




The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit [MolinaMarketplace.com](http://MolinaMarketplace.com). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall deductible?</b>	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
<b>Are there services covered before you meet your deductible?</b>	Yes. All covered services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other deductibles for specific services?</b>	No.	You don't have to meet <u>deductibles</u> for specific services.
<b>What is the <u>out-of-pocket limit</u> for this <u>plan</u>?</b>	\$8,700 individual / \$17,400 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
<b>What is not included in the <u>out-of-pocket limit</u>?</b>	<u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
<b>Will you pay less if you use a <u>network provider</u>?</b>	Yes. See <a href="http://MolinaMarketplace.com">MolinaMarketplace.com</a> or call 1-888-858-2150 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge</u> and what your <u>plan</u> pays (balance <u>billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
<b>Do you need a <u>referral</u> to see a <u>specialist</u>?</b>	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	\$35 <u>copay</u> /office visit; <u>deductible</u> does not apply.	Not covered	Includes non-preventive OB/GYN and pediatrician visits.
	<u>Specialist visit</u>	\$65 <u>copay</u> /visit; <u>deductible</u> does not apply.	Not covered	<u>Preauthorization</u> may be required, or services not covered.
	<u>Preventive care/screening/immunization</u>	No charge; <u>deductible</u> does not apply.	Not covered	Includes most prenatal services. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.
<b>If you have a test</b>	<u>Diagnostic test</u> (x-ray, blood work)	\$75 <u>copay</u> /test, x-ray; <u>deductible</u> does not apply. \$40 <u>copay</u> /test, lab; <u>deductible</u> does not apply.	Not covered	X-ray <u>cost sharing</u> also applies to ultrasound services.
	Imaging (CT/PET scans, MRIs)	25% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	<u>Preauthorization</u> may be required, or services not covered.
<b>If you need drugs to treat your illness or condition</b> More information about <u>prescription drug coverage</u> is available at <a href="http://MolinaMarketplace.com/CAformulary2024">MolinaMarketplace.com/CAformulary2024</a>	Tier 1	\$15 <u>copay</u> /prescription (retail); <u>deductible</u> does not apply. \$37.50 <u>copay</u> /prescription (mail order); <u>deductible</u> does not apply.	Not covered	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Maximum <u>cost sharing</u> of \$250 for a 30-day supply of oral chemotherapy drugs.
	Tier 2	\$60 <u>copay</u> /prescription (retail); <u>deductible</u> does not apply. \$150 <u>copay</u> /prescription (mail order); <u>deductible</u> does not apply.	Not covered	Maximum <u>cost sharing</u> of \$250 for a 30-day supply of Tier 4 drugs. <u>Preauthorization</u> may be required, or services not covered.
	Tier 3	\$85 <u>copay</u> /prescription (retail); <u>deductible</u> does not apply. \$212.50 <u>copay</u> /prescription (mail order); <u>deductible</u> does not apply.	Not covered	<u>Cost sharing</u> for any prescription drugs obtained through the use of a discount card or coupon provided by a prescription drug manufacturer will not apply toward any <u>deductible</u> or the <u>out-of-pocket limit</u> .
	Tier 4	20% <u>coinsurance</u> (retail); <u>deductible</u> does not apply. Not covered (mail order).	Not covered	Cost Sharing for covered prescription drugs is limited to be no more than the pharmacy's retail price.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	<u>Preauthorization</u> may be required, or services not covered.
	Physician/surgeon fees	30% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	
