a.m. to 1 p.m. (Lunch)

4390 Conner
Detroit, MI 48215
(313) 822-8606, ext. 217

Monday - Saturday
8:30 a.m. to 9:30 a.m. (Breakfast)
11 a.m. to 1 p.m. (Lunch)
4 p.m. to 6 p.m. (Dinner) - Except Saturday

Exodus Food Pantry (EFP)

8173 Kenney Street
Detroit, MI 48234
(313) 368-5033

Food Pantry Hours:
Every Saturday of the Month - 2 p.m. to 5 p.m.

Serving Wayne County, the EFP is a client-choice food pantry where families can come twice a month to select available items. Food is distributed at no cost.

Clients must provide the following:

- Identification (MI state ID or driver's license)
- Proof of income
- Proof of residents (utility bill or lease)
- Number of adults and children in household

Fish and Loaves Pantry

25670 Northline Rd.
Taylor, MI 48180
(734) 442-0031
http://www.downriverfishandloaves.org/client_services.asp

Client choice food pantry for residents of:

Allen Park, Brownstown Township, Dearborn Heights, Romulus, Southgate, Taylor, Woodhaven

Enrollment requires a picture ID with local address, proof of residency, number of household members, and annual income. Contact us for a confidential interview.

Families and individuals may make use of the pantry up to 6 times per year. Appointments are generally scheduled on an every other month basis.

Immediately after enrollment, you will be able to shop in the pantry store.

Yad Ezra: Kosher Food and Household Pantry

2850 W. 11 Mile Rd.

Berkley, MI 48072

(Located between Coolidge and Greenfield on the north side of the street. Enter the client parking lot off Robina (just west of the building). When you first visit, please let a staff member know that you are a new client.)

To enroll, please call (248) 548-3663 or visit <http://www.yadezra.org>

Hours For NEW Client Registration:

Monday & Wednesday - 10 a.m. to 11 a.m.

Tuesday & Thursday - 6 p.m. to 7 p.m.

What to Bring:

1. To receive services from Yad Ezra, clients must bring proof of income for each member of the household, including:
 - Pay Stub
 - Copy of Paycheck
 - Social Security Income Letter
 - Bank statement showing income deposit
 - Bridge card letter
 - Income letter from Unemployment
 - Recent tax return paperwork

If none of the above apply, please call the office for further assistance.

2. Photo ID for yourself and every adult in the household:
 - Driver's license, or
 - State ID, or
 - Passport
3. Social Security Cards for every household member, including children.

4. Dates of birth for everyone in the household:

| Number in Family | Monthly Income | **Annual Income |
|------------------|----------------|-----------------|
| 1 | \$1,980 | \$23,760 |
| 2 | \$2,670 | \$32,040 |
| 3 | \$3,360 | \$40,320 |
| 4 | \$4,050 | \$48,600 |
| 5 | \$4,740 | \$56,880 |