If you need immediate medical attention	<u>Emergency room care</u>	\$350 <u>copay</u> /visit; <u>deductible</u> does not apply.	\$350 <u>copay</u> /visit; <u>deductible</u> does not apply.	This cost does not apply, if admitted directly to the hospital for inpatient services. (Refer to “If you have a hospital stay,” for applicable costs.) Non-Participating Provider is covered only until stabilization and arrangement of transfer to a Participating Provider.
	<u>Emergency medical transportation</u>	\$250 <u>copay</u> /visit; <u>deductible</u> does not apply.	\$250 <u>copay</u> /visit; <u>deductible</u> does not apply.	None.
	<u>Urgent care</u>	\$35 <u>copay</u> /visit; <u>deductible</u> does not apply.	Not covered	None.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	<u>Preauthorization</u> is required, or services not covered.
	Physician/surgeon fees	30% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$35 <u>copay</u> /office visit; <u>deductible</u> does not apply.	Not covered	<u>Preauthorization</u> may be required, or services not covered. Includes individual, group evaluation, counseling, intensive outpatient, day treatment programs.
	Inpatient services	30% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	<u>Preauthorization</u> is required, or services not covered. <u>Deductible</u> applies only to facility fees.
If you are pregnant	Office visits	\$35 <u>copay</u> /visit, primary care visit; <u>deductible</u> does not apply. \$65 <u>copay</u> /visit, <u>specialist</u> visit; <u>deductible</u> does not apply. No charge/visit, <u>preventive care</u> visit, including routine prenatal obstetrical visits; <u>deductible</u> does not apply.	Not covered	<u>Cost sharing</u> does not apply to certain <u>preventive services</u> . Depending on the type of services, <u>copay</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	30% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	
	Childbirth/delivery facility services	30% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	20% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	Limited to: <ul style="list-style-type: none"> <li>• 100 visits/year.</li> <li>• 2 hours/visit for a nurse, medical social worker, or physical, occupational, or speech therapist.</li> <li>• 4 hours/visit for a home health aide.</li> </ul> <u>Preauthorization</u> is required, or services not covered.
	<u>Rehabilitation services</u>	\$35 <u>copay</u> /office visit; <u>deductible</u> does not apply.	Not covered	<u>Preauthorization</u> is required, or services not covered.
	<u>Habilitation services</u>	\$35 <u>copay</u> /office visit; <u>deductible</u> does not apply.	Not covered	
	<u>Skilled nursing care</u>	30% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	100 days/year limit. <u>Preauthorization</u> is required, or services not covered.
	<u>Durable medical equipment</u>	20% <u>coinsurance</u> ; <u>deductible</u> does not apply.	Not covered	<u>Preauthorization</u> is required, or services not covered.
	<u>Hospice services</u>	No charge; <u>deductible</u> does not apply.	Not covered	Prior notification is required.
<b>If your child needs dental or eye care</b>	Children's eye exam	No charge; <u>deductible</u> does not apply.	Not covered	1 exam/year limit.
	Children's glasses	No charge; <u>deductible</u> does not apply.	Not covered	Limited to 1 pair of prescription glasses (frames and lenses), or contact lenses in lieu of glasses, every year. Greater quantities are available for certain kinds of contact lenses.
	Children's dental check-up	No charge; <u>deductible</u> does not apply.	Not covered	<u>Plan</u> pays 100% for preventive exams twice per year. See your policy or <u>plan</u> document for additional information about services.

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- |                       |  |                            |
|-----------------------|--|----------------------------|
| • Chiropractic care   | • Infertility treatment                              | • Private duty nursing     |
| • Cosmetic surgery    | • Long-term care                                     | • Routine eye care (Adult) |
| • Dental care (Adult) | • Non-emergency care when traveling outside the U.S. | • Routine foot care        |
| • Hearing aids        |  | • Weight loss programs     |

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- |            |  |                     |
|------------|--|---------------------|
| • Abortion | • Acupuncture (if prescribed for nausea or chronic pain) | • Bariatric surgery |
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**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Managed Health Care at 1 (888) HMO-2219 (1-888-466-2219) or [dmhc.ca.gov](http://dmhc.ca.gov), and Covered California at 1 (800) 300-1506 or [coveredca.com](http://coveredca.com). Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Department of Managed Health Care at 1 (888) HMO-2219 (1-888-466-2219) or [dmhc.ca.gov](http://dmhc.ca.gov).

**Does this plan provide Minimum Essential Coverage? Yes.**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

**Does this plan meet the Minimum Value Standards? Not Applicable.**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$0
- Specialist copayment \$65
- Hospital (facility) coinsurance 30%
- Other coinsurance 30%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
Childbirth/Delivery Professional Services  
Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$700
<u>Coinsurance</u>	\$3,300
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Peg would pay is</b>	<b>\$4,000</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$0
- Specialist copayment \$65
- Hospital (facility) coinsurance 30%
- Other coinsurance 30%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$1,500
<u>Coinsurance</u>	\$200
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$1,700</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible \$0
- Specialist copayment \$65
- Hospital (facility) coinsurance 30%
- Other coinsurance 30%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$1,200
<u>Coinsurance</u>	\$70
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,270</b>

The plan would be responsible for the other costs of these EXAMPLE covered services.





**Your Extended Family**

Molina Healthcare (Molina) complies with all Federal civil rights laws that relate to healthcare services. Molina offers healthcare services to all members and does not discriminate based on race, color, national origin, ancestry, age, disability, or sex.

Molina also complies with applicable state laws and does not discriminate on the basis of creed, gender, gender expression or identity, sexual orientation, marital status, religion, honorably discharged veteran or military status, or the use of a trained dog guide or service animal by a person with a disability.

To help you talk with us, Molina provides services free of charge, in a timely manner:

- Aids and services to people with disabilities
  - Skilled sign language interpreters
  - Written material in other formats (large print, audio, accessible electronic formats, Braille)
- Language services to people who speak another language or have limited English skills
  - Skilled interpreters
  - Written material translated in your language

If you need these services, contact Molina Member Services. The Molina Member Services number is on the back of your Member Identification card. (TTY: 711).

If you think that Molina failed to provide these services or discriminated based on your race, color, national origin, age, disability, or sex, you can file a complaint. You can file a complaint in person, by mail, fax, or email. If you need help writing your complaint, we will help you. Call our Civil Rights Coordinator at (866) 606-3889, or TTY: 711.

Mail your complaint to: Civil Rights Coordinator, 200 Oceangate, Long Beach, CA 90802. You can also email your complaint to [civil.rights@molinahealthcare.com](mailto:civil.rights@molinahealthcare.com).

You can also file your complaint with Molina Healthcare AlertLine, twenty four hours a day, seven days a week at: <https://molinahealthcare.alertline.com>.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights. Complaint forms are available at <https://www.hhs.gov/ocr/complaints/index.html> You can mail it to:

U.S. Department of Health and Human Services, 200 Independence Avenue, SW  
Room 509F, HHH Building Washington, D.C. 20201

You can also send it to a website through the Office for Civil Rights Complaint Portal at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>.  
If you need help, call (800) 368-1019; TTY (800) 537-7697.

**Grievances** – The grievance procedure is available in the section of the Agreement titled “Complaints and Appeals.” Please refer to that section for how to file a grievance, including the name of the plan representative and the telephone number, address, and email address of the plan representative who may be contacted about the grievance, and how to submit the grievance to the DMHC for review after completing the grievance process or participating in the process for at least 30 days.

ATTENTION: Aids and services for people with disabilities, like documents in braille and large print, are also available. If you need help in your language call Member Services located on back of your ID card. (TTY: 711). These services are free of charge.

ATENCIÓN: Si necesita ayuda en su idioma llame a Servicios para Miembros. El número está en el reverso de su tarjeta de identificación de miembro. (TTY: 711). También hay disponibles ayudas y servicios para personas con discapacidades, como documentos en braille y letra grande. Estos servicios son gratuitos. (Spanish)

تنبيه: إذا كنت بحاجة إلى مساعدة في لغتك، فاتصل بخدمات الأعضاء. الرقم موحّد على ظهر بطاقة هوية العضو الخاصة بك. (الهاتف النصي: 711). تتوفر أيضا مساعدات وخدمات للأشخاص ذوي الإعاقة، مثل المستندات بطريقة برايل والطباعة الكبيرة. هذه الخدمات مجانية. (Arabic)

Ուշադրություն: Եթե ձեր լեզվով օգնություն կարիք ունեք, գրանցվեք Member Services: Համարը գտնվում է Ձեր Member ID քարտի ետևի մասում: (TTY: 711):  
Առկա են նաև հաշմանդամություն ունեցող անձանց համար նախատեսված օժանդակ միջոցներ եւ ծառայություններ, ինչպես քրեյվի եւ մեծ տպաբանակի փաստաթղթեր: Այս ծառայությունները անվճար են: (Armenian)

ការយកចិត្តទុកដាក់: ជំនួយនិងសេវាម្តេចម្នាក់ៗសម្រាប់ជនពិការភ្នែកជាដើមសម្រាប់ជនពិការភ្នែកនិងជនពិការដទៃទៀត។  
ប្រសិនបើអ្នកត្រូវការជំនួយក្នុងការសរសេរឯកសារឬសម្រាប់ជនពិការភ្នែកសម្រាប់ជនពិការភ្នែកនិងជនពិការដទៃទៀត។ (TTY: 711)។ សេវាម្តេចម្នាក់ៗនេះគឺឥតគិតថ្លៃ។ (Cambodian)

注意: 如果您需要语言方面的帮助, 请致电会员服务部。该号码位于您的会员 ID 卡背面。(TTY: 711)。  
还为残疾人提供辅助工具和服务, 如盲文和大字体文件。这些服务是免费的。(Chinese Simplified)

توجه: کمک ها و خدمات برای افراد معلول، مانند اسناد بریل و چاپ بزرگ نیز در دسترس هستند. در صورت نیاز به کمک در زبان خود با خدمات عضو واقع در پشت کارت شناسایی خود تماس بگیرید.  
(این خدمات رایگان هستند). (TTY: 711). (Farsi)

ध्यान दें: यदि आपको अपनी भाषा में सहायता की आवश्यकता है, तो सदस्य सेवाओं को कॉल करें। नंबर आपके सदस्य आईडी कार्ड के पीछे है। (TTY: 711)  
। विकलांग लोगों के लिए सहायता और सेवाएं, जैसे ब्रेल और बड़े प्रिंट में दस्तावेज, भी उपलब्ध हैं। ये सेवाएं नि: शुल्क हैं। (Hindi)

XIM: Yog koj xav tau kev pab los ntawm koj cov kev pab. Tus naj npawb nyob sab nraum qab ntawm koj tus ID card. (TTY: 711).  
Aids thiab kev pab rau cov neeg uas muaj mob xiam oob qhab, xws li cov ntaub ntawv nyob rau hauv braille thiab loj print, kuj muaj. Cov kev pab no yog pab dawb xwb. (Hmong)

ACHTUNG: Wenn Sie Hilfe in Ihrer Sprache benötigen, rufen Sie den Mitgliederservice an. Die Nummer finden Sie auf der Rückseite Ihres Mitgliedsausweises. (TTY: 711).  
Hilfsmittel und Dienstleistungen für Menschen mit Behinderungen, wie Dokumente in Blindenschrift und Großdruck, sind ebenfalls verfügbar. Diese Dienstleistungen sind kostenlos. (German)

注意:あなたの言語で助けが必要な場合は、メンバーサービスに電話してください。番号は会員証の裏面に記載されています。(TTY: 711)。  
点字や大活字の書類など、障害者のための援助やサービスも利用できます。これらのサービスは無料です。(Japanese)

주의: 귀하의 언어로 도움이 필요하면 회원 서비스에 전화하십시오. 이 번호는 가입자 ID 카드 뒷면에 있습니다. (TTY: 711)  
입니다. 점자 및 큰 활자로 된 문서와 같은 장애인을 위한 보조 및 서비스도 제공됩니다. 이러한 서비스는 무료입니다. (Korean)

Languages: English, Spanish, Arabic, Armenian, Cambodian, Chinese, Farsi, Hindi, Hmong, German, Japanese, Korean, Loatian, Mien, Punjabi, Russian, Tagalog, Thai, Ukrainian, Vietnamese



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ຂໍ້ຄວບຄວາມ: Aids ພະການບໍລິການສໍາລັບຄົນພິການ, ເຊັ່ນດຽວກັບເອກະສານໃນ braille ພະການພິມຂະໜາດໃຫຍ່, ຍັງມີ.  
ທ່ານ ຕ້ອງ ການ ຄວາມ ຄ່ວຍ ເຫຼືອ ໃນ ພາ ສາ ຂອງ ທ່ານ call Member Services ທີ່ ຕັ້ງ ຢູ່ ທາງ ຫລັງ ຂອງ ບັດ ID ຂອງ ທ່ານ .  
(TTY: 711). ການບໍລິການເຫຼົ່ານີ້ແມ່ນບໍ່ເສຍຄ່າ. (Loatian)

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attention: aids caux services bun mienh caux disabilities oix documents yie braille caux large print naaic yaac available da'faanh meih oix zuqc tengx yie meih nyei  
language heuc member services located zieqc back of meih nyei yie cie (tty: 711) these services naaic free of charge. (Mien)

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ਪਿਆਰ ਦਿਓ: ਜੇ ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮਦਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਸੰਬਰ ਸੇਵਾਵਾਂ ਨੂੰ ਕਾਲ ਕਰੋ। ਨੰਬਰ ਤੁਹਾਡੇ ਸੰਬਰ ID ਕਾਰਡ ਦੇ ਪਿੱਛੇ ਹੈ। (TTY: 711).  
ਅਪਾਰਜ ਲੋਕਾਂ ਲਈ ਸਹਾਇਤਾ ਅਤੇ ਸੇਵਾਵਾਂ, ਜਿਵੇਂ ਕਿ ਬੁੱਲ ਅਤੇ ਵੱਡੇ ਫਿੰਟ ਵਿੱਚ ਦਸਤਾਵੇਜ਼, ਵੀ ਉਪਲਬਧ ਹਨ। ਇਹ ਸੇਵਾਵਾਂ ਮੁਫਤ ਹਨ। (Punjabi)

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ВНИМАНИЕ: Если вам нужна помощь на вашем языке, позвоните в службу поддержки. Номер указан на обратной стороне вашей идентификационной карты. (Телетайп: 711).  
Также доступны вспомогательные средства и услуги для людей с ограниченными возможностями, такие как документы, напечатанные шрифтом Брайля и крупным шрифтом. Эти услуги бесплатны. (Russian)

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ATTENTION: Mayroon ding mga tulong at serbisyo para sa mga taong may kapansanan, tulad ng mga dokumento sa braille at malaking print.  
Kung kailangan mo ng tulong sa iyong wika tumawag sa Member Services na matatagpuan sa likod ng iyong ID card. (TTY: 711).  
Ang mga serbisyonang ito ay libre. (Tagalog)

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ความสนใจ: หากคุณต้องการความช่วยเหลือในภาษาของคุณโปรดติดต่อฝ่ายบริการสมาชิก หมายเลขจะอยู่ด้านหลังบัตรประจำตัวสมาชิกของคุณ (TTY: 711)  
นอกจากนี้ยังมีบริการช่วยเหลือสำหรับคนพิการ เช่น เอกสารอักษรเบรลล์และสิ่งพิมพ์ขนาดใหญ่ บริการเหล่านี้ไม่มีค่าใช้จ่าย (Thai)

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УВАГА: Якщо вам потрібна допомога вашою мовою, зателефонуйте до служби підтримки. Номер вказано на зворотному боці посвідчення учасника. (ЛТАЙП: 711).  
Також доступні допоміжні засоби та послуги для людей з обмеженими можливостями, такі як документи шрифтом Брайля та великим шрифтом. Ці послуги безкоштовні. (Ukrainian)

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CHÚ Ý: Nếu bạn cần trợ giúp bằng ngôn ngữ của mình, hãy gọi cho Dịch vụ Hội viên. Số này nằm ở mặt sau thẻ ID Hội viên của bạn. (TTY: 711).  
Hỗ trợ và dịch vụ cho người khuyết tật, như tài liệu bằng chữ nổi và chữ in lớn, cũng có sẵn. Các dịch vụ này là miễn phí. (Vietnamese)

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